

# Innovations in Education, LLC

Early Childhood Education Training Solutions for Individuals & Programs

10400 Hardwood Ct / Woodstock, MD 21163 / 410.370.2837 / CKO – 1962

[www.innovationsed.com](http://www.innovationsed.com)

Fall 2011 Newsletter



"**Innovation**— any new idea—by definition will not be accepted at first. It takes repeated attempts, endless demonstrations, monotonous rehearsals before innovation can be accepted and internalized by an organization. This requires **courageous patience**."

— Warren Bennis

## A message from the owner:

One of the greatest frustrations in Early Childhood Education is the lack of recognition that caregivers receive. Caring for young children can be one of the most challenging professions, and yet it is also one of the most rewarding. Early Education and Care providers must stay current on research about child growth and development, have good communication skills, and provide a warm, safe, nurturing environment in which the needs of children and parents are met. Is your program accredited or working towards accreditation? The Maryland State Department of Education has funds available to support you. (see pages 2 and 5)

At Innovations in Education, LLC we believe you deserve respect and recognition for your dedication and commitment to young children. It is our goal is to help support you in implementing best practices by providing the most current information about child development as well as the highest quality services to help you be the best in your field. Our trainers and staff are here to help you any way we can. If you are a participant in the Maryland Child Care Credential Program, we will assist you in applying for vouchers or reimbursements for your professional development. (see page 2)

In this issue of the Innovations in Education, LLC Newsletter, we highlight the importance of understanding the research about brain development. In the past 10 years, our knowledge and understanding of brain development has exploded. The implication of this research has had a profound effect on what we know about caring for young children and how young children learn. (see page 3-4) Our workshops will help you understand the research and how to use the research in your daily practice. (see page 6)

Let us know how we're doing! We welcome your input and feedback! Check us out on Facebook for the most current information about what's going in Early Childhood Education.

A handwritten signature in black ink that reads "Randi Albertsen".

Randi Albertsen  
Owner  
Innovations in Education, LLC

## Got Credentials?

**What:** The Maryland Child Care Credential Program is a voluntary program to encourage childcare providers to go beyond the basic requirements of state licensing and registration regulations. Credentialed providers are eligible for up to \$1,000 per year from MSDE and up to \$400 in training vouchers each year.

**Why:** The goals of the credential program are to produce a well-qualified work force, increase the overall quality of child care programs, and **improve the status and increase compensation for child care providers.**

**How:** Set personal, long-term career goals. Determine an appropriate training plan to meet your goals. Take training from appropriate and approved training organizations such as Innovations in Education, LLC. Complete professional activity units.

**When:** NOW! Complete your initial application; submit all required paperwork including training completed in the past 5 years.

**Just starting an initial application for the Maryland Childcare Credential?** Our training specialists will be happy to review your past training hours and make suggestions on what additional training you may need to meet your requirements. We can also help you develop a training plan based on your long term career goals.

**Apply for training vouchers or reimbursement:** At each of our workshops, our trainers will be happy to assist you in completing the paperwork for training vouchers or reimbursement. Just ask!

---

“People rarely succeed unless they have fun in what they are doing.”

– Dale Carnegie

---

### **\*\*NEW\*\***

#### **Healthy Beginnings: Supporting Development and Learning from Birth through Three Years of Age**

The Maryland State Department of Education (MSDE) has recently launched the new “Healthy Beginnings” developmental guidelines for children birth through age three. These guidelines have been recently revised, and were formerly called “The Guidelines for Healthy Child Development.” The guidelines can be used as a reference guide, or as a resource for planning activities.

To support the use of *Healthy Beginnings*, MSDE has also launched a new website. The guidelines can be downloaded from the website. In addition, the website contains an interactive activity planner. A parent can enter the age of the child, and a location for an activity, such as “on the playground,” “on the go,” “at home,” and “in the kitchen.”

\*\*\*NEW for providers: the activity planner allows you to enter the age range of your children, and then choose a Domain for activity ideas. The website planner will then generate three activity ideas that can be used.

