



FUTURISTIC ADVANCEMENTS

For a younger, healthier you

antiage guide for Men & Women

 **ANTIage**[™]
INSTITUTE OF ANTI-AGING
MEDICINE AND SKIN SPA

Our complete wellness
and longevity program
combined with leading
edge treatments
meet the varying
needs and lifestyles
of our patients.

Hormone Therapy

Facial Treatments

Body Treatments

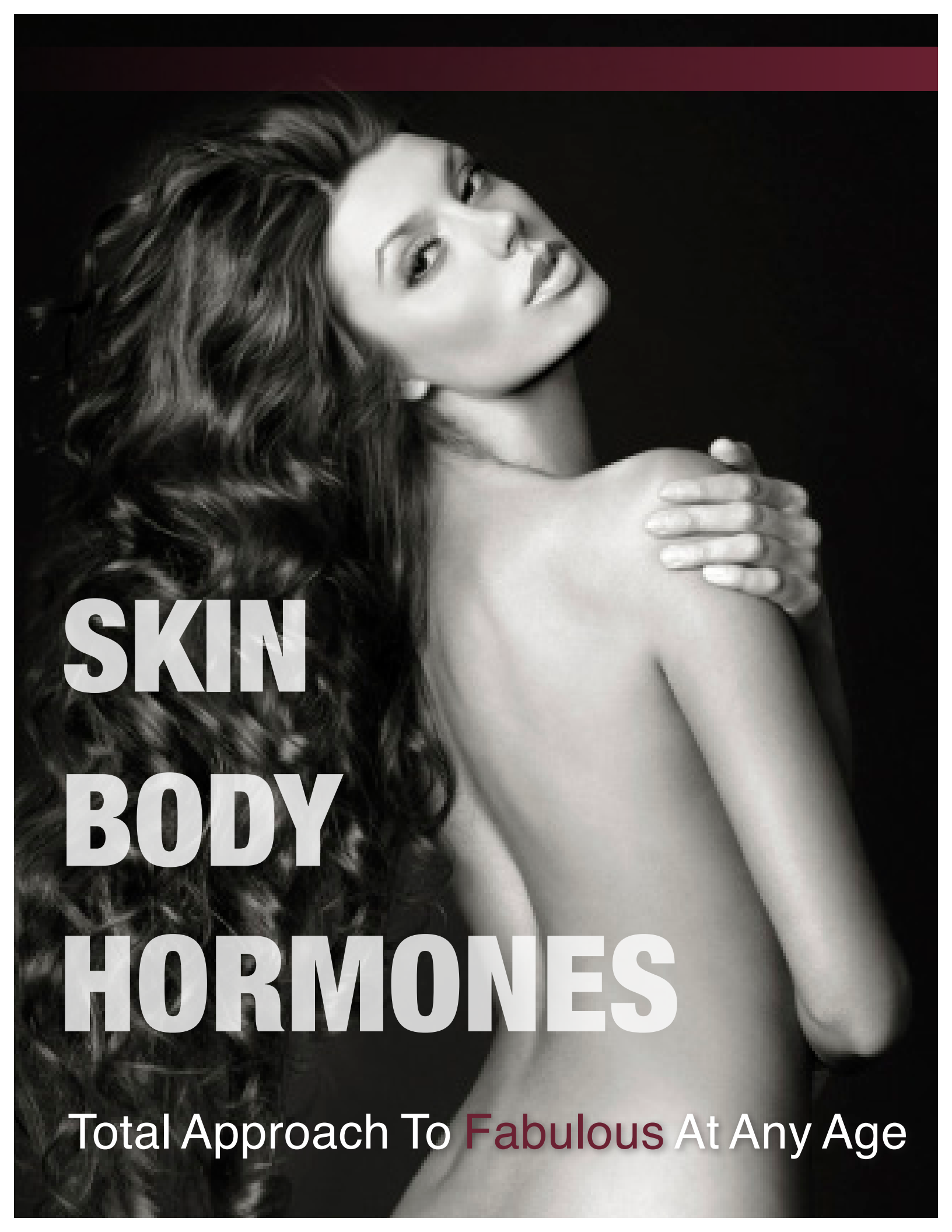
Non-Surgical Solutions

Skin Care Products

713.807.1000 • ANTIAGEINSTITUTE.COM



Comprehensive Aesthetic Medicine For
SKIN • BODY • HORMONES



SKIN
BODY
HORMONES

Total Approach To **Fabulous** At Any Age

Pricing List

FACE

Facial Fillers + Neurotoxins

Restylane	(last 6- 9 months)	per syringe.....	550
Perlane	(last 9-12 months)	per syringe.....	650
Juvederm	(last 9-12 months)	per syringe.....	550
Juvederm Ultraplus	(last 12 months)	per syringe.....	650
Juvederm Voluma	(last up to 2 years)	per syringe.....	900
Artefill	(last up to 5 years)	per syringe.....	999
Botox	(last 3- 4 months)	per area.....	250-500

Chemical Peels

Jessner's Peel.....	light exfoliation.....	99
SkinMedica Illuminze Peel.....	light exfoliation.....	125
SkinMedica Vitalize Peel.....	moderate exfoliation.....	175
SkinMedica Rejuvenize Peel.....	heavy exfoliation.....	250

BODY

Body Contouring Treatments

Zeltiq CoolSculpting		
Large area.....	starts at.....	1600
Small area.....	starts at.....	650
Bilateral Area.....	(love handles, arms, legs).....	1500
Lipodissolve.....	per syringe.....	50
Endermologie.....		95
Body FX.....	Starts at.....	250

Laser + Exfoliating Treatments

Active FX /Deep FX	2800
+ additional areas.....	1000
Photo-facial (full face).....	480
Gemini Laser (full face).....	550
Inmode Skin Tightening Laser (full face).....	460
Microdermabrasion.....	95
Double Exfoliator, microdermabrasion + chemical peel.....	199
Hydracial.....	150

Skin tag and Mole removal

Active FX	for large moles	starts at.....	250
Hyfercator	tags & moles	15 min.....	150
	freckles	15 min.....	150

Laser Hair Removal (package prices available)

Full Face	250-500
Upper Lip.....	108
Chin.....	108
Sideburns.....	108
Head.....	288
Neck (Male)	150
Neck (Female).....	135
Arms.....	250
Under Arms.....	150
Fingers or Toes.....	65
Back or Chest.....	250
Lower Legs.....	250
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Come in for a Complimentary Consultation + Computer Skin Analysis



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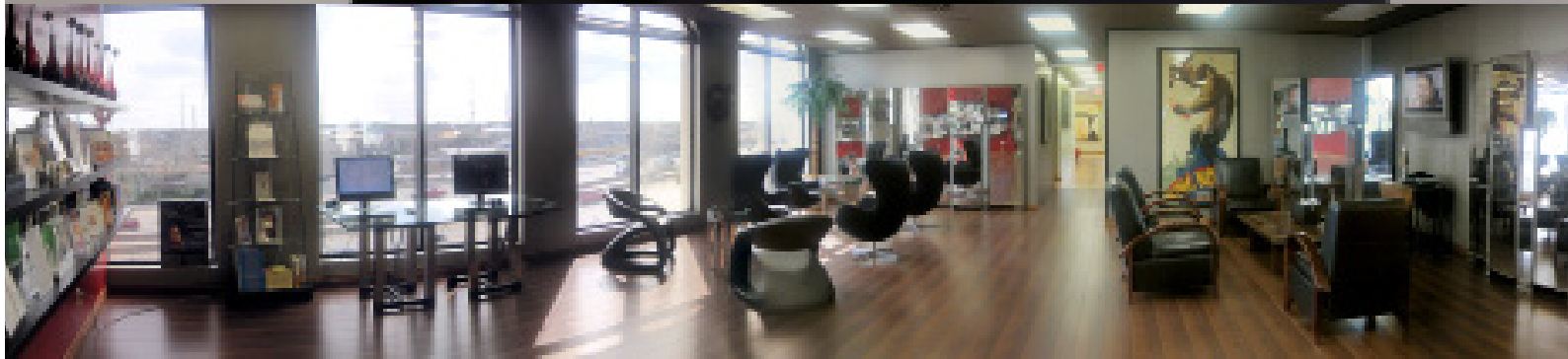
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feel as good as you look + look as good as you feel

Institute of Anti-Aging Medicine and Skin Spa

3120 Southwest Frwy, Ste. 400 • Houston, TX 77098 • 713.807.1000 • www.antiageinstitute.com

Our mission

...at The Institute of Anti-Aging Medicine and Skin Spa is to provide a total approach to health, wellness and revitalization that addresses how our patients feel on the inside as well as how they look on the outside. Our state-of-the-art medical and skincare facility is dedicated to helping each patient achieve a fulfilling, vibrant lifestyle.

