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What ^{is} Worship?



Michael Armstrong, worship leader for Metro, shares what God has taught him over the years about the meaning of worship.

"So whether you eat or drink or whatever you do, do it all for the glory of God."

1 Corinthians 10:31

"Real worship is just like 1 Corinthians 10:31. Whether you're brushing your teeth, having a conversation, eating a meal, playing golf, singing songs – whatever you're doing – you're "giving worth" to God. And in Metro, we don't play anything flashy, we don't have a big solo or anything that points to us. We're just all worshipping together. Whether you're in the band, running the words on the screens, in the audience listening or speaking – we're all worshipping Jesus Christ.

"Worship in America has, sadly, turned into waiting for your favorite song to play. You go to a service and wait for the band to play your favorite song – and you don't really worship until they do. Then, if they don't play your song, you leave all disappointed. But that's not what real worship is! Worship has nothing to do with your feelings. It's about who God is and what He's done for you. Jesus is the same yesterday, today and forever. And you should be able to worship Him no matter what song is playing...

"Think about it this way. If I'm in love with girl, and buy her a gift like flowers or something, my joy is made complete because I gave her some flowers. And because God allows us to worship Him, our joy is made complete. By giving Him worship, we are fulfilled and that brings us joy.

"Ultimately, the song that's playing or the beat of the music isn't why we worship. We worship because of Jesus Christ and what He has done for us."