

BPM	Live Weight		% Live Weig			0.09				
	1	1.25	1.5	1.75	2	2.25	2.5	2.75	3	
50	270	338	405	473	540	608	675	743	810	
55	297	371	557	520	594	668	743	817	891	
60	324	405	608	567	648	729	810	891	972	
65	351	439	658	614	702	790	878	965	1,053	
70	378	473	709	662	756	851	945	1,040	1,134	
75	405	506	759	709	810	911	1,013	1,114	1,215	
80	432	540	810	756	864	972	1,080	1,188	1,296	
85	459	574	861	803	918	1,033	1,148	1,262	1,377	
90	486	608	911	851	972	1,094	1,215	1,337	1,458	
95	513	641	962	898	1,026	1,154	1,283	1,411	1,539	
100	540	675	1,013	945	1,080	1,215	1,350	1,485	1,620	
105	567	709	1,063	992	1,134	1,276	1,418	1,559	1,701	
110	594	743	1,114	1,040	1,188	1,337	1,485	1,634	1,782	
115	621	776	1,164	1,087	1,242	1,397	1,553	1,708	1,863	
120	648	810	1,215	1,134	1,296	1,458	1,620	1,782	1,944	
125	675	844	1,266	1,181	1,350	1,519	1,688	1,856	2,025	
130	702	878	1,316	1,229	1,404	1,580	1,755	1,931	2,106	
135	729	911	1,367	1,276	1,458	1,640	1,823	2,005	2,187	
140	756	945	1,418	1,323	1,512	1,701	1,890	2,079	2,268	
145	783	979	1,468	1,370	1,566	1,762	1,958	2,153	2,349	
150	810	1,013	1,519	1,418	1,620	1,823	2,025	2,228	2,430	
155	837	1,046	1,569	1,465	1,674	1,883	2,093	2,302	2,511	
160	864	1,080	1,620	1,512	1,728	1,944	2,160	2,376	2,592	
165	891	1,114	1,671	1,559	1,782	2,005	2,228	2,450	2,673	
170	918	1,148	1,721	1,607	1,836	2,066	2,295	2,525	2,754	
175	945	1,181	1,772	1,654	1,890	2,126	2,363	2,599	2,835	
180	972	1,215	1,823	1,701	1,944	2,187	2,430	2,673	2,916	
185	999	1,249	1,873	1,748	1,998	2,248	2,498	2,747	2,997	
190	1,026	1,283	1,924	1,796	2,052	2,309	2,565	2,822	3,078	
195	1,053	1,316	1,974	1,843	2,106	2,369	2,633	2,896	3,159	
200	1,080	1,350	2,025	1,890	2,160	2,430	2,700	2,970	3,240	
205	1,107	1,384	2,076	1,937	2,214	2,491	2,768	3,044	3,321	
210	1,134	1,418	2,126	1,985	2,268	2,552	2,835	3,119	3,402	
215	1,161	1,451	2,177	2,032	2,322	2,612	2,903	3,193	3,483	
220	1,188	1,485	2,228	2,079	2,376	2,673	2,970	3,267	3,564	
225	1,215	1,519	2,278	2,126	2,430	2,734	3,038	3,341	3,645	
230	1,242	1,553	2,329	2,174	2,484	2,795	3,105	3,416	3,726	
235	1,269	1,586	2,379	2,221	2,538	2,855	3,173	3,490	3,807	
240	1,296	1,620	2,430	2,268	2,592	2,916	3,240	3,564	3,888	
245	1,323	1,654	2,481	2,315	2,646	2,977	3,308	3,638	3,969	
250	1,350	1,688	2,531	2,363	2,700	3,038	3,375	3,713	4,050	
255	1,377	1,721	2,582	2,410	2,754	3,098	3,443	3,787	4,131	
260	1,404	1,755	2,633	2,457	2,808	3,159	3,510	3,861	4,212	
265	1,431	1,789	2,683	2,504	2,862	3,220	3,578	3,935	4,293	
270	1,458	1,823	2,734	2,552	2,916	3,281	3,645	4,010	4,374	
