



Innovations in Education, LLC CKO-1962 Course Offerings

Anti-bias and Cultural Competence Awareness	This workshop will introduce participants to the concepts of anti-bias practices and cultural awareness. Participants will explore their own beliefs and cultural connections and compare their beliefs to diversity of culture, acceptance of differences, and best practice. This workshop meets the Credential Modification guidelines for cultural competence/ awareness. <i>3 COM</i>
Around the World with Folk Tales	You know Little Red Riding Hood and Cinderella. Come meet their cultural cousins, and others. In this workshop, you'll be introduced to familiar folk tales from cultures around the world. Bring diversity into your program using children's literature. <i>3 CUR</i>
Becoming a Reflective Caregiver	Becoming a reflective teacher involves both personal and professional self-reflection. The reflective process is a journey, one that should be revisited often. During this workshop, participants will explore their values and beliefs about children, and how these beliefs influence the relationships we have with children and families. <i>3 PROF</i>
Beyond Emergency Preparedness	You've taken the required Emergency and Disaster Preparedness training, you've written your emergency plan, now what? How do you teach the children in your care about preparing for emergencies? How do you introduce the concept of shelter in place? How do you help children cope with emotions they may experience either when practicing the drills, or during and after an actual emergency. This workshop provides practical, hands-on solutions for helping children feel safe and secure. <i>1 CD, 1 HSN, 1 CUR</i>
Boredom Busters: Seasonal activity ideas	For Preschool teachers, all new activity ideas geared toward the seasons, Winter, Spring, Summer, and Fall. Find new ideas to perk up your programs. Discover ways to keep children interested and motivated all season long. <i>3 CUR</i>
Build a Better Plan: Resources that Guide Daily Planning	This workshop is geared towards helping you create better lesson plans for the children in your care. The foundation for good planning is knowledge of child development. In the Infant-Toddler-Twos workshop, the foundation isvHealthy Beginnings. In the workshop for preschoolers, the foundation is the Maryland Model for School Readiness Framework and Standards/ Maryland State Curriculum. Using these documents, participants will create the foundation for outstanding lesson plans. <i>3 CUR</i>
Building Blocks: How Block Play Supports STEAM	This workshop explores block play in the early childhood classroom. Through hands-on activities, participants will use a variety of block materials to explore the stages of block play and the importance of incorporating a rich block play experience to support STEAM through an inquiry-based approach to learning. <i>3 CUR</i>
Challenging Behaviors: Creating a Plan for Support	This workshop is part 2 of Module 3 of SEFEL training for preschool children. This workshop expands on identifying the individual needs of children, explored in part 1, and provides caregivers with a framework for creating a plan to support social development. An individual approach to behavioral supports is the focus. <i>1 CD, 1 SN, 1 PROF</i>

