

PAYETTE LAKES YOUTH TRIATHLON

JULY 31ST, 2009

WHERE: McCall Middle School, Barbara Morgan Elementary School, and Woodlands Swimming Pool. Please park in either school parking lot. Finish is near the middle school.

START TIMES: YOUTH: Friday, July 31st, 2009 - 5 p.m.
(ADULT: Saturday, August 1, 2009 - 9:00 a.m.; register at sportsbaseonline.com)

REGISTRATION: Additional registration forms available at Gravity Sports, Hometown Sports, Rudy's gym, The Sports Club, or online at www.littleskihill.org

REGISTRATION FEE: \$10.00 (participation gift included).

DIVISIONS

DISTANCE

5-6 years old:	Swim* 30 yards (2 lengths), bike 0.6 miles, run 0.25 miles. *Swimmers in this division may use a kick board or flotation device.
7-9 years old:	Swim 60 yards (4 lengths), bike 1 mile, run 0.5 miles.
10-12 years old:	Swim 90 yards (6 lengths), bike 1.5 miles, run 0.75 miles

SAFETY: Life guard will be on duty. Bicycle helmets are required.

For questions or comments email suzanne64@frontiernet.net

-----REGISTRATION FORM-----

Name _____ Age _____ Male / Female Phone _____

Address _____ City _____ State _____ Zip _____

Contact email address _____

Please read and sign waiver.

In consideration of the acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter occur to me against Payette Lakes Ski Club, City of McCall, McCall-Donnelly School District, The Woodlands Home Owners Association, Valley County, any sponsors, volunteers, and participants from all claims or liabilities of any kind arising out of my participation in this event. I further assume all risks involved in this activity and the risk of any injury therefrom or relating thereto. I have read the above statement, I understand it, and my signature confirms its full acceptance.

Signed _____ Date _____

I, as the parent or legal guardian, do hereby give my consent for my above-named child to participate in the above-named event and I do hereby understand and accept for my child and myself the above Declaration of Release.

Signed _____ Date _____

**Mail registration and payment to: Payette Lakes Youth Triathlon, PO Box 4391, ID 83638.
Please make checks payable to: Payette Lakes Ski Club.**