

Home Bible Workshop Preparation  
January 7, 2006  
Worksheet

Change-Volume II

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Questions:

Maintaining Boundaries

Consequences and Countermoves:

- ◆ You face a risk in setting limits and gaining control of your life. In most instances, the results are not drastic, for as soon as the other person finds out that you are serious, they start to \_\_\_\_\_.
- ◆ When you count the cost of the consequences, as difficult or costly as they seem, they hardly compare to the loss of your "\_\_\_\_\_."
- ◆ Countermoves to your boundary setting are tough to \_\_\_\_\_. But God will be there to match your effort as you "work out your \_\_\_\_\_."

Physical Resistance:

- ◆ Abusive spouses and boyfriends will not take no for an answer; often women who try to set limits are \_\_\_\_\_  
\_\_\_\_\_.
- ◆ The problem will not go away and it could get\_\_\_\_\_.
- ◆ Arrange to call people in your church if your spouse or 'friend' gets violent. Arrange for a place to stay overnight if you are threatened, no matter what the hour. Call the police and an attorney. Get a restraining order on such an individual if he will not respect no other limit. Do it for yourself and for your children. Do not allow this to go on. \_\_\_\_\_ help!

### Pain of Others:

- ◆ When we begin to set boundaries with people we love, a really hard thing happens: \_\_\_\_\_.
- ◆ If you have been enabling them to be \_\_\_\_\_, set them free today.

### Blamers:

- ◆ Remember that blamers have a \_\_\_\_\_ flaw.
- ◆ Listen to the nature of other people's complaints; if they are trying to blame you for something they should take \_\_\_\_\_ for, \_\_\_\_\_ them.
- ◆ Learn what your limits are, give what you have "decided in your heart" to give and send other people in need to those who \_\_\_\_\_.

### Forgiveness and Reconciliation:

- ◆ The Bible is clear about two principles: (1) We always need to forgive, but (2) we don't always achieve \_\_\_\_\_.
- ◆ Do not think that because you have forgiven that you have to \_\_\_\_\_.