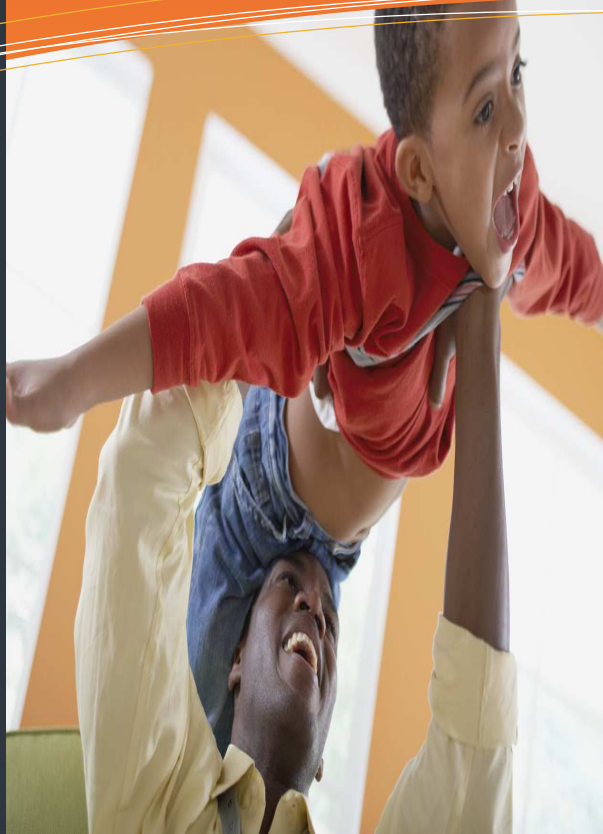


Fostering Changes Facilitator Course



The Fostering Changes Programme

An evidence based programme giving you confidence in the foundation theories and constructs of its development.

A course supported by DCSF and noted in Care Matters as a premier course for Foster Carers.

A programme that ensures Foster Carers gain real skills in behaviour identification and management.

A course that supports the longevity and stability of placements.

SESSION ONE

What is a Facilitator?
Accreditation
Fostering Changes Programme
Principles of Adult Learning
Social Learning Theory, ABC's
Attachment
Learning Styles
Using Icebreakers & Energisers

SESSION TWO

How the Brain Works
Play
Attending
Praise
Communication Skills
Reflecting Skills
Group Resources
Preparation for Participant
Presentations

The **Fostering Changes Facilitator Course** covers all aspects of the Fostering Changes Programme and is designed to give you first hand experience of understanding and delivering the Programme.

This four day course examines Adult Learning Principles so you can put into practice modeling Praise, Attending, Rewards and 'I' messages with Foster Carers in your very own Fostering Changes Programme.

Session One kicks off with loads of information about the Course itself, the Fostering Changes Programme, Accreditation and more. Session Two is jam packed with difference. Attending is one of the most powerful tools available in creating attachment. This enhancement to the Programme offers your Carers more ability to work with their children. We then go on to cover Praise, Education, Reading and Homework and Rewards.

In this Session you also get the opportunity to plan and deliver your own presentation of the Fostering Changes material giving you practice and the chance to become even more familiar with the material.

Sessions Three and Four continue the theme of developing your knowledge of the Fostering Changes Programme along with ensuring you get involved with loads of role plays and exercises.

Our trainers model the nurturing style that is needed by you to support Carers through the course.

All course contents are listed on the left side of this information overview.



**Institute of
Psychiatry**
at The Maudsley



SESSION THREE

Needs and Behaviour
Managing Feelings
CBT (including NAT's)
Problem Solving
'I' Messages
Giving Good Instructions
Ignoring
Discipline

SESSION FOUR

Context of Education
Natural/logical consequences
Family Rules
Time-out from positive reinforcement
Endings
Stress Management and Relaxation

CONSULTATION

A one day consultation session that provides you with supervision whilst you are delivering your Fostering Changes Programme. We will cover:
Recruitment and retention
Attending
Delivery and Adult Learning
Send in your issues and we will cover them at the session.

For more information
please visit us on the Web:

Why do this Course?



The Facilitators Course is being rolled out in England from 2009 to 2010. Our aim is to train 3 staff members within Fostering Service teams in all 152 Local Authorities.

This is a unique opportunity for you to gain Facilitator skills and knowledge of the Fostering Changes Programme in one course.

You will be able to deliver the Programme with confidence and ease with the knowledge that the skills you are imparting to Foster Carers are evidence based.

Fostering Changes is a flagship course for Foster Carers that provides them with the practical skills to manage placements. In turn it enables you to have increased confidence in your Carers skills and abilities to make a significant difference to a looked after child's life.

Overview

- A four day course to prepare you as a Facilitator to deliver the Fostering Changes Programme
- Each day runs from 10.00 a.m. to 4.00 p.m.
- A light lunch and refreshments are provided each day to keep you well nourished and ready to learn.
- The course covers the content of all 12 sessions of the Fostering Changes Programme to prepare you in delivering it to Foster Carers.
- The course covers Adult learning theory and principles so you can use these in the delivery of your Fostering Changes Programme.
- A ONE DAY Consultation course is provided FREE of CHARGE following completion of the Facilitators Course to provide you with support while you are delivering your own Fostering Changes Programme.

SUPPORT SERVICES

One day Consultation following completion of the Facilitators Course

Book on line:
www.fosteringchanges.com

Telephone bookings
020 8478 5450



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