## Germon Motes:

## Ed Bialon

## **Eight Helps for Anxiety/Depression**

(Philippians 4:4-7)

I. FIRST: A Question
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A. Do you want to \_\_\_\_\_? (John 5:5-6)

## II. Godly Council

A. Wisdom is better than (Proverbs 8:11)

## III. Christian Fellowship

A. Joseph was the son of \_\_\_ Acts 4:36)

## IV. Take care of your body

A. Be in good health as your \_\_\_\_\_ prospers (3 John 1:2)

## V. Stay Connected with God

A. Don't be anxious but P (Philippians 4:6)

**VI/VII** A. Put \_\_\_\_\_ on your head (PS 23:5)

B. Jesus came to give His life and also to S \_\_\_\_\_ (Mark 10:45)

## VIII. Don't give up

A. You work will be \_\_\_\_\_ (2 Chron 15:7)

# OVERLAND

Church of Christ

8875 Lackland Rd Overland, MO 63114

#### Schedule of Services

#### Sunday

Worship: 10:30 am (also live on the church's FB page) Bible Study: 5:00 pm

#### Wednesday

Wonderful Wednesdays 7:00 pm Bible Class: 7:00 pm (also live on the church's FB page) **Songs** - Ken Roberts

#### **Elders**

Doug Azwell David Bradley

### Minister

**Fd Bialon** 

#### Office

314-427-4412

#### **Email**

cofcpreacher@outlook.com STLoverlandcofc@gmail.com

### Website

www.overlandchurchofchrist.com

## **Happy Day Preschool**

314-427-0353

## Order of Worship

Welcome - Doug Azwell

**Opening Prayer** - Doug Lewis

**Scripture Reading** - Richard Williams

### Philippians 4:4-7

(Blue Pew Bibles pg. 1163)

**Communion** - David Bradley

(Children dismissed to Bible Hour during song)

### Song

Sermon - Ed Bialon

Eight Helps for Anxiety/ **Depression** 

Invitation Song:

**Closing Remarks:** Doug Azwell

**Closing Prayer -**

Growing in Faith, Serving in Love, Sharing our Hope



## Prayer List

**Bill & Shirley Chilton** Colene Gordon **Anita Adams** Karen Hunt Jeanette Schwyhart **Don & Donna Haskins** Wanda Baker **Chris Tucker** Floyd Jackson Michelle Campbell **Walter Hampton** Karen Stephens

**Katherine Barnes** Susan Lvnn Bernice Johnson **Betty Salley** 

**Mona Childs Evelyn Rawson** 

Wayne Rush, Pam Bradley's bro-in-law **Art Tucker** Matt Wheeler Doug Lewis' Mom Savannah Bailey, Nick Kampouris relative Barbara Johnson, Michelle Campbell's neighbor **Tony Rodriquez** 

**Dennis Hageman** 

Patti Carroll



## Birthdays

Aug 14: Bill Jamison Aug 15: Bill Chilton Aug 17: Jeff Holland Aug 17: Lisa Moon Aug 20: Maurice Shields

## Anniversaries

Aug 19: John & Virginia liames Aug 20: Larry & Anita Adams



## **UPCOMING EVENTS**

TONIGHT: Sun PM services Aug 20: Ladies Lunch 2 pm

Sep 11: Sun PM Bible Classes begin Sep 19: Ladies Devo @ McHam's

@ 7 pm



Every Wed Night: Class in the Teen room @ 7 pm Wonderful Wed for K-5th grade every Wed @ 7 pm

### Bible Hour

Today:

Next Week: Kelsey McHam

Volunteers are NEEDED

## Our Faith in Action

AM Worship: 85 Sun FB: Sun PM: 34 Wed Bible Class:

Wed FB:

\$3.281 Contribution:

\$17,911 Missions:

## Prayers

Shirley Chilton is on hospice care Mary Hodges, Lenwood's wife—health issues Our Sympathy to Linda Tippett on the loss of her Aunt last week

## Family News

- No attended Nursery, you may use the training room in the back of the auditorium.
- Contributions can be placed in the black box in the back.
- Please pick up a communion kit on your way in & toss it in the trash on your way out. THANK YOU!
- From The Elders: The elders would like to change the time of our Bible Classes starting Sep 11th, from Sun morning at 9:30 am to Sun @ 5 pm. This would provide opportunities for all of our families to attend a class for their age level (children, teens, adults). Since we already have an adult class meeting on Sun Evenings, this seemed to be a good move. We realize that going back to Bible classes post pandemic involves a commitment & a change from the routine we have had the past 2 yrs. We are hoping this new schedule will provide more family time together in study, in fellowship, & in service. Also, keep in mind this will be on a trial basis. Please see the elders with your questions & comments. Thank you ~ David & Doug
- Ladies Luncheon: Saturday Aug 20th @ 2 pm At Panera Bread Co. 12226 St. Charles Rock Rd, Bridgeton.
- Ladies Ministry: 17 ladies attended the planning mtg and plans were made beginning with a Devo @ Kelsey McHam's home Sep 19th @ 7 pm (notes available for those who were unable to attend are on the back table or emailed to you.)