275	1,485	1,856	2,784	2,599	2,970	3,341	3,713	4,084	4,455	
280	1,512	1,890	2,835	2,646	3,024	3,402	3,780	4,158	4,536	
285	1,539	1,924	2,886	2,693	3,078	3,463	3,848	4,232	4,617	
290	1,566	1,958	2,936	2,741	3,132	3,524	3,915	4,307	4,698	
295	1,593	1,991	2,987	2,788	3,186	3,584	3,983	4,381	4,779	
300	1,620	2,025	3,038	2,835	3,240	3,645	4,050	4,455	4,860	
305	1,647	2,059	3,088	2,882	3,294	3,706	4,118	4,529	4,941	
310	1,674	2,093	3,139	2,930	3,348	3,767	4,185	4,604	5,022	
315	1,701	2,126	3,189	2,977	3,402	3,827	4,253	4,678	5,103	
320	1,728	2,160	3,240	3,024	3,456	3,888	4,320	4,752	5,184	

BPM	Live Weight		% Live Weig			0.09				
	1	1.25	1.5	1.75	2	2.25	2.5	2.75	3	
325	1,755	2,194	3,291	3,071	3,510	3,949	4,388	4,826	5,265	
330	1,782	2,228	3,341	3,119	3,564	4,010	4,455	4,901	5,346	
335	1,809	2,261	3,392	3,166	3,618	4,070	4,523	4,975	5,427	
340	1,836	2,295	3,443	3,213	3,672	4,131	4,590	5,049	5,508	
345	1,863	2,329	3,493	3,260	3,726	4,192	4,658	5,123	5,589	
350	1,890	2,363	3,544	3,308	3,780	4,253	4,725	5,198	5,670	
355	1,917	2,396	3,594	3,355	3,834	4,313	4,793	5,272	5,751	
360	1,944	2,430	3,645	3,402	3,888	4,374	4,860	5,346	5,832	
365	1,971	2,464	3,696	3,449	3,942	4,435	4,928	5,420	5,913	
370	1,998	2,498	3,746	3,497	3,996	4,496	4,995	5,495	5,994	
375	2,025	2,531	3,797	3,544	4,050	4,556	5,063	5,569	6,075	
380	2,052	2,565	3,848	3,591	4,104	4,617	5,130	5,643	6,156	
385	2,079	2,599	3,898	3,638	4,158	4,678	5,198	5,717	6,237	
390	2,106	2,633	3,949	3,686	4,212	4,739	5,265	5,792	6,318	
395	2,133	2,666	3,999	3,733	4,266	4,799	5,333	5,866	6,399	
400	2,160	2,700	4,050	3,780	4,320	4,860	5,400	5,940	6,480	
405	2,187	2,734	4,101	3,827	4,374	4,921	5,468	6,014	6,561	
410	2,214	2,768	4,151	3,875	4,428	4,982	5,535	6,089	6,642	
415	2,241	2,801	4,202	3,922	4,482	5,042	5,603	6,163	6,723	
420	2,268	2,835	4,253	3,969	4,536	5,103	5,670	6,237	6,804	
425	2,295	2,869	4,303	4,016	4,590	5,164	5,738	6,311	6,885	
430	2,322	2,903	4,354	4,064	4,644	5,225	5,805	6,386	6,966	
435	2,349	2,936	4,404	4,111	4,698	5,285	5,873	6,460	7,047	
440	2,376	2,970	4,455	4,158	4,752	5,346	5,940	6,534	7,128	
445	2,403	3,004	4,506	4,205	4,806	5,407	6,008	6,608	7,209	
450	2,430	3,038	4,556	4,253	4,860	5,468	6,075	6,683	7,290	
455	2,457	3,071	4,607	4,300	4,914	5,528	6,143	6,757	7,371	
460	2,484	3,105	4,658	4,347	4,968	5,589	6,210	6,831	7,452	
465	2,511	3,139	4,708	4,394	5,022	5,650	6,278	6,905	7,533	
470	2,538	3,173	4,759	4,442	5,076	5,711	6,345	6,980	7,614	
475	2,565	3,206	4,809	4,489	5,130	5,771	6,413	7,054	7,695	
480	2,592	3,240	4,860	4,536	5,184	5,832	6,480	7,128	7,776	
