

## **GMST Coaches Training - Non-Sports Specific**

### **Behavior:**

All coaches must follow the SOGA Coaches Code of Conduct.  
All coaches must receive a GAP background check.

Remember why you are coaching. It's not for your ego. Cut others some slack, especially the athletes, but also other coaches, parents, caregivers, referees, etc. Remember that everyone has their own set of faults and disabilities. If you perceive that someone is trying to put you down it is most likely your perception that is at fault. Take a deep breath and take another look.

Cut the referees, umpires, etc. some slack. Most of them are either working for free or reduced cost and are there for the love of our "kids." Teach the athletes to respect them, not to question them. Say "Everyone makes mistakes" instead of "Yeah, he needs some glasses."