

PART 5.4 OF THE NMAS FLIGHT INSTRUCTION MANUAL

NMAS/ MAAA - GOLD WINGS TEST FORMAT

1 DEXTERITY, THEORY, and PRE-FLIGHT CHECKS

2 TAXI OUT AND TAKE OFF

3 RECTANGULAR APPROACH CIRCUIT, *Procedure Turn*, OPPOSITE CIRCUIT, *Procedure Turn*.

4 OUTWARD FIGURE OF EIGHT

Rectangular Circuit

5 INWARD FIGURE OF EIGHT

Rectangular Circuit

6 PROCEDURE TURN at end of runway, *return over runway*, P TURN opposite end

Rectangular Circuit

7 CUBAN EIGHT, *procedure turn*, CUBAN EIGHT opposite direction

Procedure turn

8 IMMELMAN TURN, *followed by IMMELMAN TURN in opposite direction (gain height)*

Rectangular circuit (retain height)

9 SINGLE OUTSIDE LOOP (NMAS**)**

Rectangular circuit (lose height)

10 THREE CONSECUTIVE INSIDE LOOPS, *Procedure Turn*, REPEAT IN OPPOSITE DIRECTION

Procedure Turn

11 THREE CONSECUTIVE ROLLS, *Procedure Turn*, THREE CONSECUTIVE ROLLS opposite direction

Procedure Turn

12 INVERTED RECTANGULAR CIRCUIT (MAAA/NMAS**)**

Rectangular Circuit

13 STALL TURN (NMAS**), *return over runway*, STALL TURN other end of runway**

Rectangular Circuit (gain height)

14 THREE TURN SPIN OR SPIRAL DIVE

Rectangular Circuit

15 TOUCH AND GO ON RUNWAY (MAAA/NMAS**)**

Rectangular Circuit

16 LAND ON THE RUNWAY (MAAA/NMAS**)**

17 TAXI BACK AND SHUT THE MOTOR DOWN