Challenging Behaviors: Identifying the Needs of Children	This workshop is part 1 of Module 3 of SEFEL training for preschool children. This workshop helps caregivers reflect on how they've built relationships with children, incorporated teaching strategies and materials to promote social competence, but still find there are individual children needing additional supports. By identifying individual needs of children, caregivers can begin to understand motivations for behavior. <i>2 CD, 1 CUR</i>
Childcare Aide Training	This workshop meets the requirements of the Childcare Aide training. It introduces participants to the requirements and expectations of an aide in a childcare setting. <i>3 PROF</i>
Creating Inviting Spaces for Infants and Toddlers	The environment in an early care setting can help caregivers meet the developmental needs of infants and toddlers. This workshop provides opportunities for caregivers to explore a multitude of ways to create inviting and nurturing environments for infants, toddlers, and two year olds. <i>2 CD, 1 CUR</i>
Dance, Sing and Create All Through the Day	Music, dance, theater, and fine arts are so important to whole child development. This workshop explores hands-on strategies to integrate the Maryland State Curriculum objectives throughout your entire day. Come prepared to move and groove! <i>2 CUR, 1 CD</i>
Developing Relationships with Families	Building relationships with families is just as important as building relationships with the children in our care. In this workshop, participants will explore the challenges and strategies of building positive relationships with families. The rewards of those relationships benefit you and the children in your care. <i>3 COM</i>
Developmentally Appropriate Practice: The Basics	Developmentally appropriate practice (DAP) has been used to describe what we do as caregivers. In this workshop, participants will explore DAP, what it means, what it looks like, and how to make sure your program is implementing DAP. <i>3 CUR</i>
Emergency and Disaster Preparedness Training	This workshop introduces caregivers to the wide range of emergency situations for which they need to prepare. Participants will create an emergency preparedness plan per COMAR regulations. <i>3 HSN, 3 PROF</i>
Engaging Investigations	This workshop will introduce participants to the development of in-depth explorations and investigations with preschoolers. The workshop will explore how to use children's interests and curiosities to develop and maintain an in-depth exploration of a topic of interest. Hands-on, active learning will be explored. <i>3 CUR</i>
Enhancing Your Professionalism: Communication Styles and Strategies	This workshop will help participants identify common communication challenges faced when working with colleagues, families, and children. Participants will explore strategies to support more effective, positive communications. <i>3 PROF</i>
Environments for Learning	Explore ways to create caring environments that support children's development. Examine your own childcare setting and discover ways to enhance children's growth and learning through innovative space planning. <i>3 CUR</i>
Fine Arts	As one of the seven domains of learning, The Arts encompasses music, dance, theater and visual arts. This hands-on workshop introduces participants to the Maryland State Curriculum's objectives for young children in this domain. Come prepared to move and get messy! <i>1 CD, 2 CUR</i>

Foundations of Quality Care	Erikson, Froebel, Montessori, Piaget, and Reggio-Emilia: there are many theories and approaches to early care and education. This workshop explores the developmental theories and approaches that have shaped early childhood education. Finding a theory you relate to can help solidify your values and beliefs about early childhood education. <i>1 CD, 2 PROF</i>
Health and Nutrition for Young Children	This workshop introduces childcare providers to the information and tools needed to serve healthy foods to young children and educate children on the benefits of good nutrition. This workshop will also provide caregivers with the information and tools needed to work with fussy eaters and children who have food allergies. Along with good nutrition comes exercise and physical fitness. Age appropriate ideas for keeping children fit and healthy will be explored. <i>2 HSN, 1 SN</i>
Healthy Beginnings Module 1 and Module 2	This workshop will introduce participants to the Maryland Healthy Beginnings guidelines. Participants will explore myths of child development, how to use a developmental continuum, and how to use Healthy Beginnings with children birth - age 3. <i>2 CD, 1.5 PROF, 3 COM, 4.5 CUR, 1 SN</i>
Including All Children and the Americans with Disabilities Act (ADA)	This workshop meets the COMAR requirements for ADA training. An overview of the Americans with Disabilities Act will be discussed, along with implications for childcare programs. <i>3 SN</i>
Infants and Toddlers: Nurturing Early Brain Development	How many times have you heard the phrase “early years are learning years?” Infants and toddlers grow and develop so rapidly during the first three years of life. This workshop explores how a baby’s brain grows and develops, and how caregivers can support optimal growth and development. <i>3 CD</i>
Infant-Toddler Social Competence Part 1	This workshop is part 1 of the first module of SEFEL training for Infants and Toddlers. This session covers the importance of building relationships with infants and toddlers, responsive relationships as the foundation for infant-toddler social competence, and temperament. <i>1 CD, 1 PROF, 1 COM</i>
Infant-Toddler Social Competence Part 2	This workshop is part 2 of the first module of SEFEL training for Infants and Toddlers. This session covers the importance of building relationships with the families of infants and toddlers, and the influence that attachment had on infant-toddler social competence. <i>1 CD, 1 PROF, 1 COM</i>
Intentional Teaching: Moving Beyond the Basics of DAP	This workshop is ideal for caregivers who have a basic understanding of Developmentally Appropriate Practice and are ready to explore the process of implementing DAP. Practical strategies and tips for how to implement DAP are the focus. <i>1 PROF, 2 CUR</i>
Interactive Circle Time	Spice up your circle time routine with new ideas and activities to keep everyone engaged. Circle time is a great way to build a sense of community in your program. Use circle time activities to build stronger relationships and reinforce social skills. <i>3 CUR</i>
Learning About Children: Observation and Documentation	Assessment of young children involves observing and documenting children’s actions and behaviors. This workshop explores how to make this process easier and more productive for you. Learn new techniques for observation and documentation, while gaining confidence in your knowledge of child growth and development. <i>3 CD</i>