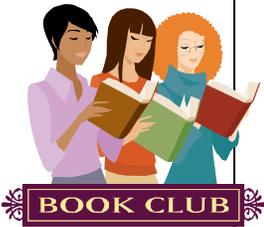
[www.marylandhealthybeginnings.org](http://www.marylandhealthybeginnings.org)

See page 9 for training dates.



Please visit our website for full services and registration materials:

[www.innovationsed.com](http://www.innovationsed.com)



### Recommended Reading from the Innovations in Education Staff:

*Mind in the Making: The Seven Essential Life Skills Every Child Needs* – Ellen Galinsky

*Brain-Based Teaching in the Digital Age (The Developing Brain: Birth to Age 8)*-  
Marilee Sprenger

*Brain Based Early Learning Activities* –Nikki Darling- Kuria

For brain development, 3 is like pushing middle age.

--Dr. Jack Shonkoff, [Center on the Developing Child](#)

## Brain Development and Early Learning

Excerpted from "Early brain development research review and update" by Pam Schiller, *Exchange*, Nov/ Dec/ 2010

### **Why is brain development so important to early learning?**

We've learned that there are windows of opportunity in children for each area of development. Providing supports to infants, toddlers, and young children during these windows of opportunity enhances and promotes optimal development.

### **How has the research influenced program practice?**

- Too much clutter and decoration in a room can be distracting to a young child. Setting up an environment that balances decoration and neutral wall space helps children focus better.
- Varied experiences help the brain form connections. Repetition helps the brain store these connections and strengthens them.
- Talking with infants and toddlers throughout the day helps them build strong language skills
- Building relationships with young children helps develop social-emotional skills and provides the foundation for school readiness

### **What's next in applying brain research to our practices?**

--Music and language development are far more connected than previously thought. New research shows that an awareness of music is critical to a baby's language development. (Deutsch, 2010)

- **What to do:** sing, sing, sing; talk to babies in a sing-songy voice, incorporate music throughout the day.

--Sensory stimulation is critical to learning. New research shows that hands-on exploration contributes to understanding abstract concepts, but also builds higher level thinking skills (Cabrera and Cotosi, 2010). Movement and exercise have been shown to help build the brain's infrastructure for learning and memory. Using gestures while speaking also helps children understand and make meaning from the world around them. (Goldin-Meadow, 2010)

- **What to do:** Provide many hands-on learning experiences; create opportunities for movement throughout the day; use gestures when communicating and tune in to the gestures of young children as they communicate; provide opportunities to engage the senses.

--Sleep is critical for strengthening memories and solving problems. Current research has found that while we sleep, the brain is busy processing information from our day. During sleep, memories and information are stored in ways that help us access and use the information when we awaken.

- **What to do:** Talk with parents about the importance of sleep; promote nap time for all children; make sure you get enough sleep each night.

**"Without play, peak performance is impossible. By play, I mean any activity that engages the imagination."**

—Edward Hallowell

Current research on brain development, and the research of Daniel Goleman, author of *Emotional Intelligence* (1996), has led the way for schools and businesses to rethink the value of social-emotional skills.

“Most of us have assumed that the kind of academic learning that goes on in school has little or nothing to do with one’s emotions or social environment. Now neuroscience is telling us exactly the opposite. The emotional centers of the brain are intricately interwoven with the neurocortical areas involved in cognitive learning. When a child trying to learn is caught up in a distressing emotion, the centers for learning are temporarily hampered. The child’s attention becomes preoccupied with whatever may be the source of the trouble. Because attention is itself a limited capacity, the child has that much less ability to hear, understand, or remember what a teacher or a book is saying. In short, there is a direct link between emotions and learning.” (Goleman, 2010, <http://danielgoleman.info/>)

## Brain Based Activity Ideas:

**Infants:** From *125 Brain Games for Babies*, Jackie Silberg

- Exposing your baby to many different sensations will broaden her awareness of herself and the world.
- Try rubbing your baby's arms with different fabrics. Satin, wool, and terrycloth are good fabrics to start with.
- Give your baby an opportunity to experience different smells. Go outside and smell a flower. Smell a freshly cut orange.
- *Note: Be careful not to overstimulate your baby. Watch for signs that your baby is tired of the game.*

