



Make 2006 Your Best Year Ever

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You can predict your future by _____

1. My Goals for 2006 are: _____

(A new skill to learn, adventures/fun, start a new career/switch jobs/shoot for a promotion, people to get closer to, problems to resolve, get fit, things/grudges to let go, etc.)

2. DEFINITION: A goal is _____

3. Go towards your goals one STEP at a time!

S _____

T _____

E _____

P _____

The "STEP" test
Is this a GOAL or a WISH?

+ I _____

4. My life's vision is _____

5. My life's mission is _____

6. Why do I want to accomplish these goals? How will I (or others) benefit from it?

7. What will my life be like if I don't accomplish these goals? _____

What would you need to believe in order to undoubtedly go for and accomplish this/these goal(s)? _____