



Delivered by the

National Disability  
Insurance Agency

# National Disability Insurance Scheme (NDIS) plan

**Name:**

**NDIS number:**

**NDIS plan starts: 15 September 2016**

**NDIS plan will be reviewed by: 15 September 2017**

The National Disability Insurance Agency (NDIA) will contact me about my plan review before the review date.

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**I will tell the NDIA when something important changes (or is going to change), like moving house, starting work or school, or if my goals change.**

**If I have any questions, or if my circumstances change, I can contact the NDIA in any of the following ways:**

- Telephone NDIA on 1800 800 110
- If I use a TTY, phone 1800 555 677 and ask for 1800 800 110
- If I use Speak and Listen (speech-to-speech relay), phone 1800 555 727 and ask for 1800 800 110
- If I use the National Relay Service, visit their website at <http://relayservice.gov.au> and ask for 1800 800 110.





## Part 1: About me

This part of my Participant Statement is about me, my daily life and the people in my life.

### Where I live and the people who support me

Participant lives in a DHHS Shared Supported Accommodation with five other residents and receives active night support. Parents play an important role in participant's life, and spend time with him regularly. Parents are appointed plenary guardians and his financial administrators. Participant spends time with parents almost every Sunday and on Wednesday evenings. Participant has an older brother, a sister-in law and a niece, and nephew . Participant spends time with his extended family on special occasions throughout the year.

### My daily life

Participant attends Aspect Day Centre in Northcote five days per week. Travels to and from Aspect via the house vehicle with another resident. Participant has been attending since 1997 and currently participates in a number of activities including; gardening in a local community garden, exercise, swimming, art therapy and music therapy. Participant is a very active person who requires support at all times when out and about as he may wander off and has limited road safety awareness. Participant requires support with most personal care tasks. Participant has many skills and should be actively supported to be as independent as possible when undertaking daily living tasks and household chores. Participant accesses many community and mainstream stream services currently. Participant has a fortnightly massage, music therapy, and goes out for dinner one night per week with staff support. Participant also enjoys going out on the weekends with his housemates.

Participant has a very detailed Person Centred Plan, which was developed by support staff and parents. Participant also has a positive behaviour Support Plan. Please read these documents as they contain a lot of valuable information about the Participant and how Participant should be supported. Participant is non-verbal and underwent a Communication Assessment with Scope in 2011 and a Sensory Assessment with Scope in 2012. It is important that the recommendations within these assessments are implemented and reviewed regularly.

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## Part 2: My goals

This part of my Participant Statement lists the goals I want to work towards during this plan.

### **My First Goal is:**

**During this plan: To further increase my communication skills**

### **My Second Goal is:**

**During this plan: To increase my independence in everyday living tasks and my participation in chosen activities**

### **My longer term goals and aspirations are:**

Goal: To explore alternate housing options  
Relates to: Choice and control over my life

Goal: To increase my engagement and independence when out in the community  
Relates to: Daily life





## Part 3: My supports

These are the supports that will help me work towards my goals.

### Family and friends

These are who the NDIS calls 'informal' supports.

### My informal supports

- Family:
- Participant spends time with his parents almost every Sunday and on Wednesday evenings. Participant enjoys seeing his extended family at special occasions.

### Services and community groups

These supports might include things like health or mental health services, schools or education services, community groups, sporting or hobby clubs, or other government services. These are what the NDIS calls 'community and mainstream' supports.

### My community and mainstream supports

- Participant accesses assistance from the following health professionals on a regular basis:

General Practitioner - Participant has been seeing Dr ..... for many years. and knows Participant well.

Dentist

Podiatrist

Massage

Therapy:

Participant has a fortnightly massage at home, and pays for this personally.

Music Therapy:

- Participant likes music and enjoys participating in music therapy at home.

### NDIS reasonable and necessary supports budgets

I can choose how I spend the amount in each budget listed below by checking the NDIS price list and the matching supports on the NDIS website at [ndis.gov.au/participants](http://ndis.gov.au/participants)

Where a support is listed in my plan as 'stated', I must purchase this support as it is described in my plan. I cannot swap 'stated' supports for any other supports.









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<b>Support Area:</b>	<b>Improved daily living</b>
<b>Budget:</b>	\$
<b>Details:</b>	Communication Assessment and Implementation hours. Assessments to determine Paul's support needs and recommend most appropriate model of accommodation into the future.
<b>How will the supports be paid:</b>	NDIS will pay me directly for these supports
<b>Support Area:</b>	<b>Home modifications</b>
<b>Budget:</b>	\$
<b>Details:</b>	Specialist Disability Accommodation
<b>How will the supports be paid:</b>	NDIS will pay my support provider directly for these supports
<b>Support Area:</b>	<b>Support coordination</b>
<b>Budget:</b>	\$
<b>Details:</b>	Plan Support Co-ordination  Specialist Disability Accommodation Support Co-ordination - Exploration of future housing options and co-ordination of associated assessments
<b>How will the supports be paid:</b>	NDIS will pay me directly for these supports
<b>Support Area:</b>	<b>Transport</b>
<b>Budget:</b>	\$
<b>Details:</b>	Assistance with transport
<b>How will the supports be paid:</b>	NDIS will pay me directly for these supports.
<b>Support Area:</b>	<b>Core supports</b>
<b>Budget:</b>	\$
<b>Details:</b>	Continance aides  Assistance in shared living arrangement Group based community, social and recreational activities Individualised support to participate in community, social and recreational activities
<b>How will the supports be paid:</b>	NDIS will pay me and my support provider directly for these supports.