

July 10, 2010

Dear Women of Saint Matthew's,

The Woman's Retreat at Chapel Rock is scheduled for Friday, October 29th through Sunday, October 31st. We are so excited about this opportunity to get away for relaxation, refreshment and renewal. Our retreat is entitled "Reflection: Rest, Reflect, & Redefine," and we have some wonderful events planned. However, there are a few items that need to be taken care of before we leave.

Registration:

The cost for the retreat is \$150.00, and must be **paid in full by Friday, October 1st**. A \$75.00 deposit will hold your spot for the retreat. This **deposit must be submitted, along with your application as soon as possible**. There are limited spaces available so please sign up early to ensure availability. Please make your checks payable to Saint Matthew's and note on the memo line that it is for the Saint Matthew's Woman's Retreat. Then, deliver it, along with your application, to Sheri Smith or Debby Hardy, or mail it to the church at the following address:

Saint Matthew's Episcopal Church
Attention: Debby Hardy
PO Box 1959
Chandler, Arizona 85244

Roommates:

The rooms at Chapel Rock are very much like a motel. Each room has a double bed and a single bed, a table with two chairs, a porch or balcony, and a private bathroom with shower. We will be staying two people to a room. If you would like to request a specific roommate we will try to accommodate you. Please indicate your roommate request on your application or contact Sheri Smith with your request at 480-726-8047 or qtpismith@yahoo.com.

Schedule:

You will need to arrive at Chapel Rock no later than 5:00 p.m on Friday, October 29th. We will be eating dinner, Dutch Treat, at Wildflower Bread Company by the mall in Prescott at 5:30. Following dinner, we will begin our first group gathering at 7:30. We will continue all day on Saturday, October 30th, with activities and some relaxation. The retreat will end on Sunday, October 31st, after breakfast and a Eucharist service that morning. If you would like to meet at In-and-Out Burger on the way home for lunch, Dutch Treat, feel free to do so.

What to bring:

Chapel Rock is a mile high and in the woods. Please wear warm comfortable clothing suitable for the area. Also, make sure to bring sweaters, jackets and appropriate shoes like tennis shoes or hiking boots. You will need to bring all bathroom supplies including soap and shampoo. Bed linens and towels will be provided. Please make sure and bring your Bible, a pen or pencil, and a prayer book if you have one. Please **do not** bring any electronic entertainment devices such as radios, I-pods, CD players etc. This is a retreat; you really won't need them. Also, please note that Chapel Rock is a NO SMOKING facility. A map to the Chapel Rock Conference Center is available online at www.chapelrock.net.

This retreat should prove to be a time of reflection, relaxation and spiritual growth for all. We thank God for the opportunity to gather and grow in His name. We look forward to seeing you in October.

Sincerely,
Sheri Smith, Debby Hardy, and Fr. John Hall