### What brain research says

*What babies see and smell cause brain connections to be made, especially if the experiences happen in a loving, consistent, predictable manner.*

**Twos:** From *Games to Play with Two Year Olds*, Jackie Silberg

- Find a place to make a sticker trail on the floor. Make sure you use stickers that won't stick permanently!
- Make a path on the floor that ends behind a chair or sofa.
- Show your child how to follow the path to the very end.
- At the end of the path, have a doll or stuffed animal waiting for a hug.
- Pretend to be a dog "woofing" along the path. When you reach the end of the path, give the doll a hug and say, "Woof, woof."
- Keep repeating the game with different animals. A cat, a cow, a duck, and a pig all make sounds that your two-year-old will love.

**Threes:** From *Science is Simple*, Peggy Ashbrook

- Go outdoors on a sunny day.
- Try tasting, smelling, and listening to sunlight.

### **What to Talk About:**

- How can we sense sunlight?
- Can we taste it?
- Can we hear it?
- Can we smell it? (We can feel it.)
- What happens if we get a lot of sunshine on our skin? (Sunlight is light and another kind of energy called ultraviolet radiation. Our skin turns darker to protect our inside layers from this energy.)

**Fours:** From *The I Can't Sing Book*, Jackie Silberg

- Pick a song that your child likes. Sing the song several times to be sure that she knows the words.
- Sing the song and begin to leave out words. Start by leaving out the last word of each line.
- As your child begins to understand and enjoy this game, take turns singing the song and stopping at any point for the other person to continue the song.

---

**The average four year-old child asks over  
four hundred questions a day.**

*Enjoy your day!*

---

**Be a Trend Setter**

The Maryland State Department of Education has funding available to support all of your efforts and program improvement and professional development. Check out these links for more information.

- <http://tiny.cc/5zwwm> MSDE Accreditation Support Fund
- <http://tiny.cc/x5170> Credential Training Vouchers and Reimbursement
- <http://tiny.cc/p0pkk> Child Care Career and Professional Development Fund



**Check for Excellence**

MSDE is introducing its new Quality Rating and Improvement System, Maryland EXCELS; Excellence Counts in Early Learning and School-Age Child Care. A pilot program is underway.

<http://tiny.cc/l22bh>

**Brain Fun for You!**

Check out these websites to keep your noggin in top shape.

- <http://tiny.cc/2qlf0>
- <http://www.gamesforthebrain.com/>
- <http://www.positscience.com/>

*Looking for an inclusive group of people, motivated by a shared learning vision, who support and work with each other to inquire about their practice and together learn new and better approaches to enhance children's learning?*

One of our **Professional Learning Communities** may be just the right thing for you!

Contact us for more information

410-370-2837

**Training Tracks**

Training tracks are a series of workshops designed to help you easily meet your licensing, credentialing, or CDA training requirements. Our training tracks have been designed to provide you with workshop content that is specific to the age of children you serve, as well as, workshops that apply to any age group. Training Tracks A, B, C, and D are offered at the discounted rate of **\$85 per person per track (12 COK hours each track)**. See pages 7-11 for more details about each workshop.

TRACK A Environment	TRACK B Curriculum (preschool)	TRACK C Healthy Beginnings	TRACK D - Brain Research - Infant/ Toddler/ Twos
9/12/2011 Foundations of Quality Care	9/19/2011 The Great Outdoors	10/19/2011 Module 1, part 1	9/15/2011 Creating Inviting Spaces for Infants/ Toddlers and Twos
9/20/2011 Developmentally Appropriate Practice: The Basics	9/28/2011 ***NEW*** Dance, Sing and Create All Through the Day	10/26/2011 Module 1, part 2	10/4/2011 Nurturing Attachment
10/15/2011 Environments for Learning	11/1/2011 Interactive Circle Time	11/9/2011 Module 2, part 1	10/17/2011 ***NEW*** Sensory Based Learning
10/18/2011 Learning Through Play	11/7/2011 Math is More Than Counting	11/16/2011 Module 2, part 2	12/5/2011 Infants and Toddlers: Nurturing Early Brain Development

