

# COMMUNITY ADVISORY COMMITTEE

## Minnesota Perinatal Quality Collaborative

The MNPQC is a network of organizations, medical providers, content experts and community voices led by Minnesota Perinatal Organization (MPO) in partnership with the Minnesota Department of Health (MDH). MNPQC seeks to improve perinatal health through a variety of methods including the promotion of community engagement of evidence-based practices.

## Mission

The Community Advisory Community (CAC) works to bring together patients, families, and community members through collaborative equity approaches that improve health outcomes for moms, families and babies in both the metro and rural Minnesota. The CAC will be used to inform the MNPQC in their initiatives.

# CURRENT INITIATIVES

## Preterm Birth Reduction

An increase in the number of women who receive preventative preterm birth care is part of the MNPQC Preterm Birth Prevention Quality Improvement Initiative. In 2017, 8.9% of all births in Minnesota were premature. There are significant disparities by race and ethnicity within the rate of premature births. This initiative aims to assess health system barriers and facilitate solutions, increase provider knowledge of the use of progesterone to decrease preterm birth and implement a standardized process for prevention and evaluation for those at-risk. Through collaboration of women, practitioners, health systems and community members a reduction in premature births and an improvement in pregnancy outcomes for women and families in Minnesota can be made.

## Hypertension during Pregnancy

Pregnant women at risk for hypertensive disorders of pregnancy do not always receive counseling for and treatment with low dose aspirin to reduce their risk. In addition pregnant and postpartum women who are diagnosed with a hypertensive disorder of pregnancy and have an acute hypertensive crisis are not consistently receiving treatment within 60 minutes of the hypertensive emergency. The prevalence of racial disparities with respect to hypertensive disorders needs to be addressed. Another need has been identified for greater education for clinic and hospital staff to promote the use of low dose aspirin.

## Opioid Use

Rates of Neonatal Abstinence Syndrome has increased nationally and in Minnesota where it is highest in the greater Northwest region. The focus of the Opioid Supplement initiative works to implement collaborative interventions to improve health outcomes for pregnant/postpartum mothers and babies with an emphasis of capacity building across greater Minnesota. The intervention will focus on three systems to aid women with opioid use disorder. The systems include: provider training, protocol implementation and screening and linkage to care.

### **STRUCTURE**

- Mothers and families
- Non-profit organizations
- Community organizations
- Community advocates

### **GET INVOLVED**

- Come join us!
- Time commitment will be determined by the group
- We are actively looking for a chair; if you are interested let us know
- Pass along this information to others who may be interested

For more information, please contact

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