

WHAT'S
IN THE
BOX?

What's in the Box?

Understanding Trauma and Positive Behaviour Strategies

**Professional development for anyone working
with children, young people and adults
who have experienced complex trauma.**

The What's in the Box? Understanding Trauma and Positive Behaviour Support Strategies training program assists workers and carers in social and community services, schools, out of home care, health services, youth justice etc. to understand and meet the needs of children, young people and adults who have experienced complex trauma.

Workers and carers need a toolbox of 'trauma-informed' strategies which starts with knowledge of the impact of trauma on brain development and the psychobiology of trauma. Based on this understanding, workers and carers will recognise the need for well-developed skills in using a range of positive behaviour support strategies which avoid re-traumatisation and assist a child, young person or adult to heal from trauma, in their homes, schools and the community.

LEARNING OUTCOMES

1. Define complex trauma.
2. Discuss the impact of trauma on brain development and memory.
3. Understand the relationship between complex trauma in early childhood and behaviours and emotional responses.
4. Explain trauma re-enactment and the importance of safe environments and relationships.
5. Apply a range of positive behaviour support strategies suited to supporting children, young people and adults.

DETAILS

Date: 24th & 25th March, 2021 (2 Day Course)

Time: 9:30am - 3:30pm

Price: \$375.00 plus GST

Venue: George Burnett Leisure Centre Facility,
Cnr Manning Rd & Elderfield Rd, Karawara, WA

Price Includes: Learner workbook, PowerPoint slides, handouts and additional reading. Tea, coffee, biscuits and a light sandwich and fruit lunch will be provided. Please email us if you have special dietary requirements.

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