

A photograph of a modern, bright interior space, likely a waiting area or consultation room. The room features large windows with white frames and blinds, allowing natural light to fill the space. In the foreground, there are several modern chairs with white and green seats and light-colored wooden legs. A wooden table is partially visible on the right. The floor is made of light-colored wood-look tiles. A semi-transparent dark grey box is overlaid at the bottom left, containing the text 'CLINICAL SERVICES' in white, bold, sans-serif capital letters.

**CLINICAL  
SERVICES**

# WELCOME TO CLINICAL SERVICES AT MY VOICE

The My Voice Clinical Services team offers participants a range of therapeutic supports including:

- speech and language therapy services
- behaviour support, and
- early childhood intervention

## How can the clinical services team help me?

The team provides participants and families with the right information to make informed choices around their therapeutic supports.

We offer direct intervention for adult and child participants, consultations with families to offer clinical advice around funding, engagement of other clinicians, supporting clinical documentation for an NDIS annual review, help with understanding legislation and collaborating with their current service providers to aid in a streamlined approach. We also offer consultation sessions to Service Providers who may request additional training.

Our clinicians take the time to develop a holistic, long term view of your care and support arrangements. Positive plan outcomes and improving your capacity and capability are important aspects of our service.

## More information

For more information on our services please review this guide or call us on **0438 320 068** from 9am to 5pm, Monday to Friday or email [clinicalservices@ymyvoice1.com.au](mailto:clinicalservices@ymyvoice1.com.au).

Alternatively, you can ask your My Voice Support Coordinator for more information.

## **SPEECH THERAPY: How can it help me?**

### **Functional communication**

Functional assessment and intervention identifies and supports people with complex communication needs. We use a consultative framework for assessment and intervention, working collaboratively with the client as well as the people who support them. This approach includes training support people how to best support the client with their communication needs on a day to day basis. If needed, we can assist with implementing an alternative communication system (using gestures, body language, pointing to words or pictures) that best meet our client's needs.

### **Social skills**

Speech pathology services can help an individual understand rules for social interaction and awareness of body language, facial expressions, emotions and voice tone to improve social interactions.

### **Literacy skills**

Literacy skills include speech pathology sessions to support individuals who have difficulties reading (decoding words and understanding written text), spelling and writing.

### **Speech**

Speech pathology services can support clients to increase their speech intelligibility. This includes strategies to speak more clearly and to be understood by their communication partner.

### **Mealtime management**

Mealtime management plans can assist people with complex swallowing difficulties and behaviours which place them at risk of choking. We can support individuals in the home or out in the community, such as attending day programs or in the workplace.

### **Early intervention childhood supports**

Early Intervention (before a child reaches age six) is crucial to the development of speech and language. Research shows the earlier we provide therapy supports to children with developmental delays, the more skills they will be able to acquire.

We can support children with their development of speech, language and play/social skills within the home and the community such as at school and preschool.

## **BEHAVIOUR SUPPORT: how can it help me?**

### **Functional assessments**

Functional assessments are used to identify gaps in a participant's skill set that are limiting their independence. This may include addressing skill deficits in activities of daily living, communication and verbal behaviour, social skills, sequencing and scanning.

An intervention plan is developed to address how to teach new skills that enable appropriate, alternative behaviours.

### **Behaviour support**

Early Intervention Childhood Behaviour Support can assist your child by identifying gaps in their developmental milestones and developing intervention plans to help them catch up. This may include daily living skills (e.g. toileting), social skills, listening and attending skills, preschool skills, Independent play skills, visual perceptual skills, transition skills, and much more.

Your Behaviour Specialist can develop strategies with you to support your child's challenging behaviour. Strategies can help address rigidity around routines, physical aggression, failure to generalise skills across settings, hyperactivity, obsessive compulsive behaviour, adaptability to change and more.

We can also support you to develop transition plans from preschool to school and assist in the development of individual education plans with your schools.

## **SPECIALIST BEHAVIOUR SUPPORT: How can it help me?**

Specialist Behaviour Support is a specific category of support to help you develop an interim or comprehensive behaviour support plan where there are restrictive practices in place.

Behaviour Specialists must complete a Function Based Assessment and develop function-based interventions that are evidence based.

Your Behaviour Specialist can assist by explaining the legislation around Restrictive Practices, the Authorisation Process (if applicable), training all relevant stakeholders in the implementation of the Behaviour Support Plan, collaborating with medical professions around medication management that influence behaviour and tracking the effectiveness of certain strategies.