Our scientifically designed complete wellness and longevity program combined with leading edge treatments meet the varying needs and lifestyles of our patients. Our entire staff is committed to maximizing the potential of our patients to pursue and enjoy a longer, healthier life while looking their best.

RICHARD LECONEY, MD

Dr. Richard LeConey is the owner/operator of the Institute of Antiaging Medicine and Skin Spa. Dr. LeConey earned his degree Cum Laude from the University of Texas in Austin and his medical degree from University of Texas Medical Branch (UTMB) in Galveston, Texas, in 1977. After medical school he continued at UTMB as a resident in the Department of General Surgery. Dr. LeConey is Board Certified in Emergency Medicine, is a member of American Academy of Antiaging Medicine (A4M) and in 1977 founded and directed Southwest Emergency Associates, a company which employed more than 40 Emergency Physicians and staffed 10 hospitals.

Through his work in the emergency room and seeing the end result of so many age related health conditions that could have been prevented, Dr. LeConey became interested in Antiaging Medicine. He then extended his studies to include Antiaging Medicine through two years of continuing medical education. He opened his first clinic devoted to this field in 1998.

Dr. LeConey is a member of the following: American Medical Association, Texas Medical Association, Harris County Medical Society, Endocrine Society, American Academy of Clinical Endocrinology, American Academy of Emergency Medicine, American Board of Antiaging Medicine.

DANA LECONEY, DIRECTOR

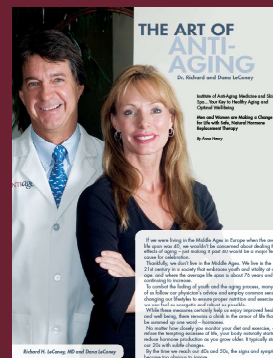
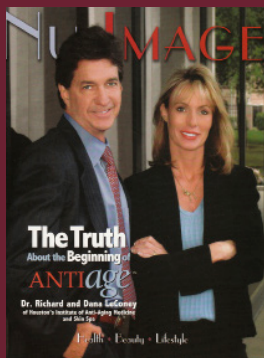
Dana LeConey is the Director of the Institute of Antiaging Medicine and Skin Spa. She received her degree in Health Sciences. Her initial career was as a Respiratory Therapist and Cardio-Pulmonary Technician. After developing an interest in flying, she returned to school in 1987 and received a degree in Aeronautical Technology.

For the next 15 years this busy mother of two pursued a career as a corporate pilot, becoming proficient in piloting many corporate jets including Lear Jets and Citations. Dana continues to fly planes on a contract basis and for personal transportation.

In 1997, Dana began what she thought would be a temporary position as a manager for her husband's five primary care health centers. Inspired by the changes in the health care industry, Dana and Richard founded the Institute of Antiaging Medicine and Skin Spa. Today Dana is the Director of their thriving healthy aging practice. She focuses her energy on helping people regain and/or maintain their youthful vitality and appearance.

The LeConys are assisted at their state of the art medical and skin care facility by a specially trained staff dedicated to providing proven age-reversing treatments.

PRESS



Dr. Richard & Dana LeConey are featured regularly on Great Day Houston, Mirror Mirror, ABC, CBS & FOX News.

Log onto www.antiageinstitute.com to view segments



facebook:
Institute of Anti-Aging Medicine and Skin Spa



SKIN

BODY

HORMONES

Take the Anti-Aging Test

Skin

- Facial & Forehead Wrinkles
 - Crow's Feet
 - Brown Spots/Freckles/Moles/Skin Tags
 - Enlarged Pores
 - Redness & Flushing
 - Thin or Small Lips
 - Smokers Lines
 - Dark Circles Under Eyes
 - Acne
 - Excess Hair
 - Spider Veins/Rosacea
 - Cellulite or Unwanted Fat
 - Uneven Skin Tone
 - Thinning/Crepey Skin
 - Melasma
 - Aging Hands
- Loss of Volume in Face:
- Cheeks
 - Lips
 - Marionette Lines
 - Smile Lines

Hormones

- Reduced Sex Drive
- Reduced Muscle Mass
- Increased Body Fat
- Reduced Energy
- Reduced Memory & Concentration
- Reduced Exercise Performance
- Reduced Quality of Sleep
- Thinning Skin
- Thinning Hair
- Wrinkles
- Brittle Nails
- Reduced Bone Density
- Elevated LDL or Reduced HDL Cholesterol
- Depression/Emotional Instability
- Reduced Thyroid Function
- Mood Swings
- Hot Flashes
- Weight Gain
- Reduced Erectile Function
- Painful Sex

If you have checked one or more of these symptoms, you may benefit from Dr. LeConey's Anti-Age Program.



Anti-Age PROGRAM



Directed by Richard LeConey, M.D., the Institute of Anti-Aging Medicine has developed a scientifically designed, complete wellness and longevity program that will enable you to maximize your potential to enjoy a longer, healthier life.

Through the integration of the latest concepts in comprehensive bio-identical hormone replacement therapy, optimized nutrition, antioxidant/vitamin supplementation and balanced exercise, you can live up to your fullest potential for a long, healthy and vigorous lifestyle.

“Hormones are like a symphony...
they need to be in balance...
in harmony.”

Wellness & Longevity

1

Hormone Replacement Therapy

Comprehensive bio-identical hormone replacement therapy is the core of our Anti-Age program. We tailor our hormone replacement program to suit each patient's specific needs — providing the most effective solutions to help our patients reach their personal goals and address their individual health issues.

Using bio-identical hormone supplements, we optimize each patient's hormonal balance by restoring each of the hormones essential to the maintenance of youthful vigor and vitality to levels commonly found at the age of thirty. Some of the essential hormones restored include: Thyroid, Testosterone, Estrogen, Progesterone, DHEA, Pregnenolone and Melatonin.

2

Optimized Nutrition + Antioxidant + Vitamin Supplementation

An essential element of the Anti-Age program, nutritional optimization carefully adjusts your diet so that you achieve the proper ratio of carbohydrates, fats and proteins. This modification, coupled with proper supplementation of key antioxidants and vitamins, works to minimize free radical damage, recognized by scientists to be a major force in the aging process.

Carefully selected for their purity, the supplements we prescribe are not like “fad” supplements, often available at trendy specialty stores or generic pharmacies — many of which pass through your body without even being absorbed. Specific health issues such as obesity, diabetes, hypertension, and vascular disease are also addressed with specific dietary recommendations.

3

Balanced Exercise

The main ingredient, balanced exercise, is critical to the success of the Anti-Age program. Every patient will benefit dramatically from a combination of hormone replacement medicine and optimized nutrition and supplementation plans, but exercise amplifies the effects of the program. We recognize that, with the arrival of middle-age, exercise becomes more difficult and less rewarding. Our program helps to restore the responsiveness of your body to exercise, to make exercise “work” like it used to.

The benefits of hormone replacement therapy will intensify the results of your workout. Benefiting the cardiovascular system and reducing risk of stroke and heart attack, aerobic endurance training will contribute to an overall sense of well being and mental health.



Hormone Replacement Therapy

Medical and psychological benefits of hormone supplements:

- Increased lean body mass
- Increased bone density
- Increased endurance and energy
- Increased mental and cognitive functioning
- Improved memory
- Improved exercise capacity
- Increased libido
- Strengthened immune system
- Reduced appetite
- Reduced stress levels
- Restoration of age-related atrophy of internal organs
- Tighter, sleeker, smoother skin

In the past, physicians held the belief that deterioration of hormone levels occurred because of aging - but modern research has determined that we actually age because our hormone levels decline. **Therefore, to restore youthful vigor and vitality - we should restore youthful hormone levels.** Replenishing declining hormone levels as the aging process occurs helps men and women lead longer, healthier, more productive lives by restoring youthful appearances, energy and endurance.

