

What is Karma Rub?

Karma Rub (KR) is pure Australian mineral springs. In its raw form it is highly concentrated and has a high percentage of magnesium with many trace elements including zinc, iron, copper, lithium & calcium. KR is literally "Mineral Springs you can carry in a bottle!" It's what makes KR unique!

WHY IS KARMA RUB BETTER THAN MAGNESIUM TABLETS OR POWDERS?

- You apply the magnesium directly where it is needed most on your body - your back, your foot, your neck etc.
- The skin absorbs much more magnesium and minerals than through the stomach (90% vs 30%) KR is therefore more efficient.
- There are no other man made chemicals in KR - unlike tablets and powders - therefore there are no side effects.
- KR's magnesium content is via Magnesium Chloride the form of magnesium that is not harmful to the body and the form that the body craves to love and to have.

What does Karma Rub do?

KR is known to assist with

- Relief of muscle cramps, restless legs
- Arm & leg pump
- Aches, pains and headaches
- Stress
- Muscle and bone strength
- Osteoporosis & rheumatism
- Tendonitis
- Skin disorders
- Calcium spurs
- Energy production
- Maintenance of normal blood pressure in healthy individuals
- Relief of premenstrual breast tenderness and mood changes
- Relief of menstrual pain
- Cardiovascular health

How is Karma Rub made?

KR is not made - it is sourced from our farmland's underground aqueducts & is bottled as it comes to us! We add a drop of lemon myrtle oil to enhance the scent & user experience.

What can you expect from Karma Rub?

KR is 100% organic & natural so the body readily absorbs the product through the skin within a couple of minutes. Smearing it directly onto the desired area may assist in all of the above whilst increasing your body's vital minerals - naturally.