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To Whom It May Concern:

I'm pleased and honored to write this letter of recommendation for Cyndi Silva. I believe her skills, experience and the person she is would be of exceptional benefit to any team.

I'm a retired high school visual arts teacher and have known Cyndi for over six years in a variety of capacities. She is and has been my life coach for the past six years. Her guidance and support have nurtured me and provided the opportunity for continued, sustained growth and success in reaching my highest potential in many aspects of life.

I've been a participant in workshops that Cyndi has offered and met in a weekly study group she organized and led for approximately five years. Topics of conversation and support she provided included nutrition, fitness, coaching, intuition, spirituality and much more. Cyndi is an excellent leader, facilitator and communicator; both verbal and written. She is highly respected and known by many in the community.

I've also participated in yoga classes where she always did an excellent job of communicating and modeling the poses in addition to assisting with form and proper breathing. She was masterful at creating sacred space with her calming presence and humble leadership. Her commitment to students insured that all would receive what they needed from the experience. She demonstrates care, compassion and approachability to all in her groups.

I've interacted with websites Cyndi's created for others and on her personal business website, Metaphysical Wisdom & Intuition Network. All of her work demonstrates good visual design & marketing skills, and the ability to create an experience for users to explore and use with ease.

In the time I've known Cyndi I have observed her commitment, vision, integrity, relationship building, good listening skills, and her ability to prioritize to efficiently accomplish goals and keeps things running smoothly. Cyndi has the unique combination of a big picture perspective combined with grounded and practical common sense.

Accordingly, I recommend Cyndi without reservation for a position with any organization. She's an asset wherever she's involved.

Please feel free to contact me if I can be of any further assistance.

Sincerely,
Cathie Wemlinger