As hormone levels vary widely from one individual to the next, we carefully design a plan to meet your exact health objectives and requirements. To determine hormone levels - and to begin tailoring a personalized program for each patient - the anti-aging evaluation begins with a comprehensive series of blood tests. After Dr. LeConey has carefully evaluated the blood test, planning for a **personalized hormone replacement therapy program** begins.

Hormones that decline with age:

Dehydroepiandrosterone (DHEA)

- Lowers blood cholesterol
- Improves heart health
- Slows onset/progression of diabetes
- Eases impact of arthritis
- Increases mental and cognitive functioning

Estrogen

- Relieves menopausal symptoms
- Increases female life expectancy
- Strengthens muscles
- Improves complexion
- Protects against cancer
- Prevents osteoporosis

Pregnenolone

- Strengthens the immune system
- Fights the effects of fatigue/stress
- Improves heart health
- Relieves arthritis pain
- Protects against coronary artery disease
- Improves mood and memory
- Protects against Alzheimer's disease

Melatonin

- Restores quality sleep patterns
- Strengthens immune system
- Treats jet lag effectively

Testosterone

- Boosts male/female libido
- Improves heart health
- Prevents osteoporosis
- Aids in/speeds fat processing
- Increases muscle strength
- Increases mental and cognitive functioning

Progesterone

- Works as a natural antidepressant/tranquilizer
- Improves female libido
- Aids in/speeds fat processing
- Protects against cancer
- Boosts thyroid action
- Prevents osteoporosis

Thyroid

- Controls cell growth/metabolism
- Helps weight loss
- Improves heart/vascular health
- Renews energy
- Improves concentration
- Regulates body temperature

Are YOU a good candidate For

Are you experiencing...

- Decreased libido/sex drive
- Decreased energy
- Decreased strength/endurance
- Decreased strength of erections
- Deterioration in ability to play sports
- Deterioration in work performance
- Emotional changes
(frequent anger, decrease in life enjoyment)
- Evening fatigue
- Reduced quality of sleep
- High cholesterol
- Hair loss



In men, the decline in testosterone secretion that accompanies middle age is called andropause (male menopause). Men begin to experience these unpleasant hormone deficiencies between the ages of 30 and 45.

During this time, men begin to experience decreased drive and motivation. They find it harder to stay focused and sharp. They begin to feel the aging process. By age 50, testosterone levels deteriorate to 50 percent of what they were at age 20.

However, male hormonal imbalances can be easily and safely restored with transdermal testosterone replacement. Dr. LeConey can personalize a Bio-Identical Hormone Replacement Therapy program to optimize your health and well being, and prevent the physical, emotional and mental effects of andropause.

Testosterone is the solution to decreased sex drive in middle age men.

Transdermal Testosterone is the easiest way to increase sexual desire and performance for men as they get older. The decreased sexual drive and less than satisfying sexual performance that arrives with middle-age is normal. It is caused by decreasing levels of testosterone that actually starts in the early 30's.

Transdermal testosterone cream is the safe natural alternative to testosterone injections. Until recently, testosterone replacement for men required shots every few weeks, given in the doctor's office. Now, men can treat themselves with testosterone cream at home.

Testosterone is better than Prozac.

Mild depression, frequently perceived as a feeling of apathy and loss of drive, is common in men as they approach their 40's. This is caused by a decrease in testosterone, but frequently is treated with antidepressants that cause unpleasant side effects. Testosterone supplementation is the real solution. It restores the youthful vigor and zest for life.

Benefits of Bio-Identical Hormone Replacement Therapy:

- Increased sex drive
- Increased muscle mass
- Increased energy
- Increased results from exercise
- Improved sense of well-being
- Improved focus/concentration
- Increased skin thickness and reduced wrinkling
- Decreased cholesterol

Healthy Aging Treatments include:

- Testosterone Replacement
- Cialis/Viagra - improve sexual function
- Weight Loss Program

Natural Hormone Replacement Therapy?

Are you experiencing...

- Afternoon fatigue
- Weight gain
- Decreased sex drive
- Vaginal dryness
- Thinning hair/decreased nail growth
- Reduced quality of sleep
- Emotional changes
(including mood swings/depression)
- Hot flashes
- Decreased benefits from exercise
- Osteoporosis, diabetes or
cardiovascular disease



Most researchers now believe that female hormone deficiencies - including estrogen, progesterone and testosterone —begin sometime around age thirty and continue to decline for many decades.

Whether you are in the pre-, peri- or post-menopause stage, Dr. LeConey can personalize a Bio-identical Hormone Replacement Therapy program to optimize your health and well being, and prevent the physical, emotional and mental effects of menopause.

Bio-Identical Estrogen and Progesterone. The SaFe Alternative to Premarin and Prempro

Recent study proves that Premarin and Prempro are antiquated methods of Hormone Replacement. Bio-identical Estrogen and Progesterone allow women to enjoy the benefits of Hormone Replacement without the risk.

Fifty percent of women in their 40's have undocumented lowthyroid. This is the most common hormone deficiency of women in their mid 30's and over. Low thyroid causes weight gain, loss of memory and concentration, thinning hair, dry skin and fatigue.

Testosterone is an important hormone For women too.

- Improves sex drive
- Increases stamina and energy
- Decreases bodyfat
- Improves exercise response
- Increases sense of well being
- Helps women feel sexy again

Progesterone, better than Prozac.

- Relieves symptoms of PMS
- Relieves depression
- Reduces anxiety
- Improves sleep
- Prevents menstrual headaches

Benefits of Bio-Identical Hormone Replacement Therapy:

- Weight loss
- Increased lean muscle
- Increased energy
- Improved mood and sense of well-being
- Decreased mood swings
- Increased skin thickness/reduced wrinkling
- Relief from hot flashes
- Reduced risk of osteoporosis, diabetes
and cardiovascular disease

Client EXPERIENCES

Angela – age 47



Problems:

Loss of Sex Drive, Painful sex, Loss of that Sexy Youthful Feeling

Reason:

Hysterectomy, Hormones and Age.

After her hysterectomy, she felt her sex drive decline rapidly.

Treatment:

In 2003, Dr. LeConey checked her hormone levels and noted her testosterone level was low. Testosterone cream applied to the wrist once a day.

Results:

Angela was back to normal in 2 months; more energy, sexually attracted to her husband again and felt young and pretty again.

Steve – age 53



Problems:

Depression, Increased Body Fat, Loss of Muscle Mass, Decreased Work Drive and Reduced Sex Drive

Reason:

Hormones and Age, Low Testosterone

Treatment:

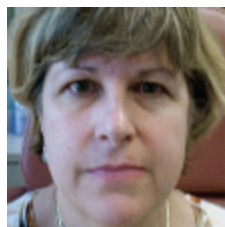
Hormone Replacement

Testosterone cream was prescribed to improve sex drive and increase sense of well being, as well as Supplements to improve cognitive function.

Results:

I feel like I did in my 30's. I'm having fun going out again and I have so much energy I've started a new business.

before



Carolyn – age 52

after treatment

Problem:

Depression, Low Self Esteem, Weight Gain, Extreme Fatigue
Loss of Sex Drive, Dry Skin, Hair Loss

Reason:

Hormones and Age. Her mother would tell her she looked tired and needed to lose weight. Carolyn was depressed about her condition and sought treatment with Dr. LeConey.

Treatment:

Hormone Replacement.

Progesterone to reduce depression & improve quality of sleep.
Estrogen to reduce hot flashes, improve skin quality and reduce vaginal dryness and pain.

Testosterone to improve sex drive & increase sense of well being
Thyroid replacement to reduce hair loss, weight gain, depression and improve energy levels.

Results: Carolyn's Statement:

I believe there is no greater investment than the one you make in your own life.

