PART 5.4 OF THE NMAS FLIGHT INSTRUCTION MANUAL

NMAS/ MAAA - GOLD WINGS TEST FORMAT

- 1 DEXTERITY, THEORY, and PRE-FLIGHT CHECKS
- 2 TAXI OUT AND TAKE OFF
- 3 RECTANGULAR APPROACH CIRCUIT, Procedure Turn, OPPOSITE CIRCUIT, Procedure Turn.
- 4 OUTWARD FIGURE OF EIGHT

Rectangular Circuit

5 INWARD FIGURE OF EIGHT

Rectangular Circuit

6 PROCEDURE TURN at end of runway, return over runway, P TURN opposite end

Rectangular Circuit

7 CUBAN EIGHT, procedure turn, CUBAN EIGHT opposite direction

Procedure turn

8 IMMELMAN TURN, followed by IMMELMAN TURN in opposite direction (gain height)

Rectangular circuit (retain height)

9 SINGLE OUTSIDE LOOP (NMAS)

Rectangular circuit (lose height)

10 THREE CONSECUTIVE INSIDE LOOPS, Procedure Turn, REPEAT IN OPPOSITE DIRECTION

Procedure Turn

11 THREE CONSECUTIVE ROLLS, Procedure Turn, THREE CONSECUTIVE ROLLS opposite direction

Procedure Turn

12 INVERTED RECTANGULAR CIRCUIT (MAAA/NMAS)

Rectangular Circuit

13 STALL TURN (NMAS), return over runway, STALL TURN other end of runway

Rectangular Circuit (gain height)

14 THREE TURN SPIN OR SPIRAL DIVE

Rectangular Circuit

15 TOUCH AND GO ON RUNWAY (MAAA/NMAS)

Rectangular Circuit

- 16 LAND ON THE RUNWAY (MAAA/NMAS)
- 17 TAXI BACK AND SHUT THE MOTOR DOWN

Updated on 28 Sept 2010 - The CFI and one Instructor are required to be present for the Gold Wings test. The test shall be carried out in one session of no more than 4 consecutive flights. TEST MANOEUVRES IN **BOLD**, LINK MANOEUVRES IN *ITALIC*, ADDITIONAL NMAS MANOEUVRES IN **RED**.