

Competing Demands of Academic or Professional Life The Importance of a Plan

H. Stanley Judd:

A good plan is like a road map: it shows the final destination and usually the best way to get there.

George S. Patton:

A good plan today is better than a perfect plan tomorrow.

John Argenti:

A plan is a list of actions arranged in whatever sequence is thought likely to achieve an objective.

Earl Nightingale:

All you need is the plan, the road map, and the courage to press on to your destination.

Chuck Knox:

Always have a plan, and believe in it. Nothing happens by accident.

My Life Goals

Date: (Review and Revise Every Year)

Please write a goal oriented statement for each of the 6 Commitments Listed Below:

Commitment to Academic/Professional Excellence

- For example, I pledge to present 1 paper a year at a national conference.

Commitment to Personal Development

- For example, I pledge to take a Spanish language class.

Commitment to Career Development

- For example, I pledge to remain in contact with my references by sending them updates twice a year.

Commitment to Service

- For example, I pledge to join and support the local YMCA's Strong Kids Program.

Commitment to Financial Security

- I pledge to develop a budget and review it for effectiveness quarterly.

Commitment to Family

- For example, I pledge to take my mother to dinner once a month.