



# WORD BREAK

014 – LIVING A PRAISE FILLED LIFE (#1 YADAH)

Dear Child of God,

Welcome to our fourteenth edition of “WORD BREAK”, which is designed to give you a nugget from God’s Word to strengthen your daily walk.

GOD is looking for people on the earth who will consistently praise Him.

There are seven Hebrew words for praise that will change a believer’s life forever.

**Today, let’s take a look at word #1 called yadah.** This word is pronounced (yaw-daw’).

**Yad** means to open or extend the hand as in a direction. **Ah** refers to Jehovah God. So **yadah** means to open or extend your hands to God.

To yadah, you must get beyond the trials, circumstances, and troubles of this life. Begin to open and extend your hands to the Lord regardless of what it looks like or how you feel.

Another meaning of yadah is to shoot arrows. There are times when it is a sacrifice to give yadah to the Lord; these are the times to lift your hands toward Him anyway, as God will cause arrows to be released against every enemy you are facing.

Let’s take a look at Psalms 54:1-7.

*“1 Come with great power, O God, and rescue me!  
Defend me with your might.*

*2 Listen to my prayer, O God.*

*Pay attention to my plea.*

*3 For strangers are attacking me;  
violent people are trying to kill me.*

*They care nothing for God.*

*Interlude*

*4 But God is my helper.  
The Lord keeps me alive!*

*5 May the evil plans of my enemies be turned against them.  
Do as you promised and put an end to them.*

*6 I will sacrifice a voluntary offering to you;  
I will praise (yadah) your name, O LORD,  
for it is good.*

*7 For you have rescued me from my troubles  
and helped me to triumph over my enemies.” (NLT)*

David gave a sacrifice of extending open hands to the Lord right in the midst of Saul threatening his life. Those praise arrows that brought victory to David then will bring victory to you now.

Praise Him! Extend your hands toward Him, and watch God fight for you!

Thank you for joining me for this edition of “WORD BREAK”. See you this Sunday!



*Pastor Darrell McManus*

Questions or comments? E-mail us at [pastor@ctkc.net](mailto:pastor@ctkc.net)

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