Learning Through Play	This term is used often in early childhood settings, but what does it really mean? How do you explain to parents what you do? This workshop provides you with the language and tools you need to implement a play-based program, and communicate the value and benefits of play. <i>1 CD, 1 SN, 1 CUR</i>
Literacy Across the Curriculum	As one of the seven domains of learning, language and literacy development are so important for children's ability to communicate effectively. This workshop explores the components of language and literacy development, including oral language, listening skills, reading and writing and how to teach these skills in an authentic way. Incorporating literacy across the curriculum helps build a love of language and strong communication skills in children. <i>3 CUR</i>
Mindset: Encouraging All Learners	This workshop will introduce participants to the research on mindsets and how mindsets influence children's learning and performance. Participants will explore ways in which to change their own mindset to be more effective in the classroom. Strategies to support children will also be reviewed. <i>3 CUR</i>
Mindset: More Strategies for Engaging All Learners	This workshop will give participants insights into how mindsets influence growth and learning in the classroom. The role of the teacher in promoting a growth mindset will be discussed. Participants will practice strategies to encourage a growth mindset in the classroom. <i>3 CUR</i>
Math is More Than Counting	As one of the seven domains of learning, mathematical thinking and problem solving can be seen in children's every day activities. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Learn strategies for incorporating mathematical thinking and problem solving throughout your day. <i>1 CD, 2 CUR</i>
MMSR: JumpStart	This 6 hour workshop was designed for providers who have already taken MMSR. Whether you've completed the training last month or several years ago, this training will provide you with the tools you need to get started or get a tune-up in implementing MMSR. We will review key components of successful implementation of MMSR, as well as strategies and tips for making the implementation process easier. Our motto is "Work smarter, not harder." In this workshop, we show you how. <i>2 CD, 2 CUR, 1 SN, 1 COM</i>
Natural Play	Most of us have vivid memories of our favorite childhood environment. And for most of us, we have vivid memories of unstructured outdoor play. We had many opportunities to connect with nature. Unfortunately, today's children don't have as many opportunities to connect with nature. In this workshop, we will explore ways to create sensory experiences and help children connection with nature indoors and out. <i>3 CUR</i>
Nurturing Attachment	Caring for infants and toddlers requires secure attachments between a caregiver and child. This workshop explores how developmental theorists like Magda Gerber, T. Berry Brazelton, and Mary Ainsworth have influenced our understanding of attachment. Participants will explore how attachment influences infant feeding, sleeping, crying, separation anxiety, competence and confidence. <i>1 CD, 1 PROF, 1 CUR</i>

