

Note from the Director

We at SOCCER TOUCH ACADEMY are excited to be offering our Winter Academy Program for the 3rd year! Within our programs we will continue to focus on the development of all soccer skills needed to be a successful soccer player. In Colorado, our soccer landscape has changed dramatically in becoming a more competitive soccer state, which is creating more opportunities for players to find the right fit and meet their own individual needs. With all these changes in Colorado, our players are being looked at by a huge network of coaches who are willing to place players in the right environment, whether it be the at the club level, ODP level, or collegiate level. At **STA** our job is to coach and prepare players for these types of challenges, and we are confident that we can accommodate every players needs to help make players soccer goals and dreams a reality. However, if you just want continue to learn the game of soccer or just need more time to grow as a player, you are still strongly encouraged to join!

We provide very intense yet fun training sessions in which all ages can benefit. We are always challenging each player so we can help them develop a NEW LOVE for the game. **STA** believes that in order to be effective and productive, WE MUST LIMIT our programs to 24 players per session with 4 trainers so we can create a positive and personalized interaction between the players and coaches. If you are looking for an advanced soccer program at a GREAT VALUE, please don't hesitate to sign up! We recommend signing up soon, as these programs will fill up quickly in relation to the small number of participants allowed in each session.

Luis Dominguez Sr.

SOCCERTOUCHEACADEMY.COM



SOCCER TOUCH ACADEMY

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Loveland, CO 80539

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Director of Coaching

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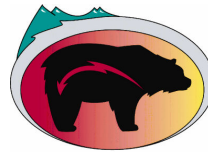
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Luis Dominguez Jr

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PEAK PERFORMANCE

Peak-performanceco.com

Address

7850 S. County Road 5
Windsor, CO 80528

Jason Halsey (CSCS)

Director
Cell # (970)988-2515

Email: Jason@peak-performance.com

SOCCER TOUCH ACADEMY



"For Players, Inspired by Players"

Winter Academy 2009-2010

November 30th - February 25th

Location
Arena Sports

PEAK PERFORMANCE



Winter Academy 2009-2010 Highlights

Peak Performance Collaboration



Peak Performance serves as a safe and essential sport specific training company organized to enhance ability while increasing confidence among athletes. Peak Performance is a high caliber addition to the serious athlete's daily workout or practice routine.

STA ran a pilot program incorporating Peak Performance and received tremendous positive feedback. We are happy to have it as a mainstay in our program this winter.

Introducing H.S. Girls Pre-tryout Academy!

Due to strong demand, STA is excited to offer the first every high school girls pre-tryout camp. This camp will spotlight both the physical and mental demands of a rigorous tryout process, preparing the student athletes to showcase themselves as total soccer players.

With the coaching staff's experience with women's soccer, STA believes that this will be an extremely beneficial experience for girls who are new and old to the tryout process. STA hopes to teach players ways to display themselves to get noticed on the field, instilling better habits that will help them reach their goals.

Guest Appearance: Colorado Rapids



STA is proud to welcome back Colorado Rapids player, Colin Clark as part of our winter coaching staff!

Main Focal Training Points

- **Passing & Receiving**
- **Movement off the ball**
- **Pattern Play**
- **Defending**
- **1 v 1 & 2 v 2 Attacking**
- **Speed & Agility (Peak Performance)**
- **Samba Soccer!!!**

Academy Dates & Times

Code 1: High School Girls Pre-Tryout Camp (Group 1)

Mondays & Wednesdays 4:30—5:30
Dates: Nov 30, December 2, 7, 9, January 4,6,11,13,18,20

Code 2: U11-U12 Boys

Mondays & Wednesdays 5:30—6:30
Dates: Nov 30, December 2, 7, 9, January 4,6,11,13,18,20

Code 3: High School Girls Pre-Tryout Camp (Group 2)

Tuesdays & Thursdays 4:30—5:30
Dates: December 1,3,8,10 January 5,7,12,14,19,21

Code 4: U13-U14 Boys

Tuesdays & Thursdays 5:30—6:30
Dates: December 1,3,8,10 January 5,7,12,14,19,21

Code 5: U11-U12 Girls

Mondays & Wednesdays 5:15—6:15
Dates: Jan. 25,27 Feb. 1,3,8,10,15,17,22,24

Code 6: U11-U12 Girls

Mondays & Wednesdays 6:15—7:15
Dates: Jan. 25,27 Feb. 1,3,8,10,15,17,22,24

Code 7: U13-14 Girls

Tuesdays & Thursdays 4:15—5:15
Dates: Jan. 26, 28 Feb. 2,4,9,11,16,18,23,25

Code 8: U8-U10 Boys & Girls

Tuesdays & Thursdays 5:15—6:15
Dates: Jan. 26, 28 Feb. 2,4,9,11,16,18,23,25

Code 9: U11-U12 Boys

Mondays & Wednesdays 4:15—5:15
Dates: Jan. 25, 28 Feb. 1,4,8,11,15,18,22,25

Code 10: U15-U18 Boys

Tuesdays & Thursdays 6:15—7:15
Dates: Jan. 26, 28 Feb. 2,4,9,11,16,18,23,25

What to Bring:

- Bring plenty of water
- Bring indoor cleats and flats (indoor shoes/running shoes to all sessions)

Academy Location:

- Arena Sports **7850 S County Road 5 Windsor CO, 80528**
- Arenasportsllc.com

Academy Deadlines:

- **Camp Applications for Code 1 –4 must be turned in by November 10th**
- **Camp Applications for Code 5-8 must be turned in by December 10th**

Several spots for our 2009-2010 Academy have already ben reserved! Please sign up soon. You won't want to miss this great opportunity!

Registration Form

Name: _____ DOB: _____

Address: _____

City: _____ Zip _____ Gender: M F

Phone: (H) _____ (C) _____

Email: _____

Current Team: _____ Coach: _____

Age: _____ Price: **\$195.00**

(Includes 10 hours of training & Academy Tshirt)

Check Appropriate Code:

____ Code 1 (HS Girls 1) ____ Code 2 (U11-U12 Boys)

____ Code 3 (HS Girls 2) ____ Code 4 (U13-U14 Boys)

____ Code 5 (U11-U12 Girls) ____ Code 6 (U11-U12 Girls)

____ Code 7 (U13-U14 Girls) ____ Code 8 (U8-U10 B&G)

____ Code 9 (U11-U12 Boys) ____ Code 10 (U15-U18 Boys)

PLEASE MAKE CHECKS PAYABLE TO: **SOCCER TOUCH ACADEMY**

PLEASE MAIL FULL PAYMENT AND APPLICATION TO:

1413 N. MONROE AVE, LOVELAND, CO 80538

YOU MAY ALSO FILL OUT AN APPLICATION AND PAY IN FULL AT SOCCER STOP IN FORT COLLINS

Hold Harmless Agreement

I agree to Hold Harmless Soccer Touch Academy Staff and anybody involved including facility grounds, arenas and or gymnasiums in the event of an injury occurring to my son/daughter who will participate in a program of skill, instruction and evaluation in the sport of soccer during any of these sessions. I recognize that participating in this camp has certain amount of risk and that an injury is always possible. Injuries may include cuts, fractures, other major injuries and abrasions. I certify that my son or daughter is, to the best of my knowledge, physically able to participate in this activity. I assume full financial responsibility for medical expenses for such injuries. I hereby authorize the Camp Director and staff to act for me in any emergency medical situation.

Parents Names (printed): _____

Parent's Signature: _____

Office Use Only:

Paid: _____ Amount : _____

Check# _____ D.D. _____