



**2009 PAYETTE LAKES
MOUNTAIN TRIATHLON
McCALL, IDAHO**

**Saturday
August 1st, 2009**

OLYMPIC & TEAMS:

**1.5 Km SWIM
40 Km BIKE
10 Km RUN**

SPRINT:

**1.0 Km SWIM
20 Km BIKE
5 Km RUN**

A fund-raiser for the
PAYETTE LAKES SKI CLUB

Thanks to your continued support of events like this one, we are able to operate the Little Ski Hill and the Youth Programs. The Little Ski Hill Alpine area and Nordic trails are located 3 miles north of McCall on Highway 55.

Mountain Triathlon
P.O. Box 1561
McCall, ID 83638

In consideration of the acceptance of my entry in this event, I hereby for myself, my executors, administrators, heirs, next of kin, and successors WAIVE, RELEASE, AND DISCHARGE the following persons or entities: Payette Lakes Ski Club, event sponsors, the City of McCall, Valley County, the State of Idaho and any of their respective officers, directors, employees, representatives, agents and volunteers from any and all liability for my death, injury, property damage, property theft, or actions of any kind which may hereafter accrue to me as a result of my participation in, and/or traveling to/from the Mountain Triathlon. I hereby acknowledge a triathlon carries with it the potential for death, serious injury, and property loss. I hereby assume the risks of participating in a triathlon.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during the Mountain Triathlon.

This acknowledgment, waiver, and release from liability shall be construed broadly to release and waiver to the maximum extent permissible under the applicable law.

I hereby certify that I have read this document and I understand its contents. **ALL TEAM MEMBERS MUST SIGN**

_____ Date _____

Individual or Swimmer Signature

_____ Date _____

Cyclist's Signature

_____ Date _____

Runner's Signature

Parent or Guardian must sign for all participants under 18 years of age.