Nurturing Relationships: The Foundation for Social-Emotional Development	This workshop explores the importance of developing nurturing relationships with children. Participants will explore strategies for supporting children’s social-emotional development through these relationships. <i>1 CD, 1 SN, 1 CUR</i>
Personal and Social Development	Personal and social development is one of the most important areas of a young child's development, yet is often one of the most challenging domains to "teach" to children. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Learn strategies for supporting children's personal and social development throughout your day. <i>1 CD, 2 CUR</i>
Physical Development and Health for Preschoolers	As one of the seven domains of learning, physical development and health can be seen in children's every day activities. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Learn strategies for incorporating physical development and health throughout your day. <i>1 CD, 2 CUR</i>
Portfolios for Preschool	Assessment of young children is a complex process. Understanding how to create a portfolio that documents how children learn and showcases their growth over time is the foundation of this workshop. Presented by the developer of the newly revised portfolio format from the Maryland Model for School Readiness, this workshop is designed to help caregivers create an assessment tool that is relevant and easy to use. <i>2 CD, 1 CUR</i>
Proactive Teaching: Supporting Children's Success	This workshop is part 2 of Module 1 of SEFEL training for preschool age children. This workshop builds on strategies on part 1 regarding building relationships with children and establishing predictable routines for preschool age children. More ideas and teaching strategies for promoting children's social competence are presented. <i>2 CD, 1 CUR</i>
Relationships and Routines: The Foundation for Success	This workshop is part 1 of Module 1 of SEFEL training for preschool age children. The workshop explores how to build relationships with children to promote social competence. The workshop explores the value of establishing predictable routines to help children feel successful and promote independence. <i>2 CD, 1 CUR</i>
Responsive Caregiving	This workshop focuses responsive caregiving for infants, toddlers, and twos. Participants will develop strategies to implement responsive caregiving in their programs. This training meets COMAR regulations for “Breastfeeding Support Training.” <i>1.5 COM, 1.5 CUR</i>
Routines are the Foundation of Curriculum	A huge part of the day spent with Infants, Toddlers, and Twos is focused on routines such as hellos and good-byes, feeding, sleeping, and toileting. These routines may take up to 80% of the day. Learn how to build curriculum for infants, toddlers, and twos around these basic and all-important routines. <i>1 SN, 1 CD, 1 CUR</i>
School Age Care: Secrets of Success	Caring for school age children requires a different perspective than caring for infants or preschoolers. School agers need your understanding and support. This workshop provides insight into the unique challenges of working with school agers, and offers strategies and ideas for meeting the needs of this age group. <i>1 CUR, 1CD, 1 SN</i>
Sensory-based Learning	Infants, toddlers, and twos are great explorers. They learn about their world by engaging all of their senses. This workshop explores hands-on ways to bring developmentally appropriate sensory-based experiences into your program. <i>1 SN, 1 CD, 1 CUR</i>

Smart Start: Developing Lifelong Learners	Have you ever wondered why some children seem so engaged with books, some are focused on building with blocks, while other children are drawn to creating in the art center? This workshop explores the eight areas of intelligence, as proposed by Howard Gardner., and offers ideas for engaging each of these intelligences in your program. <i>3 CD</i>
Strategies for Success: How to Handle Challenging Behaviors	In this workshop, participants will explore behaviors that most frequently challenge your patience. Learn new strategies to support children and save your sanity. <i>2 CD, 1 SN</i>
StressBusters: Relax and Remain Calm During Stressful Times	Our jobs as caregivers can be extremely stressful at times. In this workshop, explore strategies and relaxation techniques to help you remain calm and relaxed during stressful times. Wear comfortable clothing and be prepared to leave stress-free! <i>3 PROF</i>
Strong Teams and Quality Care	This workshop is geared towards center-based staff and/or teams of professionals working together in the same environment or for the same company. The workshop is designed to flexible based on the identified needs of the center. A brief introduction to teambuilding and its relationship to quality care lays the foundation for more specific teambuilding activities. <i>3 PROF</i>
Stupendous Science for Preschoolers	As one of the seven domains of learning, science and inquiry can be seen in children's every day activities. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Capitalize on children's natural curiosity to bring science learning into your program. Learn strategies for incorporating science and inquiry throughout your day. <i>1 CD, 2 CUR</i>
Super Social Studies for Preschool	As one of the seven domains of learning, social studies incorporates a wide range of content areas that help children become good citizens. This hands-on workshop introduces participants to the Maryland State Curriculums objectives for young children in this domain. Learn strategies for incorporating social studies concepts throughout your day. <i>1 CD, 2 CUR</i>
Summary Reports and Conferences: Communicating Effectively with Families	As caregivers, we communicate with families on a daily basis. Most of our communications are informal in nature. As a professional, sometimes you want to communicate with families in a more formal way. Writing a summary report or progress note, or holding a scheduled conference will help you promote yourself as a professional, while providing families with detailed information about their child's progress. <i>1 CD, 2 COM</i>
Tantalizing Twos	No longer babies, and not quite preschoolers, two year olds are in a class of their own. This workshop introduces participants to a novel approach to working successfully with children ages 2-3. <i>2 CD, 1 CUR</i>
Teaching for Success: More Strategies to Promote Social and Emotional Development	This workshop is part 2 of Module 2 of SEFEL training for preschool age children. This workshop provides even more hands-on strategies, tools and materials to use to support children's social-emotional needs. <i>3 CD</i>