You are the one that has to live in your body everyday and see you everyday - no matter what else happens. And your self-esteem is essential. How you feel about yourself affects every aspect of your life and all of the people in your life. My father always told me the greatest wealth that you will ever have is your life and to take care of it. He is right.

Bio-Identical Hormone Replacement Programs & Pricing

HORMONE THERAPY

Bio-Identical Hormone Replacement For Women

\$2500

- Lab work - Baseline evaluation includes all hormones, cholesterol and partial cancer screening (Lab work is drawn 1 week prior to consultation with Dr. LeConey)
- 90 minute Consultation with Dr. LeConey. (Consult includes evaluation of family history, genetic risk factors, evaluation of Hormones, treatment plan, diet, and supplement program)
- 6 week follow up consultation included (Lab work not included)
- 1 year written Hormone prescriptions

Concierge nurse available at all times to answer your health and medication questions.

Testosterone Replacement For Men

\$2500

- Lab work - Baseline evaluation includes all hormones, cholesterol and partial cancer screening (Lab work is drawn 1 week prior to consultation with Dr. LeConey)
- 60 minute Consultation with Dr. LeConey. (Consult includes evaluation of family history, genetic risk factors, evaluation of Hormones, treatment plan, diet, and supplement program)
- 6 week follow up consultation included (Lab work not included)
- 1 year written Hormone prescriptions
- Cialis/ Viagra prescriptions

Lab work and follow-up visits are required at 6 weeks, 6 months, 12 months then annually to insure proper hormonal balance. Additional lab work will be required to monitor optimal hormone levels

Weight Loss Program

\$600

- Blood work – Lab work, including thyroid
- 30 minute appointment with Dr. LeConey
- Prescriptions for appetite suppressants if applicable
- Personalized meal and nutritional plans
- BMI (Body Fat Analysis)
- Weight loss tracking
- Monthly follow up visits \$99

Weight Loss Shot

\$50

- B12 vitamin + Energy Booster
- Reduce sugar cravings
- Increase energy
- Increase metabolism
- Recommended every 2 weeks

GENETIC + VITAMIN TESTING

Micronutrient Testing

- Innovative assessment of 33 vitamins, minerals, amino acids and antioxidants. This is a great test to ensure that your vitamins are working and you are taking the proper supplements
- Test includes full lab work and 30 minute consultation with Dr. LeConey to discuss test results and develop an individualized supplement program
- Testing done every 4-6 months
Twice Yearly

Telomere Testing

- Blood test that evaluates the length of your telomeres (sections of DNA at the end of each chromosome), which indicate the life span for a cell. This length can then determine your biological age and longevity
- Test includes labwork and consultation with Dr. LeConey to discuss test results
- One-time test

ApoE Testing

- Blood test that determines an individual's genetic risk associated with the Apolipoprotein E gene, a gene related to your risk of cardiovascular disease and Alzheimer's disease.
- Test includes labwork and consultation with Dr. LeConey to discuss the test results
- One-time test

Additional Screenings offered

- Colon Screening (Colon Cancer)
- BRCH Test (Breast Cancer)

We do not file or accept insurance, but we will provide you with a super-bill to submit to your insurance company for out-of-network reimbursement. We also accept Care Credit.



Botox

Remove wrinkles by relaxing the muscles on:

- Forehead
- Frown/Eye area
- Smokers lines
- 5 minute procedure
- No pain/No downtime
- Frequency: 3-4 months

Lasers

- Remove brown spots
- Remove moles/skin tags
- Tighten skin
- Stimulate collagen
- Reduce pore size
- 1 hour procedure
- Downtime 4-7 days
- Frequency: Annually or as needed

Double ExFoliator

Microdermabrasion with Jessner's Peel

- Exfoliate & polish skin
- Smooth vibrant look & feel
- Reduce pore size
- 15 minute procedure
- No downtime
- Light peeling for 48 hrs
- Frequency: every 3 months

Prescription:
"Skin Health
For Life"

- Daily: Physician grade skin care products daily (protect, correct, repair & hydrate)
- Monthly: Hydra-facial (exfoliate, deep clean, extract & hydrate)
- Every 3-4 months: Botox (remove wrinkles)
- Every 9-12 months: Facial fillers (restore loss of volume under eyes, lips, cheeks & smile lines)
- Annually: Active fx/deep fx/Gemini/ photo-facial (ipl) (remove brown spots, moles, improve skin texture, tighten skin & leave skin with a healthy vibrant glow)

Hydra-Facial MD

- Deep Cleans
- Exfoliates & Extracts
- Hydrates & Detoxifies
- Reduce freckles/
brown spots
- 30 minute procedure
- No downtime

Photo-Facial & Gemini Lasers

- Use on all parts of body
- Reduce spider veins
- Reduce redness & flushing
- Remove freckles/
brown spots
- 30 minute procedure
- No downtime
- Frequency: based on
sun damage

Medical Grade Skin Care

At Home Skin Care Program

- Improve skin tone & texture
- Reduce freckles & age spots
- Younger, fresher looking skin
- Rebuild collagen & elastin
- Frequency: Daily to repair
Weekly to maintain

Facial Fillers

Juvederm • Voluma • Artefill•
Restylane • Perlane

Restore loss of volume
in the face

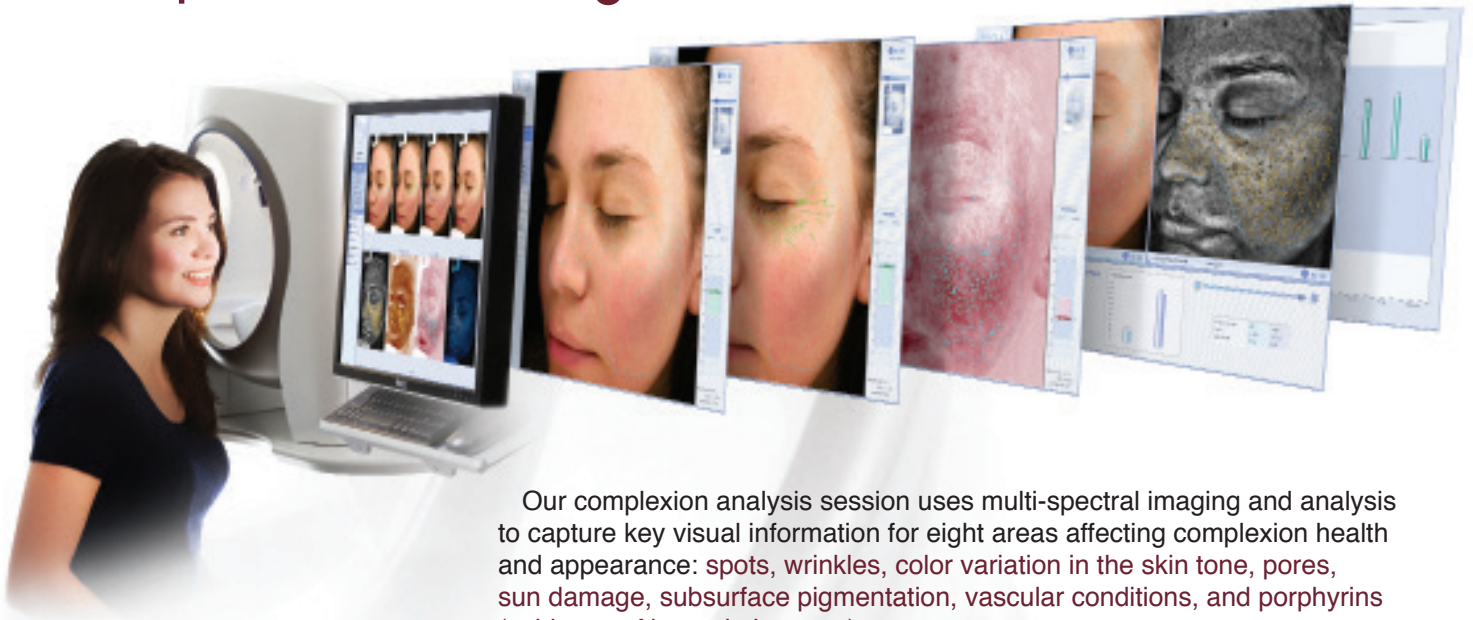
- Dark circles under eyes
- Fill smile lines/
marionette lines
- Fill wrinkles on the face
- Restore or enhance lips
- 30 minute procedure
- Light swelling for
24-48 hours
- Frequency: 6 months - 5 yrs*
* depending on filler



NOTE:

All the solutions on these pages are available for BOTH men & women

Complexion Analysis



Our complexion analysis session uses multi-spectral imaging and analysis to capture key visual information for eight areas affecting complexion health and appearance: spots, wrinkles, color variation in the skin tone, pores, sun damage, subsurface pigmentation, vascular conditions, and porphyrins (evidence of bacteria in pores).

