

What is intervention?

A process by which a pattern of chemical dependency is interrupted in a manner intended to bring about positive change.

What are the goals of intervention?

- An agreement by the chemically dependent individual to become involved in an appropriate level of professional treatment.
- To educate family members/concerned others on alcohol and or drugs and their effects on the body, as well as other pertinent information.
- To assist the family members to identify any behaviors that could be enabling the chemically dependent individual to continue his/her destructive behavior.

What is the process of an intervention?

A series of meetings with a professional counselor that consist of....

- a screening to see if the chemically dependent individual is appropriate for an intervention;
- determination of the appropriate level of care needed for the chemically dependent individual;
- assessment of family members/concerned others knowledge of chemical dependency;
- educating family members/concerned others on the disease concept of chemical dependency;
- educating family members/concerned others on enabling behaviors;
- recalling specific behaviors exhibited by the chemically dependent individual;
- developing consequences for the chemically dependent individual if treatment is not accessed;
- a rehearsal of the intervention to ensure the participants are ready;
- determining the time and location of the actual intervention.

Who will/can participate in the intervention?

- The Chemically Dependent Individual;
- Family Members;
- Friends;
- Co-workers;
- Employers;
- Significant Others;
- Professional Counselor;
- Clergy.

Call Addiction Resource Council for more information: 262-524-7921

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