Teaching for Success: Strategies to Promote Social and Emotional Development	This workshop is part 1 of Module 2 of SEFEL trainign for preschool age children. This workshop introduces participans to a variety of strategies, tools, and materials to support children's social-emotional development. Hands-on activities and take home tools will be provided. <i>3 CD</i>
The Big Picture: Learning About Children through Observation ****ONLINE****	The main reason early childhood professionals should observe young children is to build and foster strong, nurturing relationships. Participants in this online training will explore the connection between observation and assessment of young children in a developmentally appropriate manner. Participants will explore various methods of observing young children and tools for recording observation data. This workshop will provide participants with strategies for becoming effective, responsive observers. The online course includes videos, articles and hands-on experiences. An interactive community of learners helps provide support in completing this workshop. <i>6 CD, 2 SN, 2 PROF, 2 COM, 3 CUR</i>
The Great Outdoors	This workshop focuses on utilizing the outdoor environment to support child development. Respect for the needs of families, playscape accessibility, and natural materials are the emphasis in exploring inexpensive ways to enhance outdoor learning opportunities. <i>1 SN, 2 CUR</i>
The Process of Creative Art	The process of creating art is far more important to children’s development than the actual product created. This workshop explores the creative process in a hands-on way, using art of the masters as a guide. <i>3 CUR</i>
The Ups and Downs of Temperament	Understanding temperament helps adults in building relationships and supporting young children. The development of personality and the influence of temperament on growth and learning are explored in this interactive workshop. <i>3 CD</i>
The Value of Play ****ONLINE****	The foundation for implementing developmentally appropriate practice is creating an environment where young children learn through play. This workshop explores how to create an environment that supports learning through play. Participants will explore what “learning through play” means, what it looks like, and how to actually implement this in their programs. An interactive community of learners helps provide support in completing this workshop. <i>3 CD, 2 SN, 1 HSN, 2 PROF, 1 COM, 3 CUR</i>
Using the Internet and Technology as a Professional Tool ****ONLINE****	Participants will gain a greater understanding of how to utilize the internet and other technologies to enhance family communication, professional development, and curriculum. By the end of the 4 weeks, participants will have had many opportunities to read about and use technology in their programs. The on-line community of learners will be able to share their progress and challenges over the course of 4 weeks, with continual feedback from the facilitator. By week 4, participants should feel more confident in their ability to access technology and utilize it to their advantage for overall personal and professional improvement. <i>1 CD, 2 HSN, 3 PROF, 3 COM, 3 CUR</i>
Welcoming a Child with Special Needs	This workshop will help give caregivers the confidence to welcome a child with special needs into their programs. This workshop explores the challenges of working with children with special needs, resources to help educate staff and families, the Americans with Disabilities Act, IEPs, IFSPs, and expectations of teachers and programs for meeting the needs of child with special needs. <i>3 SN</i>

Who, What, When, Where and Why: Questioning Strategies for Young Children	This workshop focuses on inquiry based learning through the use of questioning strategies with young children. Participants will be introduced to various types of questions, given examples of what it looks like with children, and provided the opportunity to practice developing questions to be used in their programs. <i>3 CUR</i>
Working with Young Dual Language Learners	The developmental needs of young dual language learners are addressed in this hands-on workshop. Practical strategies for supporting young children and their families will be explored. <i>3 CUR</i>

Looking for more in-depth training to meet your needs? Check out our Professional Learning Communities on the last page.

