

KNOWING GOD'S VOICE-PART X



Sanitizing the Subconscious

**Scriptural References: Joshua 1:8; James 1:22;
Proverbs 4:20-22**

When we hear the spoken Word of God it is called Rhema. When we read and meditate on the Word of God from the Bible it is considered the Logos. The Meditation Process in Part IX of this series instructs us in decision making. We learned from the four step process to always seek God's guidance whenever we need to make a decision. We now know we should go immediately to 2B in order to obtain guidance (Rhema) from the spiritual realm. That Rhema is considered fresh clean water going into our contaminated reservoir. Eventually, the clean water will filter out the contaminated water and the 2A (subconscious mind) will look like the 2B (mind of Christ). To expedite the sanitizing of our subconscious we need to add the four **rules** of the meditation process.

**Meditating on the Word of God
Practicing the Word of God
Giving the Word of God first place in your life
Instantly Obeying the Voice of Our Spirit**

As we apply these four principles to our daily lives, we can come to know the Will of God in even the minor details of life.

The soul (mind, will, emotions) is the conduit to the spirit. We always think first before we do anything. God communicates with our spirit. As we instantly obey our spirit, we will find that we are obeying the Holy Spirit. God said in His Word, “The spirit of man is the candle of the Lord, searching all the inward parts of the belly” (Proverbs 20:27). This means that God is going to use our own spirit to guide us. The spirit of man is the candle of the Lord. But before we can trust our own spirit we must sanitize our subconscious minds by practicing the following four rules.

**RULE ONE
Meditating on the Word of God**

“This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success” (Joshua 1:8).

After Moses’ death when God anointed Joshua to lead the children of Israel, God told him at the very outset of his ministry of the importance of meditating in the Word. Another translation of the last phrase of Joshua 1:8, quoted above, says “You will be able to deal wisely in the things of life.” Certainly we wouldn’t have good success if we could not deal wisely in the things of life. God told Joshua to meditate in the Word and that if he would do so God would make his way prosperous and he would have good success.

The most deeply spiritual men and women I have known are those who give time to meditation. One cannot develop spiritual wisdom without meditation in God's Word.

A pastor once told me that he had been trying to make a success of his church. He flew all over the country visiting many of the larger churches, studying their methods and trying to find out what made them successful. He would bring home various programs and ideas, but it seemed that they didn't work in his church. After hearing the Word of God regarding meditation, he decided to follow that course of action.

Daily he set aside a certain time for meditating rather than petitioning God. After thirty days had passed, at the close of his Sunday morning sermon a landslide of souls was at the altar. More people were saved in that one service than had been saved in that church in the past two or three years. His people were revived and he began to have good success.

His testimony can be that of any believer who will follow his example and spend time meditating in God's Word. Shut yourself alone with your spirit and shut the world out. If you have ambitions to do something worthwhile, I suggest that you begin by taking ten or fifteen minutes daily for meditation. Begin the development of your spirit through meditation.

Rule Two Practicing the Word of God

"But be ye doers of the word and not hearers only, deceiving your own selves" (James 1:22)

Practicing the Word is what James called being a "doer of the Word." Some people think that being a doer of the Word is keeping the Ten Commandments. However, under the new covenant we have one commandment - the commandment of love. If you love someone, you won't steal, kill or try to destroy him. You won't lie to him. Paul said love is the fulfilling of the law. If you walk in love you won't break any law that was given to curb sin.

In this verse of scripture James was urging believers to do primarily what is written in the epistles, to act upon this Word. For example, Paul wrote to the Philippians, “Be careful for nothing: but in everything by prayer and supplication with thanksgiving let your requests be made known unto God” (Philippians 4:6). The Amplified translation says, “Do not fret or have any anxiety about anything. But in everything in prayer and supplication let your request be known unto God with thanksgiving. Usually we practice only one part of this scripture. We don’t mind practicing the part that tells us to pray. But if we are just practicing one part and not the other, we are not practicing the whole Word. We are not a doer of the Word.”