## Workshops That Incorporate Brain Research

- Foundations of Quality Care
- The Great Outdoors
- Sensory Based Learning
- Creating Inviting Spaces
- Environments for Learning
- Tantalizing Twos
- Smart Start: Developing Life Long Learners
- Infants and Toddlers: Nurturing Early Brain Development
- Nurturing Attachment
- Learning About Children: Observation and Documentation

### REGISTRATION POLICIES

- **ALL workshop participants MUST pre-register.** There will be NO exceptions. Participants are required to register and pay for workshops in advance. Participants may register online, by fax, or by mail. All payments must be received prior to the start of the workshop. ***Walk-ins will NOT be accepted.***
- **Registrations are accepted in the order in which they are received.** You will receive a confirmation notice within one week of the date your registration was received. If your registration is received less than one week prior to a workshop, you will receive confirmation by phone.
- **Refund policy:** We recognize that situations change, but our instructors must plan and prepare for workshops in advance. Refund requests must be made at least one week prior to the scheduled workshop. Unless otherwise noted, all refund requests are subject to a \$5 administrative fee. Refund requests made between 24 hours and one week prior to the workshop may receive credit for a future workshop. *Refunds will not be given for non-attendance or for requests made within 24 hours of the start of the workshop.*
- **Cancellation and change policy:** Please register early! Class sizes are limited. Workshops with insufficient enrollment will be cancelled. If a workshop must be cancelled due to limited enrollment or instructor illness, registrants will be contacted immediately and a full refund will be issued. Innovations in Education, LLC reserves the right to change the location or instructor of a workshop when necessary.
- **Inclement weather policy:** In the event of inclement weather, Innovations in Education, LLC will follow the Howard County Public School System weather closures. When winter weather is questionable, decisions about evening workshops will be made by 3pm. Weather related decisions for weekend classes will be made by 6am. Please call 410-370-2837 or visit our website, [www.innovationsed.com](http://www.innovationsed.com), for the most current workshop status.
- **Late arrivals will NOT be admitted.** Classes will begin and end promptly. In many instances, building security will not be available to open doors for late arrivals. Please arrive 15 minutes prior to the start of the workshop to sign in and to hear announcements. *No refunds, credits, or certificates will be issued to anyone arriving after the start of the workshop. NO EXCEPTIONS.*
- **Certificates:** All workshops will have an assessment component administered by the instructor. Core of Knowledge certificates will be issued to participants who have actively and successfully participated in the workshop and assessment. Continued Training Certificates will be issued when participants have not successfully demonstrated knowledge of the workshop objectives. Both certificates are accepted by the Office of Child Care for licensing purposes. *Certificates will be mailed to participants within two weeks of the completion of the workshop.* All workshops offered are approved by the Office of Child Care, approval #CKO-1962.
- **Child care is not provided during workshops.** Workshops are for adults only. Please make other arrangements for care of your children during workshop hours.
- **Workshop locations:** All workshops will be held at The Children's Learning Center at Howard Community College / 10901 Little Patuxent Parkway/ Columbia, MD 21044

## Online Training

September 19 – October 16 (\$95 / 15 hours COK)

### **The Big Picture: Learning About Children Through Observation**

Participants in this online training will explore the connection between observation and assessment of young children in a developmentally appropriate manner. Participants will explore various methods of observing young children and tools for recording observational data. This workshop will provide participants with strategies for becoming effective, responsive observers. The online course includes videos, articles, and hands-on experiences. An interactive community of learners helps provide support in completing this workshop.

October 24 – November 20 (\$80 / 12 hours COK)

### **Using the Internet and Technology as a Professional Tool**

Participants will gain a greater understanding of how to utilize the Internet and other technologies to enhance family communication, professional development, and curriculum. By the end of the 4 weeks, participants will have had many opportunities to read about and use technology in their programs. The online community of learners will be able to share their progress and challenges over the course of 4 weeks, with continual feedback from the facilitator. By week 4, participants should feel more confident in their ability to access technology and utilize it to their advantage for overall personal and professional improvement.

November 28 – December 23 (\$80 / 12 hours COK)

### **The Value of Play**

The foundation for implementing developmentally appropriate practice is creating an environment where young children learn through play. This workshop explores how to create an environment that supports learning through play. Participants will explore what "learning through play" means, what it looks like, and how to actually implement this in their programs. An interactive community of learners helps provide support in completing this workshop.