485	2,619	3,274	4,911	4,583	5,238	5,893	6,548	7,202	7,857	
490	2,646	3,308	4,961	4,631	5,292	5,954	6,615	7,277	7,938	
495	2,673	3,341	5,012	4,678	5,346	6,014	6,683	7,351	8,019	
500	2,700	3,375	5,063	4,725	5,400	6,075	6,750	7,425	8,100	

BPM	3.25	3.5	3.75	4	4.25	4.5	4.75	5
50	878	945	1,013	1,080	1,148	1,215	1,283	1,350
55	965	1,040	1,114	1,188	1,262	1,337	1,411	1,485
60	1,053	1,134	1,215	1,296	1,377	1,458	1,539	1,620
65	1,141	1,229	1,316	1,404	1,492	1,580	1,667	1,755
70	1,229	1,323	1,418	1,512	1,607	1,701	1,796	1,890
75	1,316	1,418	1,519	1,620	1,721	1,823	1,924	2,025
80	1,404	1,512	1,620	1,728	1,836	1,944	2,052	2,160
85	1,492	1,607	1,721	1,836	1,951	2,066	2,180	2,295
90	1,580	1,701	1,823	1,944	2,066	2,187	2,309	2,430
95	1,667	1,796	1,924	2,052	2,180	2,309	2,437	2,565
100	1,755	1,890	2,025	2,160	2,295	2,430	2,565	2,700
105	1,843	1,985	2,126	2,268	2,410	2,552	2,693	2,835
110	1,931	2,079	2,228	2,376	2,525	2,673	2,822	2,970
115	2,018	2,174	2,329	2,484	2,639	2,795	2,950	3,105
120	2,106	2,268	2,430	2,592	2,754	2,916	3,078	3,240
125	2,194	2,363	2,531	2,700	2,869	3,038	3,206	3,375
130	2,282	2,457	2,633	2,808	2,984	3,159	3,335	3,510
135	2,369	2,552	2,734	2,916	3,098	3,281	3,463	3,645
140	2,457	2,646	2,835	3,024	3,213	3,402	3,591	3,780
145	2,545	2,741	2,936	3,132	3,328	3,524	3,719	3,915
150	2,633	2,835	3,038	3,240	3,443	3,645	3,848	4,050
155	2,720	2,930	3,139	3,348	3,557	3,767	3,976	4,185
160	2,808	3,024	3,240	3,456	3,672	3,888	4,104	4,320
165	2,896	3,119	3,341	3,564	3,787	4,010	4,232	4,455
170	2,984	3,213	3,443	3,672	3,902	4,131	4,361	4,590
175	3,071	3,308	3,544	3,780	4,016	4,253	4,489	4,725
180	3,159	3,402	3,645	3,888	4,131	4,374	4,617	4,860
185	3,247	3,497	3,746	3,996	4,246	4,496	4,745	4,995
190	3,335	3,591	3,848	4,104	4,361	4,617	4,874	5,130
195	3,422	3,686	3,949	4,212	4,475	4,739	5,002	5,265
200	3,510	3,780	4,050	4,320	4,590	4,860	5,130	5,400
205	3,598	3,875	4,151	4,428	4,705	4,982	5,258	5,535
210	3,686	3,969	4,253	4,536	4,820	5,103	5,387	5,670
215	3,773	4,064	4,354	4,644	4,934	5,225	5,515	5,805
220	3,861	4,158	4,455	4,752	5,049	5,346	5,643	5,940
225	3,949	4,253	4,556	4,860	5,164	5,468	5,771	6,075
230	4,037	4,347	4,658	4,968	5,279	5,589	5,900	6,210
235	4,124	4,442	4,759	5,076	5,393	5,711	6,028	6,345
240	4,212	4,536	4,860	5,184	5,508	5,832	6,156	6,480
245	4,300	4,631	4,961	5,292	5,623	5,954	6,284	6,615
250	4,388	4,725	5,063	5,400	5,738	6,075	6,413	6,750
255	4,475	4,820	5,164	5,508	5,852	6,197	6,541	6,885
260	4,563	4,914	5,265	5,616	5,967	6,318	6,669	7,020
265	4,651	5,009	5,366	5,724	6,082	6,440	6,797	7,155