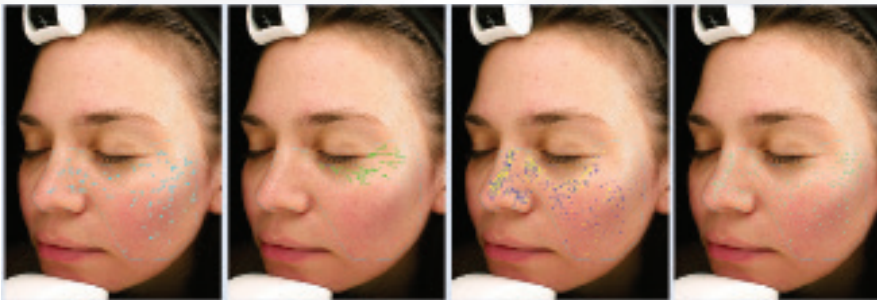
Additionally, our analysis provides an informative comparison of your complexion's characteristics to others of your same age and skin type.

Spots (71%)

Wrinkles (81%)

Texture (71%)

Pores (73%)



Our advanced technology provides meaningful skin evaluations, on-screen and printed reports, and tracks treatment progress.

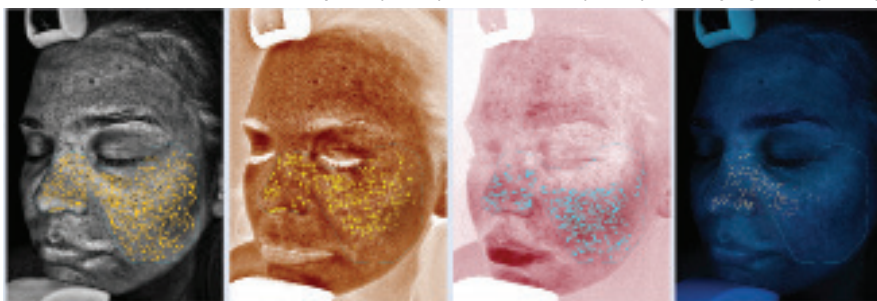
See YOUR skin's health!

UV Spots (64%)

BrownSpots(73%)

Red Areas (33%)

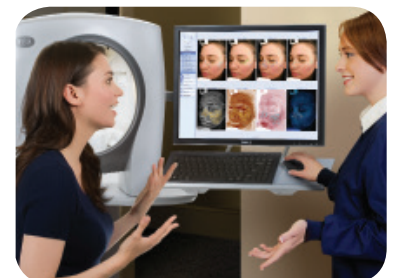
Porphyrins (58%)



Your free skin analysis is the first step to achieving optimal skin renewal and the truly individualized care needed to maintain your complexion's most radiant health.

Make an appointment for your

FREE SKIN ANALYSIS
CALL TODAY!



Signs of Aging

Let us know about your concerns & we will design a skin care program that Fits your needs and budget.

With respect to signs of aging, please highlight those areas of the Face that bother or trouble you. In the box provided, please rate these areas on a scale of 1 to 5 (1 being least bothersome, 5 being most bothersome).

<input type="checkbox"/>	Poor Skin Texture & Fine Lines	Forehead Lines	<input type="checkbox"/>
<input type="checkbox"/>	Skin Laxity	Frown lines (Furrows)	<input type="checkbox"/>
<input type="checkbox"/>	Skin Tags/Moles	Crow's feet	<input type="checkbox"/>
<input type="checkbox"/>	Freckles & Pigmentation	Dark Circles	<input type="checkbox"/>
<input type="checkbox"/>	Blood Vessels	Sunken Cheeks	<input type="checkbox"/>
<input type="checkbox"/>	Scarring (acne)	Nose-to-mouth lines	<input type="checkbox"/>
<input type="checkbox"/>	Acne	Vertical Lip Lines (smoker's lines)	<input type="checkbox"/>
<input type="checkbox"/>	Unwanted Hair	Marionette lines (downturned corners)	<input type="checkbox"/>
<input type="checkbox"/>	Thinning Skin	Thin Lips	<input type="checkbox"/>
<input type="checkbox"/>	Enlarged Pores		

Other Concerns _____

Non-Surgical Approach to Facial Aging

Soften or Remove Wrinkles
BOTOX
Lasts 3-4 months

Restore loss of volume
Fill dark circles under eyes
JUVEDERM / ARTEFILL
Juvederm lasts up to 1 year
Artefill last up to 5 years

Reduce brown spots
Tighten skin
Restore Collagen
Improve Skin Texture
ACTIVE FX / DEEP FX
Typically One Treatment
FRACTORA
6 to 8 treatments

Restore cheek volume,
deep smile lines &
marionette lines
ARTEFILL / JUVEDERM
Artefill lasts 5 years
Juvederm lasts up to 2 years

Remove brown spots,
redness and spider veins:
face, chest, neck, arms, legs
PHOTO-FACIAL / GEMINI

Enhance and restore loss
of volume in lips
RESTYLANE / JUVEDERM
Lasts 6-9 months



Rejuvenating Skin Treatments

A revolutionary skin resurfacing technology for **all ethnicities & all skin types**. Comparable results to laser skin resurfacing treatments with **no discomfort, downtime or irritation**; even for sensitive skin. Hydra-facial exfoliates dead skin cells & extracts impurities while simultaneously restoring skin hydration, leaving skin more supple & vibrant. The procedure is gentle to the skin with a soothing “paintbrush” feel.



Elle Magazine votes HydraFacial MD as “the best procedure to have done the day of your wedding”.

HydraFacial MD

A **NEW** medical grade facial only performed in Doctor’s offices, Hydrafacial MD hydrates more than anything on the market!

Helps to improve the appearance of:

- Early aging fine lines & wrinkles
- Hyperpigmentation & melasma
- Sun damaged skin & age spots
- Blackheads & whiteheads
- Enlarged pores
- Excess Oil
- Hydration
- Rejuvenation; overall skin health

A Technologically Advanced Treatment
Featuring targeted LED Light Therapy

RED LIGHT improves skin texture
BLUE LIGHT improves acne prone skin



Microdermabrasion + Chemical Peels

Microdermabrasion

An effective cosmetic treatment that uses a gentle hand piece and sterilized crystal to exfoliate dead skin - leaving you with a healthy youthful glow.

- Reduces pore size
- Stimulates collagen
- Polishes skin for healthy glow
- Safe for all skin types
- Gentle enough to use same day as your special event!

SkinMedica Peels

Skinmedica’s amazing medical grade chemical peels target everyone’s needs and issues in three different levels. The Illuminize peel, Vitalize peel. and Rejuvenize peel. Peels range from light exfoliation to heavy exfoliation.

- Smooth the appearance of fine lines, wrinkles and roughness
- Reduces pore size
- Stimulates collagen
- Improves skin texture
- Minimal downtime

Jessner's Peel

A light chemical solution of resorcinol and lactic & salicylic acids. Achieve new healthy & vibrant skin.

- Reduces crow’s feet
- Reduces pore size
- Stimulates collagen
- Improves skin texture
- Minimal downtime

WRINKLES

Hyaluronic Acid Facial Fillers

Also known as “dermal fillers” or “injectables”, these non-surgical solutions will add volume and smooth skin with immediate and long lasting results!