#### **Training Location:**

Unless otherwise noted, each workshop is held from 6:30 pm – 9:30 pm at:

*The Children's Learning Center at Howard Community College  
10901 Little Patuxent Parkway / Columbia, MD 21044*

Training can also be held at your location. Contact us for scheduling.

#### **Registration:**

Please call 410-370.2837, or visit our website for a downloadable registration form: [www.innovationsed.com](http://www.innovationsed.com).

#### **Training Pricing:**

Unless otherwise indicated, registration is \$25 per person per single workshop. Please see discounted *Training Track* pricing on page 5.

#### **Special Pricing:**

Discounts are available for individuals registering for multiple workshops.

Discounts are also available for groups of 5 or more people from the same work site who register for the same workshop.

## Maryland Model for School Readiness Training

Classes start Saturday, September 17, 2011.

### **Emergency and Disaster Preparedness Training Medication Administration Training**

Contact us for details. Register for one of these group classes, or we can bring the training to you.

410-370-2837

# Fall Training Calendar

## SEPTEMBER

9/12/2011

### Foundations of Quality Care

Erikson, Froebel, Montessori, Piaget, Reggio-Emilia; there are many theories and approaches to early care and education. This workshop explores the developmental theories and approaches that have shaped early childhood education. Finding a theory you relate to can help solidify your values and beliefs about early childhood.

3 hours Core of Knowledge: PROF

9/13/2011

### Creating Inviting Spaces

The environment in an early care setting can help caregivers meet the developmental needs of infants and toddlers. This workshop provides opportunities for caregivers to explore a multitude of ways to create inviting and nurturing environments for infants, toddlers, and two year olds.

3 hours Core of Knowledge: 2CD, 1 CUR

\*\*\*NEW\*\*\* 9/14/2011 and 9/21/2011 Must attend both sessions (\$45)

### MMSR JumpStart

This 6 hour workshop was designed for providers who have already taken MMSR. Whether you've completed the training last month or several years ago, this training will provide you with the tools you need to get started or get a tune-up in implementing MMSR. We will review key components of successful implementation of MMSR, as well as strategies and tips for making the implementation process easier. Our motto is "Work smarter, not harder." In this workshop, we show you how.

6 hours Core of Knowledge: 2 CD, 2 CUR, 1 SN, 1 COM

9/19/2011

### The Great Outdoors

This workshop focuses on utilizing the outdoor environment to support child development. Respect for the needs of families, playscape accessibility, and natural materials are the emphasis in exploring inexpensive ways to enhance outdoor learning opportunities.

3 hours Core of Knowledge: 2 CUR, 1 SN

9/20/2011

### Developmentally Appropriate Practice: The Basics

Developmentally appropriate practice (DAP) has been used to describe what we do as caregivers. In this workshop, participants will explore DAP, what it means, what it looks like, and how to make sure your program is implementing DAP.

3 hours Core of Knowledge: CUR

9/26/2011

### Learning About Children: Observation and Documentation

Assessment of young children involves observing and documenting children's actions and behaviors. This workshop explores how to make this process easier and more productive for you. Learn new techniques for observation and documentation, while gaining confidence in your knowledge of child growth and development.

3 hours Core of Knowledge: CD

9/27/2011

### Enhancing Your Professionalism: Communication Styles and Strategies

This workshop will help participants identify common communication challenges faced when working with colleagues, families, and children. Participants will explore strategies to support more effective, positive communications.

3 hours Core of Knowledge: PROF

\*\*\*NEW\*\*\* 9/28/2011

### Dance, Sing and Create All Through the Day

Music, dance, theater, and fine arts are so important to whole child development. This workshop explores hands-on strategies to integrate the Maryland State Curriculum objectives throughout your entire day. Come prepared to move and groove!