270	4,739	5,103	5,468	5,832	6,197	6,561	6,926	7,290
275	4,826	5,198	5,569	5,940	6,311	6,683	7,054	7,425
280	4,914	5,292	5,670	6,048	6,426	6,804	7,182	7,560
285	5,002	5,387	5,771	6,156	6,541	6,926	7,310	7,695
290	5,090	5,481	5,873	6,264	6,656	7,047	7,439	7,830
295	5,177	5,576	5,974	6,372	6,770	7,169	7,567	7,965
300	5,265	5,670	6,075	6,480	6,885	7,290	7,695	8,100
305	5,353	5,765	6,176	6,588	7,000	7,412	7,823	8,235
310	5,441	5,859	6,278	6,696	7,115	7,533	7,952	8,370
315	5,528	5,954	6,379	6,804	7,229	7,655	8,080	8,505
320	5,616	6,048	6,480	6,912	7,344	7,776	8,208	8,640

BPM	3.25	3.5	3.75	4	4.25	4.5	4.75	5
325	5,704	6,143	6,581	7,020	7,459	7,898	8,336	8,775
330	5,792	6,237	6,683	7,128	7,574	8,019	8,465	8,910
335	5,879	6,332	6,784	7,236	7,688	8,141	8,593	9,045
340	5,967	6,426	6,885	7,344	7,803	8,262	8,721	9,180
345	6,055	6,521	6,986	7,452	7,918	8,384	8,849	9,315
350	6,143	6,615	7,088	7,560	8,033	8,505	8,978	9,450
355	6,230	6,710	7,189	7,668	8,147	8,627	9,106	9,585
360	6,318	6,804	7,290	7,776	8,262	8,748	9,234	9,720
365	6,406	6,899	7,391	7,884	8,377	8,870	9,362	9,855
370	6,494	6,993	7,493	7,992	8,492	8,991	9,491	9,990
375	6,581	7,088	7,594	8,100	8,606	9,113	9,619	10,125
380	6,669	7,182	7,695	8,208	8,721	9,234	9,747	10,260
385	6,757	7,277	7,796	8,316	8,836	9,356	9,875	10,395
390	6,845	7,371	7,898	8,424	8,951	9,477	10,004	10,530
395	6,932	7,466	7,999	8,532	9,065	9,599	10,132	10,665
400	7,020	7,560	8,100	8,640	9,180	9,720	10,260	10,800
405	7,108	7,655	8,201	8,748	9,295	9,842	10,388	10,935
410	7,196	7,749	8,303	8,856	9,410	9,963	10,517	11,070
415	7,283	7,844	8,404	8,964	9,524	10,085	10,645	11,205
420	7,371	7,938	8,505	9,072	9,639	10,206	10,773	11,340
425	7,459	8,033	8,606	9,180	9,754	10,328	10,901	11,475
430	7,547	8,127	8,708	9,288	9,869	10,449	11,030	11,610
435	7,634	8,222	8,809	9,396	9,983	10,571	11,158	11,745
440	7,722	8,316	8,910	9,504	10,098	10,692	11,286	11,880
445	7,810	8,411	9,011	9,612	10,213	10,814	11,414	12,015
450	7,898	8,505	9,113	9,720	10,328	10,935	11,543	12,150
455	7,985	8,600	9,214	9,828	10,442	11,057	11,671	12,285
460	8,073	8,694	9,315	9,936	10,557	11,178	11,799	12,420
465	8,161	8,789	9,416	10,044	10,672	11,300	11,927	12,555
470	8,249	8,883	9,518	10,152	10,787	11,421	12,056	12,690
475	8,336	8,978	9,619	10,260	10,901	11,543	12,184	12,825
480	8,424	9,072	9,720	10,368	11,016	11,664	12,312	12,960
485	8,512	9,167	9,821	10,476	11,131	11,786	12,440	13,095
490	8,600	9,261	9,923	10,584	11,246	11,907	12,569	13,230
495	8,687	9,356	10,024	10,692	11,360	12,029	12,697	13,365
500	8,775	9,450	10,125	10,800	11,475	12,150	12,825	13,500