Juvederm - reduced dark circles under eyes



before



after treatment

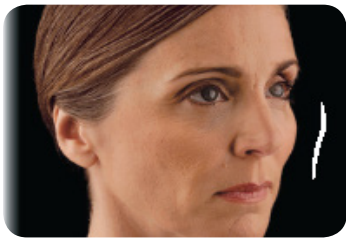
JUVEDERM

A smooth, long-lasting gel dermal filler and the latest advance in hyaluronic acid cosmetic filler technology. Over recent years, hyaluronic acid, a complex sugar already found naturally in the body, has become a favored compound for replenishing the areas of the face where the skin's youthful fat volume and fullness has been lost. Juvederm is effective at filling light to moderate wrinkles.

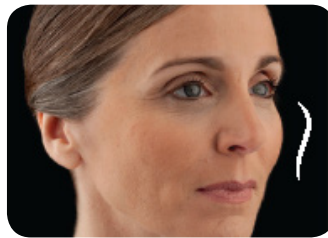
USED ON:

- Smile Lines (nasolabial folds)
- Cheeks
- Lips
- Chin
- nose
- Results are immediate and can last up to a year
- Marionette lines
- Under eyes
- Furrows between brows
- Acne scars

Juvederm Voluma - add volume to the cheek area



before



after treatment

JUVEDERM VOLUMA

JUVÉDERM VOLUMA™ XC injectable gel is the first and only filler FDA-approved to instantly add volume to the cheek area. It gives you a subtle lift, helping to restore contour and a more youthful profile, for up to 2 years, in patients over the age of 21. It's different than JUVÉDERM® XC and works on a different area of the face.

USED ON:

- Cheek area
- Results last up to 2 years

Restylane - restore volume under eyes



before



after treatment

RESTYLANE / PERLANE

The smart and easy way to add volume and smoothness to your skin. Restylane is based on a hyaluronic acid gel that closely resembles the body's own hyaluronic acid. It is long lasting, but not permanent. As a sister product to Restylane, Perlane is designed for more pronounced facial folds and wrinkles such as those on the sides of the mouth and cheeks.

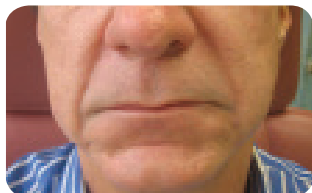
How is Perlane different from Restylane? Both Perlane and Restylane are composed of hyaluronic acid. The primary difference between Restylane and Perlane is that the hyaluronic acid gel particles in Perlane are larger than those found in Restylane. This gives Perlane additional ability to lift and fill the areas of injection that require a denser formulation.

Perlane and Restylane are perfect complements to one another.

USED ON:

- Smile Lines (nasolabial folds)
- Under eyes
- Results are immediate and can last 6-12 months
- Cheeks
- Marionette lines

Artefill - restore volume in cheeks + smile lines



before



after treatment

ARTEFILL

A non-absorbable injectable wrinkle filler that is used to reduce moderate to severe wrinkles. Unlike other injectable fillers, Artefill is not absorbed by the body making it a permanent solution for wrinkle correction. It is the longest lasting wrinkle application available without surgery.

How long does Artefill last? Artefill is a permanent skin application with long lasting effects. But the aging process is never ending, so like any other cosmetic procedure, as you age you may need another application of Artefill.

USED ON:

- Smile Lines (nasolabial folds)
- Cheeks
- Deep wrinkles

Artefill - reduce smile lines + Restylane - enhance lips



before



after treatment

How to Stop them and Prevent them From Forming

Botox Injections



BOTOX

A simple, non-surgical treatment that uses purified proteins (also found in honey) to temporarily reduce or eliminate frown lines, forehead creases, crows feet near the eyes and thick bands in the neck. These purified proteins block the nerve impulse to the muscle that causes wrinkles to form while giving the skin a smoother, more refreshed appearance.

USED ON:

- Forehead
- Frown lines
- Smokers lines
- Eye area
- Hydrohydrosis (Underarm Sweat)
- Jaw clenching
- Bunny lines

BOTOX IS

- FDA approved
- Takes effect in days
- Lasts up to 4 months
- Painless 5 minute procedure

BOTOX THURSDAYS – 30% OFF!

Botox - smooth wrinkles in Forehead

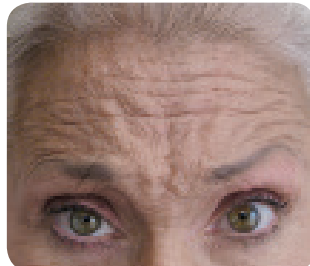


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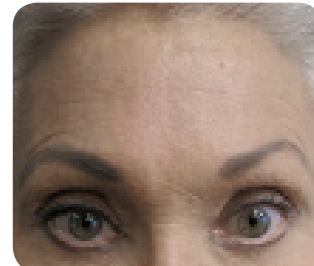


after treatment

Botox - smooth wrinkles in Forehead

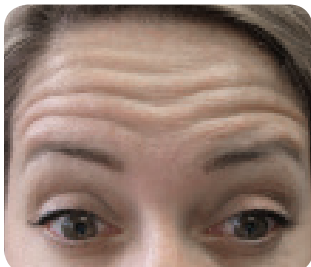


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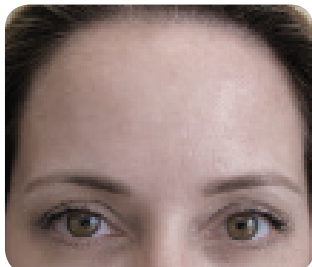


after treatment

Botox - smooth wrinkles in Forehead

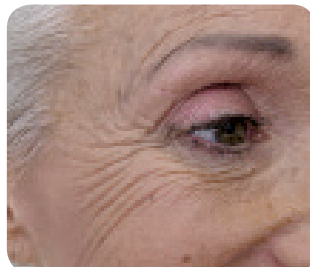


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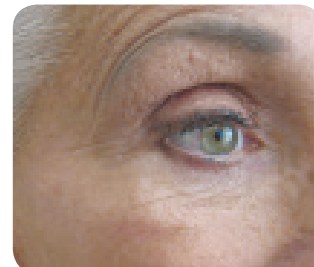


after treatment

Botox - reduce crow's Feet



before



after treatment

Liquid Lift Makeovers

Harriot – age 56

Removed 10 years in 4 simple treatments

- 1 MICRODERMABRASION + CHEMICAL PEEL
to improve texture of skin
- 2 RESTYLANE
to plump lips & restore lost volume
- 3 PERLANE
to fill deep smile lines
- 4 BOTOX
to remove wrinkles on forehead,
frown & crows feet



Jamie – age 54

Removed 10 years in 4 simple treatments

- 1 MICRODERMABRASION + CHEMICAL PEEL
to improve texture of skin
- 2 RESTYLANE
to plump lips & restore lost volume
- 3 JUVEDERM
under the eyes to restore loss of volume
- 4 BOTOX
to remove wrinkles on forehead,
frown & crows feet



Non-Surgical Solutions • Dramatic Results

Patti – age 61

Removed 10 years in 4 simple treatments

- 1 **JUVEDERM**
under the eyes to restore loss of volume
- 2 **PERLANE**
to fill deep smile lines and marionette lines
- 3 **RESTYLANE**
to restore lost volume to lips
& smoker's lines
- 4 **BOTOX**
to soften wrinkles on forehead,
& around eyes



Beth – age 40

Removed 10 years in 5 simple treatments

- 1 **MICRODERMABRASION + CHEMICAL PEEL**
to improve texture of skin
- 2 **JUVEDERM**
to fill dark circles under eyes
- 3 **BOTOX**
to remove wrinkles on forehead,
frown & crows feet
- 4 **PERLANE**
to fill deep smile lines
- 5 **RESTYLANE**
to plump lips & restore lost volume



As Featured on Great Day Houston
To view videos online, log on
to antiageinstitute.com

Laser Skin Resurfacing

Active FX / Deep FX

A revolutionary fractional laser technology for aged, sun-damaged, acne or scarred skin.

The low-downtime procedure uses fractional CO2 laser microbeams to precisely target the deep dermal layers of the skin. This stimulates a cascade of healing responses that leads to tissue regeneration and new collagen formation throughout the entire treatment. And because only a fraction of the skin is actually touched by the laser, healing time can be limited to just a few days.