See the next page for Setting the Stage, Domain Training, and Assessment: Opening the Door to Infant-Toddler Care

Setting the Stage: Assessment in Early Education and Care (Formerly Maryland Model for School Readiness 2013)	This training provides a framework for best practices in early care and education programs. Throughout the five modules, teachers gain an in-depth understanding of children's learning styles and capabilities allowing them to probe more deeply into their students' learning potential. The series explores developmentally appropriate practice; cultural awareness; building relationship with families; curriculum, assessment and instruction; the role of the environment; and reflective practice. This series of five modules (30 hours total) is an excellent foundation for meeting the requirements of various MSDE early childhood initiatives, including accreditation and MDEXCELS.
Assessment: Opening the Door to Infant Toddler Care	This series of 5 workshops (30 hours) introduces participants the 6 keys for quality infant toddler care: Developing curiosity, Building relationships, Child development, Decision making, Partnerships with families, Organization of time and materials. These 6 keys will help caregivers focus on getting to know infants, toddlers and two year olds through observation, relationships, and routines. Participants will have a deeper understanding of child development and develop strategies to create a truly responsive environment for quality infant-toddler care.
MMSR Domain training	MMSR Domain Training provides a framework for best practices in early care and education programs. Through the MMSR Domain Training, teachers gain an in-depth understanding of the seven domains of learning, strategies for teaching the concepts within each domain, ideas for assessing children within each domain, and suggestions for working with families. The seven domains are: Personal and social development, Language and Literacy, Math, Science, Social Studies, The Arts, Physical development and health. Each domain workshop is 6 hours in length.
Understanding Assessment: A Director's Perspective	This series of three sessions was designed specifically for childcare center directors, owners, administrators, and curriculum specialists. In each of these three hour sessions, we will explore how program administrators can support teachers in implementing assessment. Topics discussed include: <ul style="list-style-type: none"> -Implementing developmentally appropriate practices -Implementing a state recommended curriculum -Connections between curriculum, planning, and assessment -Supporting staff through motivation and accountability
SEFEL	SEFEL: Social Emotional Foundations of Early Learning training is available for Infants and Toddlers, and Preschoolers. There are 5 modules of training for each age group. The modules are 6 hours each but can be broken down into shorter workshops. Many of these modules have already been approved for 3-hour training sessions, and are included in our regular workshop catalog. Each of these 3-hour sessions is identified in the workshop description as to which SEFEL module is covered.

Professional Learning Community: Social Development	Personal and social development is the foundation for success in school and in life. Explore the ideas of attachment, affiliation, respect, problem solving, initiative, and self-regulation. Call to discuss Core of Knowledge training hours.
Professional Learning Community: Emergent Curriculum	To successfully implement any curriculum, there a few basics every caregiver should know. This series explores the role of the teacher, building relationships with children and families, observation and documentation, and setting up and environment that supports children's needs. In our discussions, we'll explore the difference between traditional and emergent curriculum and what tools are needed to be successful in curriculum implementation. Call to discuss Core of Knowledge training hours.
Professional Learning Community: Responsive Caregiving	Working with infants and toddlers presents unique challenges. Explore the ways in which responsive caregiving supports children and their families. Healthy Beginnings will be used as a reference. Call to disucss Core of Knowledge training hours.
Professional Learning Community: Handprints to Hypotheses	The needs of toddlers are twos are constantly changing. This PLC use the book <i>From Handprints to Hypotheses: The Project Approach with Toddlers and Twos</i> as the foundation for exploring developmentally appropriate ways to engage this age group. Call to discuss Core of Knowledge training hours.