First of all the Word said not to fret. If we are going to fret and have anxieties, then it isn’t going to do any good to make requests. If God said not to fret, then this means that we can keep from it. God is a just God and He won’t ask us to do something that we cannot do. There was a time when I believed that I could make my requests known unto God, but I had difficulty believing that I couldn’t fret. However, God said that we don’t have to fret. So I would say then that I refuse to fret or have any anxiety about anything. I would tell the Lord that I bring my requests to Him, and then I would thank Him. This quieted my mind and pacified the thoughts that the devil was trying to make me have. If this inner turmoil persisted, I would simply go right back to the above verse and read it again or make note of the issue. For months, I kept claiming that I would not fret. I kept practicing until one day I realized I didn’t need to practice as often. I realized my subconscious had developed to the point that it would go on automatic pilot when trouble arrived. My subconscious went into **RED ALERT** and the trouble on the outside was never allowed inside.

If we follow Paul’s advice and “do not fret or have anxiety about anything,” then we can believe God for the promise of the verse that follows: “And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus” (Philippians 4:7). Many people want what this seventh verse talks about, but they don’t want to do what the sixth verse says in order to get it. However, to receive this “peace...which passeth all understanding,” we must “Be careful for nothing; but

in every thing by prayer and supplication with thanksgiving let your request be made known unto God.”

“God’s peace will garrison and mount guard,” is the Amplified version of verse 7. It will keep guard over your heart and your spirit.

The education of our spirits comes by practicing the Word. Can you reap the results and have peace and complete rest without being a doer of the Word? No, we really can’t. Be a doer of the Word and you’ll grow spiritually.

RULE THREE

Giving the Word First Place in Your Life

“My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh” (Proverbs 4:20-22)

With so many different voices surrounding us, it is often difficult to stop and listen to the voice of the Word of God. Family and friends are always ready to give us their opinions and advice. However, an essential of training the spiritual man is learning to listen to what God’s Word has to say to us. It is giving the Word first place in our lives.

In the verses quoted above God tells us to do three things with His Word: to listen to it, to read it and memorize it. In verse 20 we read, “... incline thine ear unto my sayings.” Anytime the Bible is being read aloud - in church, in family devotions, on a gospel radio or television program - give attention to its words. Then verse 21 tells us, “Let them not depart from thine eyes ...” In other words, spend time alone reading God’s Word. Let it sink deep into your thoughts and your heart. Memorize it; encode it, as the second part of verse 21 tells us. “Keep them in the midst of thine heart.”

If we will do these three things, we will find that God’s Word is “... life unto those that find them and health to all their flesh.” We will enter into the life more abundant in Christ Jesus. We

will find physical healing for our bodies. All we need to do is to give God's Word first place in our lives.

RULE FOUR **Instantly Obeying the Voice of Our Spirit**

The soul transfers information to our spirit. The human spirit has a voice. Sometimes it is called intuition. We call it an inner guidance. It is our spirit talking to us. Every person's spirit has a voice, whether they are saved or unsaved. But the new birth is the rebirth of the human spirit. As you meditate upon the Word your subconscious becomes more sanitized, your 2A becomes 2B. At that point it can start to transfer more reliable information. You begin to go on **Automatic Pilot**. Now you can start to obey that information in your spirit because it's sanitized.

Some people say that the spirit isn't a safe guide because the information transferred to it is from the subconscious mind. But this isn't always true. When you consistently follow the four rules discussed in this message, your subconscious can be a reservoir of fresh clean water.

Your spirit has the life and nature of God in it, for the Holy Spirit dwells within you. It can be trained to hear God's voice through the Reticular Activation System (RAS). The devil can't be giving you information in your spirit because he is not in you. He is on the outside of you. God communicates with you through your spirit because that is where He is. For that communication to be pure, the sanitizing of the subconscious mind is critical.

"The spirit of man is the candle of the Lord..." (Proverbs 20:27). God will use your spirit to guide you. He will use it to enlighten you. As your spirit meditates and feeds upon the Word, then it becomes more and more of a safe guide. It is trained in the Word.

As we learn to obey the voice of our spirit, we will come to the place where we know what we should do in all phases of life. The Lord will guide us. "In all thy ways acknowledge him, and he shall direct thy ways" (Proverbs 3:6)