You will notice immediate softening of wrinkles, fine lines and scars as the skin heals from the treatment. In addition, the skin responds by stimulating organic growth of new collagen that continues for up to six months. Results of the treatment are long-lasting and with proper skin care can last for many years.

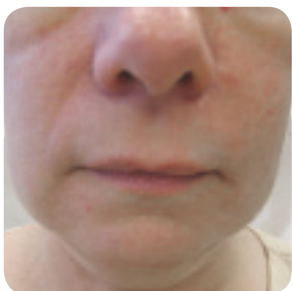
USED ON:

- Face
- Around the lips
- Crows feet
- Neck
- Upper chest
- Hands & arms

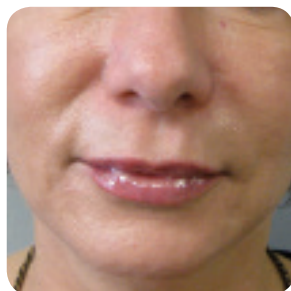
ACTIVE FX / DEEP FX

- Tightens skin
- Reduces brown spots
- Stimulates collagen
- Improves wrinkles
- Improves skin texture
- Results in a single treatment
- Minimal downtime 5-10 days

Tighten skin on chin, cheeks & neck



before



after treatment

tighten + tone + texture

Remove brown spots + improve acne scarring

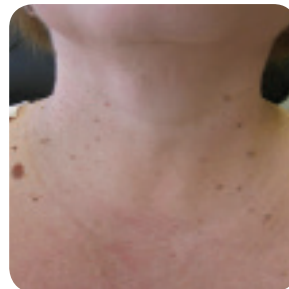


before

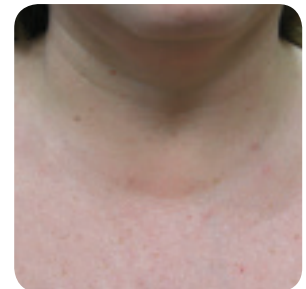


after treatment

Remove moles + skin tags



before



after treatment

Reduce brown spots + moles

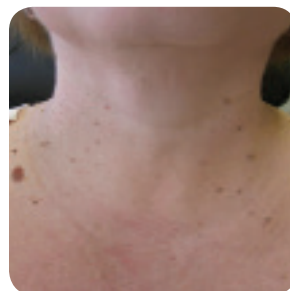


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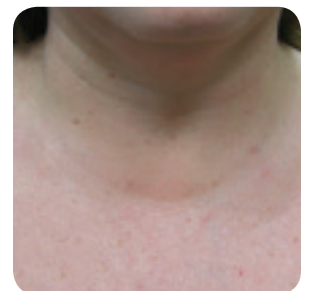


after treatment

Remove moles + skin tags



before



after treatment

Photo-Facial/Yag + Gemini brownspots + moles + redness

Photo-facial

Photo-Rejuvenation with IPL (Intense Pulsed Light) is the absolute latest technology developed to rejuvenate the skin, reducing the appearance of sun damage, age spots, broken capillaries, rosacea, uneven skin tone, and to refine large pores and skin texture. Due to the nature of treatment, intense pulsed light energy can be applied to the sub-surface skin layers for gentle and gradual results with reduced side effects and no patient downtime. This treatment is non-invasive and patients can return to work the same day!

USED ON:

- Face
- Around the lips
- Crows feet
- Neck
- Upper chest
- Hands & arms

PHOTO-FACIAL

- Reduces brown spots
- Stimulates collagen
- Reduces broken capillaries
- Improves skin texture
- Improves uneven skin tone
- Optimal results in 3-6 treatments

Yag/Gemini Laser

The Gemini Laser for Enhanced Skin Rejuvenation is a laser with 2 distinct and powerful wavelengths used for the treatment of the three major signs of aging: Brown discolorations or freckles, age and sun spots, red discolorations or overgrown or enlarged blood vessels, and wrinkles and skin laxity.

USED ON:

- Face
- Around the lips
- Crows feet
- Neck
- Upper chest
- Hands & arms

YAG/GEMINI LASER

- Reduces brown spots
- Reduces age and sun spots
- Reduces broken capillaries
- Improves skin texture
- Improves uneven skin tone
- Optimal results in 3-6 treatments

Removed brown spots under the eyes



before



after treatment

Reduced brown spots + hormone melasma



before

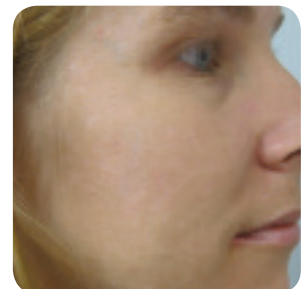


after treatment

Reduced brown spots + hormone melasma

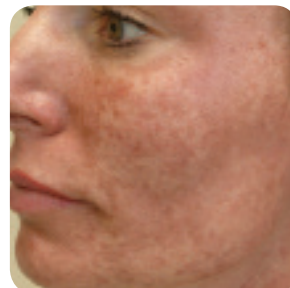


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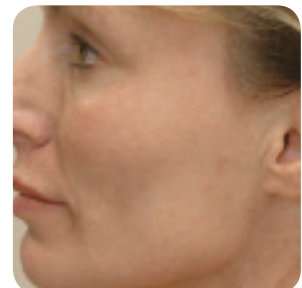


after treatment

Reduced brown spots



before



after treatment

Medical Grade Skin Care Products-Obagi

OBAGI NU-DERM SYSTEM

To achieve (and maintain) skin health, you must correct the underlying problems and stimulate the growth of new, radiant, healthy skin cells.

The Obagi Nu-Derm System meets this challenge with a daily program of five easy steps.

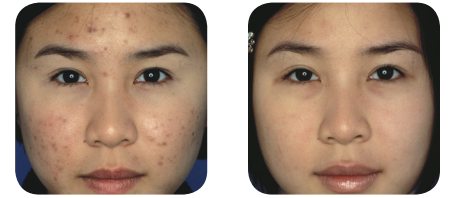
To find out more about the Obagi Skincare program, call to schedule a complimentary skincare consultation.

- Reduce sun damage
- Even skin tone
- Reduce pore size
- Improve skin texture



Obagi Nu-Derm Total Skincare CORRECTION System

Correct acne & brown spots



before

after treatment

Correct sun damage (brown spots)



before

after treatment

OBAGI C-RX SYSTEM

Protect & Perfect from Cell to Surface

The Ultimate Prescription-Strength Vitamin C System. Daily use of your Obagi-C RX System will improve the appearance of discoloration, restore balance & clarity to lackluster skin and promote skin rejuvenation from the inside out. Vitamin C is the only topical antioxidant proven to stimulate collagen synthesis & protect your skin by minimizing future skin cell damage. For more information, call to schedule a complimentary skincare consultation.

- Softer, more radiant skin
- Reduce fine lines, wrinkles, discoloration and age spots
- Improve hydration
- Apply smoothly with makeup

*products may be purchased individually



Obagi C-RX Total Skincare CORRECTION SYSTEM



Revitalize

ELASTIDERM Eye Treatment

Uses a proprietary bi-mineral complex (Copper Zinc Malonate) that is clinically proven to help:

- Restore elasticity of the delicate skin around eyes
- Build collagen production
- Reduce appearance of fine lines around eyes



Acne Therapy

CLENZIDERM Acne Therapeutic System

- Reduce acne in 2 weeks
- Contains 5% benzoyl peroxide
- Prescription strength



Exfoliate + Renew

OBAGI-C Clarifying Serum Antiaging treatment

- Penetrates skin layers to reduce dark spots & discoloration
- Promotes even skin tone



Skin Medica

The natural way to Healthy, more youthful skin

As we age, collagen production diminishes, skin thins and elasticity decreases causing facial sagging, fine lines and wrinkles. SkinMedica® products are scientifically formulated and clinically tested to rejuvenate skin and help rekindle your skin's youthful appearance.

