



Cheerleading Rules of Conduct

Use kind words.

Always Remember: Love is patient, love is kind. 1 Corinthians 13:4

Keep your hands to yourself.

Respect other people's personal space.

Use good listening skills.

Speak at appropriate times.

Follow directions as given.

Be respectful to everyone.

Use good manners.

Clean up your area properly.

Come to practice prepared.

Always use a positive way of thinking.

Always Remember: You can do all things through Christ which strengthens you! Philippians 4:13

Cheerleading Discipline Policy

In order to ensure the safety of the cheerleaders and the quality of the cheerleading experience, the following steps will be taken when the rules of conduct are not followed:

- Step 1: Group Reminder
- Step 2: Individual Reminder and Correction
- Step 3: 1st Individual Warning and Correction
- Step 4: 2nd Individual Warning and Correction
- Step 5: 3rd Individual Warning and Correction at which time
 - *The cheerleader will be asked to sit out for an age appropriate amount of time
 - *The cheerleader's parent will need to sign and return a disciplinary slip

If the situation arises where a disciplinary slip is sent home for three consecutive practice sessions or games, a parent meeting will be requested to discuss a plan to resolve the issue.

I, _____, understand the rules listed above and agree to do my best and to follow them each time I attend cheerleading practice or a game. I understand the coaches will remind me of the rules and help me follow them, but if I make poor choices, I may be asked to sit out and not participate. I understand these rules exist to keep me safe and to make sure everyone has fun while at cheerleading.

Cheerleader Signature (or printed name)

Date

Parent Signature

Date