



Manna Food Bank News Letter – July



Our Mission at Manna Food Bank

Manna – The Food Bank in Staines is a charity run by the Churches in Spelthorne. It targets families & individuals who other agencies [both statutory & voluntary] perceive as being in **emergency & immediate need** of food & household essentials.

Our Next Food Drive

Waitrose, Staines, is once again sponsoring our next food drive .

Thursday 18th July from 11am til 8pm

Waitrose



Please sign up to help man the front door at Waitrose, deliver back to Manna, and weigh in, and shelve.

Our last food drive with Waitrose helped to bring in over 500kg of much needed provisions.

So what's involved if I turn up to help? Its all quite simple really and needn't take up to much time!!

Tuesday morning 9.30am til 11.30 am or

Wednesday evenings 6pm til 8pm or

Friday mornings 10.00am til 12noon

½ an hour or 2 hrs what ever you can fit in.

The more people turn up the quicker the jobs get done!

Have fun, test your knowledge and support Manna,

At the Bells Public House

Church Street, Staines

Quiz ??????? Quiz

Who: Teams of up to four people – bring family and friends

When: 6:30 pm start on **Sunday 14 July**

What: quiz with prizes, raffle, and sandwiches/snacks in the break

Why: all profits to Manna, the Food Bank in Staines

£5 per person includes quiz and snack at the break

Quiz ??????? Quiz

Airways Optical (Specsavers Group)

Do it again!!

As part of their supporting charities Airways Optical are planning two dress down days in aid of Manna Food bank Staines,

These days will be 6th & 12th July

In order for our staff to wear non uniform they must donate a tin/packet of food.

STILL COMMON SHORTAGES!!!

We are continuing to get more referrals every week, which means we are needing more and more food, every week. If you know any companies that would be willing to help support Manna with regular food parcels please approach them or let us know.

Shelf Long life milk, carton juice, cook-in-sauce, biscuits.

Tinned - spaghetti, potatoes, kidney beans, tomatoes, tinned veg,

Home – shampoo, tooth paste, deodorant, Sanitary Towels

YOUR SUPPORT, IS NEEDED, EVERY WEEK. THANK YOU

If you have any comments or information for Manna Food bank Staines newsletter, please send them to:-
murrayransom@virginmedia.com

facebook



Follow us on Twitter
@mannastaines