



Elephant in the Room!

What is Trauma-Informed Care?

Professional development for anyone working with children, young people and adults who have experienced complex trauma.

This training program is designed for professionals working in community services, health & education who provide services to children, youth, adults & families who have experienced trauma. The '8 principles of trauma-informed practice' will be discussed and practical strategies to implement these in various contexts (e.g. schools, foster care, residential care, office based workplaces etc.) will be explored.

LEARNING OUTCOMES

1. Define complex trauma.
2. Discuss the immediate and long term impact of Adverse Childhood Experiences (ACE's).
3. Identify the impact of trauma on: brain development, attachment and memory.
4. Define Trauma-Informed care.
5. Discuss 8 Principles of trauma-informed care.
6. Apply an understanding of trauma-informed care to create safe environments and build strong relationships with children, youth, adults and families you work with.
7. Apply an understanding of trauma-informed care to support workers, including self-care strategies to manage secondary traumatic stress (vicarious trauma).
8. Identify resources & further professional development to implement trauma-informed practices in your workplace.

DETAILS

- Date:** 3rd & 4th June, 2021 (2 Day Course)
Time: 9:30am - 3:30pm
Price: \$375.00 plus GST
Venue: George Burnett Leisure Centre Facility,
Cnr Manning Rd & Elderfield Rd, Karawara, WA
- Price Includes:** Learner workbook, PowerPoint slides, handouts and additional reading. Tea, coffee, biscuits and a light sandwich and fruit lunch will be provided. Please email us if you have special dietary requirements.



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