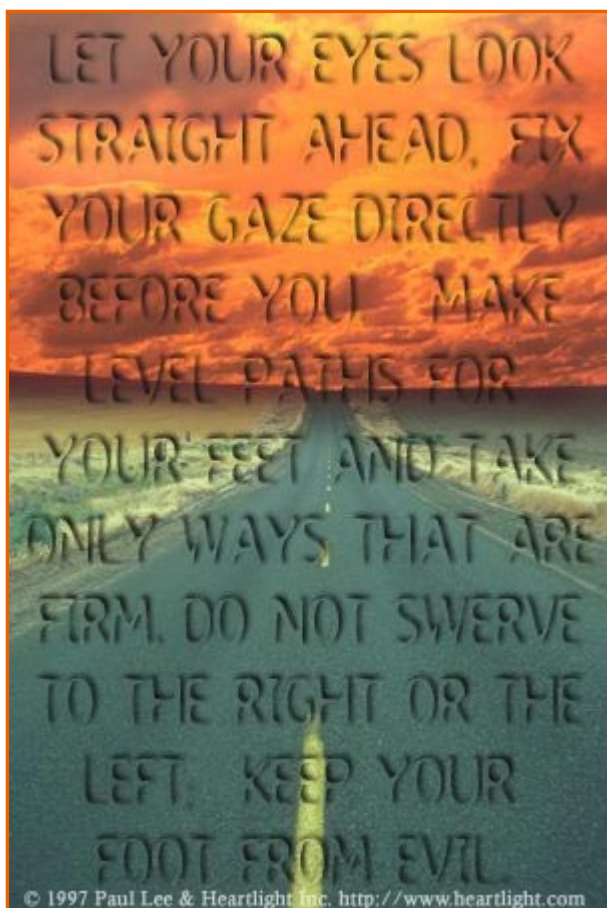


Melva's Corner



IS YOUR HEART BREAKING?

Tapping the Source of Power

Central Truth: When your heart is breaking, cry out to the One who hears and binds up the brokenhearted. If your heart is breaking, cry out to the One who is close to the brokenhearted and saves those who are crushed in spirit.

Question: "Can you die of a broken heart?"

Answer: "I don't know, but there are times when your heart is breaking that you wish you could die! It would be easier than enduring the pain."

Some hearts break because of unfulfilled love. Some hearts break due to unfulfilled dreams. Some hearts break because of the loss of a child, the loss of a parent, the loss of a friend, or the loss of a mate. Some hearts break when others are hurting and there is nothing that can be done to help them or to ease their pain. Jesus expressed this as described by Matthew, "When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd" Matthew 9:36.

When your heart is breaking, you want help. You long for relief. You long for someone who can fix it. Ron Peltzman's little children's book, "Mr. Bell's Fix It Shop," is the story of Mr. Bell,

a man who could fix just about anything, "Even a broken heart."

In Michael Card's song, "I Will Not Walk Away," these words speak the thoughts of a broken heart:

Don't read me pointless poems friend.

Don't diagnose. Don't condescend.

Though you may be right to disagree.

I need someone to weep with me.

When your heart is breaking, that is what we want, isn't it? We want to know that someone can fix this. When it cannot be fixed, we want to know that someone is there to weep with us. We don't always want explanations, even though we may ask for them. We don't need another book to read, or another famous quote, or another story that proves "You are not the only one who has ever had a broken heart." We need someone to weep with us. We need someone to comfort us.

Job had that from his three friends ... for awhile:

Then they sat on the ground with him for seven days and seven nights. No one said a word to him, because they saw how great his suffering was Job 2:13.

Unfortunately, for Job, they started talking.

Your heart may be breaking today. You may have spent the night weeping. You may be longing for someone to come sit and weep with you. You may be crying out to the Lord for help because you feel like a sheep without a shepherd.

I do not promise a Mr. Bell who can fix anything. I cannot promise that well-intentioned friends won't share "pointless poems" and useless platitudes. But I do promise that you can cry out to the Lord and that when you cry out you will be heard. And, I promise that the One who hears is close and will provide you the comfort you need.

The righteous cry out, and the Lord hears them; he delivers them from all their troubles. The Lord is close to the

brokenhearted and saves those who are crushed in spirit
Psalm 34:17-18 NIV.

Jesus said the following passage referred to Him:

The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the Lord's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion — to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor Isaiah 61:1-3 NIV.

When your heart is breaking, cry out to the One who hears and binds up the brokenhearted. If your heart is breaking, cry out to the One who is close to the brokenhearted and saves those who are crushed in spirit.

Scriptural References:

"When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd" Matthew 9:36.