SkinMedica® chooses scientifically proven ingredients such as growth factors and other compounds to formulate advanced skin care products with antioxidants and retinoids that enhance the natural appearance of your skin by helping to prevent free radical damage.



SkinMedica®

An Allergan Company



Cleanse

Facial Cleanser

APPROPRIATE FOR: All skin types

PURPOSE: Skin cleansing and hydration

WHEN TO APPLY: First product used in your morning and evening skin care routine

WHERE TO APPLY: Face (neck and chest if desired)



Brighten

LYTERA Skin Brightening System

APPROPRIATE FOR: All skin types

PURPOSE: Brightens skin with all-in-one system

RESULTS: Clinical study participants using Lytera Skin Brightening System With Tri-Retinol experienced similar cosmetic improvements to those who used a leading 7-step system containing 3 prescription products.*



LYTERA® Skin Brightening System Clinical Studies



Female, Age 29
Baseline Week 12

Untouched photographs of subject before and after treatment with LYTERA® Skin Brightening System (System includes: LYTERA® Skin Brightening Complex, Facial Cleanser, Tri-Retinol Complex E2® and Daily Physical Defense® Sunscreen Broad Spectrum SPF 30+), TNS Recovery Complex®, Dermal Repair Cream and Vitamin C-E Complex. Individual results may vary. Data on file at SkinMedica®.



LYTERA® Skin Brightening System Clinical Studies



Female, Age 43
Baseline Week 12

Untouched photographs of subject before and after treatment with LYTERA® Skin Brightening System (System includes: LYTERA® Skin Brightening Complex, Facial Cleanser, Tri-Retinol Complex E2® and Daily Physical Defense® Sunscreen Broad Spectrum SPF 30+ and Regenerative Moisturizer. Individual results may vary. Data on file at SkinMedica®.



Brighten

LYTERA Skin Brightening Complex

APPROPRIATE FOR: All skin types

PURPOSE: Brightens skin

RESULTS: Improvement in overall skin condition Improved evenness of skin tone Reduced appearance of skin discolorations



AHA/BHA Cleanser

APPROPRIATE FOR: All skin types
PURPOSE: Improve the appearance of skin tone, texture and smoothness.

RESULTS: Enhanced skin radiance and luminosity Improved appearance of skin texture, tone and smoothness through mild exfoliation

WHEN TO APPLY: First product used in your morning and evening skin care routine, as tolerated



AHA/BHA Cream

APPROPRIATE FOR: All skin types
PURPOSE: Exfoliate skin to reveal a more youthful appearance

RESULTS: Improve the appearance of skin texture, tone and smoothness

WHEN TO APPLY: Twice daily after cleansing, toning and applying SPF and other treatment products



Age Defense

TNS Essential Serum

APPROPRIATE FOR: All skin types
PURPOSE: All-in-one, rejuvenating serum

RESULTS: Reduced appearance of wrinkles
 Enhanced skin texture and tone
 Initial results occurred in 30 days with optimal results occurring in 90 days*

WHEN TO APPLY: Morning and evening after cleansing and toning



Vitamin C + E Complex

APPROPRIATE FOR: All skin types
PURPOSE: Improve the appearance of skin tone and texture

RESULTS: Enhanced skin brightness for a more youthful appearance

WHEN TO APPLY: Each morning after cleansing, toning and applying TNS Recovery Complex® and before applying moisturizer



Retinol Complex

APPROPRIATE FOR: All skin types
PURPOSE: Enhance skin tone, texture, and resiliency

RESULTS: Diminished appearance of fine lines and coarse wrinkles
 Enhanced skin tone and texture

WHEN TO APPLY: In the evening after cleansing and toning and before applying your moisturizer.



Lip Plump System

APPROPRIATE FOR: All skin types

PURPOSE: Enhance lip texture and condition

RESULTS: Enhances the fullness of lips
WHEN TO APPLY: As needed throughout the day

WHERE TO APPLY: on lips and around lip contour



Eye Repair Cream

APPROPRIATE FOR: Normal to dry skin

PURPOSE: Improve smoothness and hydration around the eyes

RESULTS: Reduced appearance of fine lines and wrinkles

WHEN TO APPLY: Morning and evening, after applying treatment products and prior to applying your moisturizer

WHERE TO APPLY: Skin underneath the eyes and around the outside corners of the eye area. Avoid upper eyelid.



Illuminating Eye Cream

APPROPRIATE FOR: Normal or combination skin

PURPOSE: Enhance tone and texture of skin around the eyes

RESULTS: Reduced appearance of fine lines, wrinkles and dark circles around the eyes

WHEN TO APPLY: Morning and evening after cleansing, toning and applying treatment products and prior to applying your moisturizer

WHERE TO APPLY: Skin underneath the eyes and around the outside corners of the eye area.



Moisturize + Sun Protection

Dermal Repair Cream

APPROPRIATE FOR: Normal to dry skin

PROVIDES: Intense skin hydration and helps replenish moisture

WHEN TO APPLY: Twice daily after cleansing, toning and applying treatment products

WHERE TO APPLY: Face



Hydrating Complex

APPROPRIATE FOR: All skin types

PURPOSE: Enhances the benefits of daily moisturizer

RESULTS: Helps replenish skin's moisture reservoir

WHEN TO APPLY: Morning or evening, before applying moisturizer

WHERE TO APPLY: Face (neck and chest if desired)



Ultimate Daily Moisturizer

APPROPRIATE FOR: Normal or combination skin

PURPOSE: Long lasting hydration and broad spectrum UVA/UVB protection

WHEN TO APPLY: In the morning after cleansing, toning and application of treatment products

WHERE TO APPLY: Face, neck and other sun exposed areas



Specialty

Daily Physical Defense

APPROPRIATE FOR: All skin types - gentle enough for sensitive and post-procedure skin

PURPOSE: Broad spectrum UVA/UVB protection

WHEN TO APPLY: In the morning after cleansing, toning and application of treatment products

WHERE TO APPLY: Face, neck and other sun exposed areas

HOW TO APPLY: Apply liberally to face and neck before sun exposure and as needed.



Scar Recovery Gel

APPROPRIATE FOR: All skin types

PURPOSE: Diminish the appearance of red or pink scars

RESULTS: Softens and minimizes the appearance of scars that are red or pink

WHEN TO APPLY: Morning and evening after the wound has healed.

WHERE TO APPLY: Directly to scars, on smaller incisions and everyday cuts.



Redness Relief

APPROPRIATE FOR: All skin types

PURPOSE: Moisturizer that helps reduce the appearance of redness

RESULTS: Clinically shown to reduce visible facial redness with initial results in as early as two weeks*

WHEN TO APPLY: Morning and evening

WHERE TO APPLY: Face (neck and chest if desired)



SkinMedica Chemical Peels

A chemical peel has dual cosmetic and medical benefits. Cosmetically, skin renewal improves pore size, hyperpigmentation and fine lines. Medically, a chemical peel can improve acne, benign keratoses and actinic keratoses.

Skin Medica peels offer the following benefits:

- Decreased fine lines, especially under the eyes and mouth
- Improvement of mild scarring and certain types of acne
- Reduction of skin discoloration, such as sun spots, age spots, freckles and blotchiness

Vitalize Peel Clinical Studies Show...

Female, Age 43

Before the Peel After 2 Peels

Unretouched photographs of subjects, with Fitzpatrick Skin Type III, at baseline and after SkinMedica Peels. Individual results may vary. Data on file at SkinMedica.



Illuminize Peel

Nicknamed "The Party Peel".

APPROPRIATE FOR: Mild skin imperfections as determined by your physician

PURPOSE: Brighten the overall appearance of skin

RESULTS: Radiant looking skin after one peel



Vitalize Peel

APPROPRIATE FOR: Mild to moderate skin imperfections as determined by your physician

PURPOSE: Smooth the appearance of fine lines, wrinkles and roughness

RESULTS: Noticeable results after just one peel, compelling results after three to six peels



Rejuvenize Peel

APPROPRIATE FOR: Moderate to severe skin imperfections as determined by your physician

PURPOSE: Smooth the appearance of fine lines, wrinkles and roughness

RESULTS: Noticeable improvement after just one peel, compelling results after three to six peels