3 hours Core of Knowledge: 2 CUR, 1 CD

## OCTOBER

\*\*\*NEW\*\*\* 10/3/2011

### Health and Nutrition for Young Children

This workshop introduces childcare providers to the information and tools needed to serve healthy foods to young children and educate children on the benefits of good nutrition. This workshop will also provide caregivers with the information and tools needed to work with fussy eaters and children who have food allergies. Along with good nutrition comes exercise and physical fitness. Age appropriate ideas for keeping children fit and healthy will be explored.

3 hours Core of Knowledge: 2 HSN, 1 SN

10/4/2011

### Nurturing Attachments

Caring for infants and toddlers requires secure attachments between a caregiver and child. This workshop explores how developmental theorists like Magda Gerber, T. Berry Brazelton, and Mary Ainsworth have influenced our understanding of attachment. Participants will explore how attachment influences infant feeding, sleeping, crying, separation anxiety, competence, and confidence.

3 hours Core of Knowledge: 1 PROF, 1 CD, 1 CUR

10/5/2011

### Environments for Learning

Explore ways to create caring environments that support children's development. Examine your own childcare setting and discover ways to enhance children's growth and learning through innovative space planning.

3 hours Core of Knowledge: CUR

10/11/2011

### Developing Relationships with Families

Building relationships with families is just as important as building relationships with the children in our care. In this workshop, participants will explore the challenges and strategies of building positive relationships with families. The rewards of these relationships benefit you and the children in your care.

3 hours Core of Knowledge: COM

\*\*\*NEW\*\*\* 10/17/2011

### Sensory Based Learning

Infants, toddlers, and twos are great explorers. They learn about their world by engaging all of their senses. This workshop explores hands-on ways to bring developmentally appropriate sensory-based experiences into your program.

3 hours Core of Knowledge: 1 SN, 1 CD, 1 CUR

10/18/2011

### Learning Through Play

This term is used in early childhood settings, but what does it really mean? How do you explain to parents what you do? This workshop provides you with the language and tools you need to implement a play-based program, and communicate the value and benefits of play.

3 hours Core of Knowledge: CUR

\*\*\*NEW\*\*\* 10/19/2011, 10/26/2011, 11/9/2011, and 11/16/2011 \*\*Must attend all 4 sessions\*\* (\$85)

### Healthy Beginnings

This workshop will introduce participants to the Maryland Healthy Beginnings guidelines. Participants will explore myths of child development, how to use a developmental continuum, and how to use Healthy Beginnings with children birth - age 3.

12 hours Core of Knowledge: 2 CD, 1.5 PROF, 3 COM, 4.5 CUR, 1 SN

10/24/2011

### Beyond Emergency Preparedness: Helping Children Feel Safe and Secure

You've taken the required Emergency and Disaster Preparedness training, you've written your emergency plan, now what? How do you teach the children in your care about preparing for emergencies? How do you introduce the concept of shelter in place? How do you help children cope with emotions they may experience either when practicing the drills, or during and after an actual emergency. This workshop provides practical, hands-on solutions for helping children feel safe and secure.

3 hours Core of Knowledge: 1 CUR, 1 HSN, 1 SN

## NOVEMBER

11/1/2011

### Interactive Circle Time

Spice up your circle time routine with new ideas and activities to keep everyone engaged. Circle time is a great way to build a sense of community in your program. Use circle time activities to build stronger relationships and reinforce social skills.

3 hours Core of Knowledge: CUR

11/2/2011

**Strategies for Success: How to Handle Challenging Behaviors**

In this workshop, participants will explore behaviors that most frequently challenge your patience. Learn new strategies to support children and save your sanity.

3 hours Core of Knowledge: 1 SN, 2 CD

11/7/2011

**Math is More Than Counting**

As one of the seven domains of learning, mathematical thinking and problem solving can be seen in children's every day activities. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Learn strategies for incorporating mathematical thinking and problem solving throughout your day.

3 hours Core of Knowledge: 1 CD, 2 CUR

11/8/2011

**Tantalizing Twos**

No longer babies, and not quite preschoolers, two-year-olds are in a class of their own. This workshop introduces participants to a novel approach to working successfully with children ages 2-3.

