



**Developmental Neurogenetics Clinic**

Neurology Department

Mailing Address:

CRP Building North

5th Floor, Suite 5240

185 Cambridge Street

Boston, MA 02114

Tel: 617.726.5732 Fax: 617 724.9620

<http://www.massgeneral.org/neurology/childneurology/services/neurogenetics.htm>

[www.mghlysosomal.org](http://www.mghlysosomal.org)

**Katherine B. Sims, M.D.**

Director

Tel: 617.726.5718

E-mail: [ksims@partners.org](mailto:ksims@partners.org)

**Marsha F. Browning, M.D., MPH**

Lysosomal Storage Disorder Program

Tel: 617.726.5732

E-mail: [mfbrowning@partners.org](mailto:mfbrowning@partners.org)

**Virginia Clarke, R.N.**

Lysosomal Storage Disorder Program

Clinical and Research Nurse

Tel: 617.726.8830

E-mail: [vclarke1@partners.org](mailto:vclarke1@partners.org)

19 November 2009

To whom it may Concern;

Mrs. Catherine Horowitz is a 41 year old woman with a clinical history of myoclonus, movement disorder and early cognitive difficulties. Through extensive diagnostic evaluation we have recently diagnosed her with late-onset neuronal ceroid lipofuscinosis (NCL). This is often referred to as Kufs disease. This disorder is one of the NCL lysosomal disorders in which clinical symptomatology suggesting this disease is confirmed by identification of characteristic pathologic changes on biopsy. No biochemical markers have been identified to facilitate diagnosis.

Mrs. Horowitz's recently deceased father, August Abbatemateo, also had a progressive movement disorder and dementia. In her father, the diagnosis of Kufs was also made by pathologic recognition of lysosomal inclusions seen in these disorders. Together the data, from Catherine and her father, suggests that this is an autosomal dominant neurodegenerative disease in this family.

The NCL disorders are a group of genetically inherited neurodegenerative diseases exhibiting both genetic locus and phenotypic heterogeneity. In the rare late-onset form (Kufs) no gene(s) have yet been identified. Family studies reported in the literature, and known to me personally, suggest that both an autosomal dominant and an autosomal recessive form exist. The clinical phenotype in Kufs can be quite variant, usually has onset in the late 30s or early 40s, and can include abnormalities of movement, ataxia, seizures, cognitive (dementia) and/or neuropsychologic difficulties. Only rarely has retinal degeneration, and subsequent visual loss, been clinically evident in the late-onset form of NCL.

In order to understand the etiology of Kufs, the pathobiology of the cellular effects, and to develop more effective management and treatment, a number of research approaches are being pursued throughout the world. These research strategies include: genetic linkage studies (family, SNP) aimed at finding gene(s) responsible for this disorder; biochemical or protein work looking to identify the aberrant or missing protein(s); induced pluripotent stem cell (iPS) generation with a goal of establishing cell and neuronal culture model systems to study the biology of these disorders and to test hypothesis and possibly treatments; high throughput genomic screening/sequencing ; proteomic and metabolomic studies to try and identify changes in the disease that might highlight aberrant metabolic pathways primarily or secondarily important in the disease process. At the current time, unfortunately, management in Kufs disease remains symptomatic.

Sincerely yours,

Katherine B. Sims, M.D.

Director, Neurogenetics Clinic, Massachusetts General Hospital

Associate Professor of Neurology, Harvard Medical School

[ksims@partners.org](mailto:ksims@partners.org)



## Late-onset neuronal ceroid lipofuscinosis (Kufs disease)

### References:

Burneo JG, Arnold T, Plamer CA, Kuzniecky RI, Oh SJ, Faught E. Adult-onset neuronal ceroid lipofuscinosis (Kufs disease) with autosomal dominant inheritance in Alabama. *Epilepsia* 2003;44(6):841-846.

Ivan CS, Saint-Hilaire MH, Christensen TG, Milunsky JM. Adult-onset neuronal ceroid lipofuscinosis type B in an African-American. *Movement Disorders* 2005;20(6):752-767.

Jalanka A, Braulke T. Neuronal ceroid lipofuscinoses. *Biochimica et Biophysica Acta* 2009;1793:697-709.

Jaynes M, Gutmann L, Schochet SS, Sims KB, Sleat DE, Gal A, Bruck W, Goebel HH. Adult neuronal ceroid-lipofuscinosis, 2009, submitted.

Nijssen PCG, Brusse E, Leyten ACM, Martin JJ, Teepe JLJM, Roos RAC. Autosomal dominant adult neuronal ceroid lipofuscinosis: Parkinsonism due to both striatal and nigral dysfunction. *Movement Disorders* 2002; 17(3):482-487.

Nijssen PCG, Ceuterick C, van Diggelen OP, Elleder M, Martin J-J, Teepe JLJM, Tyynela J, Roos RAC. Autosomal dominant adult neuronal ceroid lipofuscinosis: a novel form of NCL with granular osmophilic deposits without palmitoyl protein thioesterase 1 deficiency. *Brain Pathol.* 2003;13:574-581.

Wisniewski KE Neuronal Ceroid Lipofuscinoses. [www.GeneReviews.org](http://www.GeneReviews.org), 2006.