3 hours Core of Knowledge: 2 CD, 1 CUR

\*\*\*NEW\*\*\* 11/30/2011

**School Age Care: Secrets of Success**

Caring for school age children requires a different perspective than caring for infants or preschoolers. School agers need your understanding and support. This workshop provides insight into the unique challenges of working with school agers, and offers strategies and ideas for meeting the needs of this age group.

3 hours Core of Knowledge: 1 CUR, 1CD, 1 SN

## DECEMBER

12/5/2011

**Infants and Toddlers: Nurturing Early Brain Development**

How many times have you heard the phrase "early years are learning years?" Infants and toddlers grow and develop so rapidly during the first three years of life. This workshop explores how a baby's brain grows and develops, and how caregivers can support optimal growth and development.

3 hours Core of Knowledge: CD

12/6/2011

**Stupendous Science for Preschoolers**

As one of the seven domains of learning, science and inquiry can be seen in children's every day activities. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Capitalize on children's natural curiosity to bring science learning into your program. Learn strategies for incorporating science and inquiry throughout your day.

3 hours Core of Knowledge: 1 CD, 2 CUR

12/7/2011

**Stressbusters: How to Relax and Remain Calm During Stressful Times**

Our jobs as caregivers can be extremely stressful at times. In this workshop, explore strategies and relaxation techniques to help you remain calm and relaxed during stressful times. Wear comfortable clothing and be prepared to leave stress-free!

3 hours Core of Knowledge: PROF

12/12/2011

**Around the World with Folk Tales**

You know Little Red Riding Hood and Cinderella. Come meet their cultural cousins, and others. In this workshop, you'll be introduced to familiar folk tales from cultures around the world. Bring diversity into your program using children's literature.

3 hours Core of Knowledge: CUR

12/13/2011

**Smart Start: Developing Lifelong Learners**

Have you ever wondered why some children seem so engaged with books, some are focused on building with blocks, while other children are drawn to creating in the art center? This workshop explores the eight areas of intelligence, as proposed by Howard Gardner, and offers ideas for engaging each of these intelligences in your program.

3 hours Core of Knowledge: CD

12/14/2011

**Super Social Studies for Preschool**

As one of the seven domains of learning, social studies incorporates a wide range of content areas that help children become good citizens. This hands-on workshop introduces participants to the Maryland State Curriculum's objectives for young children in this domain. Learn strategies for incorporating social studies concepts throughout your day.

3 hours Core of Knowledge: 1 CD, 2 CUR



# Innovations in Education, LLC Registration Form #CKO-1962

Please print

Name:		Daytime phone:
Email:		Evening phone:
Street Address:		License/Registration #:
<input type="checkbox"/> home address <input type="checkbox"/> work address		City, State
		Zip:
<b>Registrant information:</b> <input type="checkbox"/> Registered family child care <input type="checkbox"/> Family child care applicant  <input type="checkbox"/> Child Care Center, Preschool, Nursery school _____  <input type="checkbox"/> Head Start <input type="checkbox"/> Parent <input type="checkbox"/> Other Program or Organization _____		
Date of workshop	Workshop title	Workshop cost
<b>Total cost</b>		\$

I have read and agree to abide by the Registration Policies. Registrations will not be accepted without agreeing to the policies on page 6.

\_\_\_\_\_  
Signature of workshop registrant

Please make your check or money order payable to *Innovations in Education, LLC*

Mail payments to:  
 Innovations in Education, LLC  
 10400 Hardwood Court  
 Woodstock, MD 21163

Phone: 410-370-2837  
 Fax: 410-465-8219  
 Email: [registration@innovationsed.com](mailto:registration@innovationsed.com)

**In this issue:**

**Applying brain research to program practices  
(see pgs. 3-5)**

**Healthy Beginnings (see pg. 2)**

**Online Course Registration (see pg. 7):**

- The Big Picture: Learning About Children Through Observation
- Using the Internet and Technology as a Professional Tool
- The Value of Play

***Coming Spring 2011:  
Professional Learning Communities;  
Maryland Child Care Credential Updates***

Innovations in Education, LLC / CKO-1962

[www.innovationsed.com](http://www.innovationsed.com)

Fall 2011 Newsletter



Innovations in Education, LLC  
10400 Hardwood Ct  
Woodstock, MD 21163