

Series Title: Awake My Soul

Sermon Title: Week 3: Stirred, not shaken

Date: 08-11-19

✠ **Stirred, not shaken**

- **Last week, Psalm 42... Cry to God in midst of severe distress- ended on note of tension, but unmistakable note of hope.**

^{42:11}Why, my soul, are you downcast? Why so disturbed within me?

Put your hope in God, for I will yet praise him,
my Savior and my God.

- **Today, turning to Psalm 62. Still a psalm that is honestly responding to the challenge of life, but from a different perspective.**
- **Might be a funny analogy, but REMEMBER James Bond- his drink? Vodka Martini, shaken, not stirred.**
- **The perspective of Psalm 62 is that of everyday life, the honest reality of life where we face challenges, questions, good times, hard times, and even though we might not be in full-on crisis, it can leave us exhausted, lacking peace, and feeling like we've been, well, STIRRED**
- **THIS CAN BE LIFE. But the promise of psalm 62 is that even though we can be continually 'stirred', we don't have to be SHAKEN when our foundation, our SOURCE OF LIFE, DEEPEST NEEDS, come from the LORD, through our FAITH in HIM.**
- **Here's the crux- while there are only two question marks in the entire 12 verses, Psalm 62 stands before us as a question. IN THE MIDST OF LIFE AS IT REALLY IS, what do we really, functionally, look to for LIFE. Deepest needs. Meaning- identity- Peace- contentment, significance, HOPE. WHERE- WHOM?**
- **PRAY!**

- **Ready, let's jump in.**

✠ **Psalm 62, an introduction:** *For the director of music. For Jeduthun. A psalm of David.*

- **As with 57 and 42, Psalm 62 is a song of worship, intended to be sung with instruments. In the tradition of the temple, this poem would be taken by the 'director of music', who in this case was likely one of David's personal appointed musicians- Jeduthan- and then set to music, becoming part of the temple worship. AS SUCH, it would be a powerful source of instruction to the Jewish people, whose religious culture centered on the Temple.**
- **OF DAVID- directly attributed to King David. We're not sure, but some scholars believe the setting in David's life was when his son, Absalom, led a revolt against him, seeking to take the crown. ALL still aftermath of David's adultery with Bathsheba.**
- **HEAR... David isn't hiding in a cave fearing for his life, but his world is a mess. There was of course his sin, his guilt, and ever since his family- world- was one erupting crisis after another.**
- **As you read this, there is the real sense that David wasn't HOPELESS, but he was indeed HELPLESS. In this place, we see this confession of his HOPE in God.**

— ✠ Psalm 62 ✠ —

¹ Truly my soul finds rest in God;
my salvation comes from him.

² Truly he is my rock and my salvation;
he is my fortress, I will never be shaken.

- **TRULY. Strong word in Hebrew. Person who has deeply taken stock of situation, all his resources, and come to inescapable conclusion...**
- **MY SOUL finds rest... MY SOUL is Silent. At peace. Quiet. All of who I am, fully placing myself in God's hands, convinced that He is worthy, Good. REST!**
- **My SALVATION- emphasis is on PRESENT. We think of salvation as something realized in 'heaven', OT mind is God as our salvation right now... DAVID realizes, in his chaos, that his hope in the NOW comes from GOD.**
- **TRULY!!! ... my ROCK. Foundation, strength... my SALVATION...**
- **MY FORTRESS (stronghold)- my source of strength**
- **I WILL NEVER BE SHAKEN... "lit, not greatly moved" Sense that while he is being buffeted, stirred, his foundation is strong**

– **Now David turns to his situation, what happening...**

³ *How long will you assault me? Would all of you throw me down this leaning wall, this tottering fence?*

⁴ *Surely they intend to topple me from my lofty place; they take delight in lies.*

With their mouths they bless, but in their hearts they curse.

- **Relate to imagery? HOW LONG is this going to keep going? Is this struggle going to stop?**
- **SCENE- disagreement in interpretation of Hebrew here. People/circumstances- trying to kill David**
- **Wall/fence... two views**
 - **David is on leaning/tottering.. feels like his circumstances are unstable, under constant attack**
 - **Enemies plans, will collapse on them in time**
- **EITHER WAY David is under constant assault, circumstance trying to pull him down, lying, being dishonest (bless/curse)**
- **CIRCUMSTANCES UNFAIR, UNJUST, NON-STOP... WHAT DO I DO? HOW RESPOND IN MY SOUL?**
- **David's answer makes all the difference....**

⁵ *YES!!, my soul, find rest in God; my hope comes from him.*

– **Before was 'salvation'- present deliverance... now looks to future... HOPE comes from God**

⁶ *Truly he is my rock and my salvation; he is my fortress, I will not be shaken.*

⁷ *My salvation and my honor depend on God; he is my mighty rock, my refuge.*

- **Honor- Glory, deepest identity- from God**
- **MIGHTY rock, REFUGE... who I run to, turn to, when I seek deliverance, protection**
- **NOW DAVID speaks to his audience, reflecting on his own situation...**

⁸ *Trust in him at all times, you people; pour out your hearts to him, BE HONEST! TRUST, HOLD NOTHING BACK, let your thoughts flow like water to him (NT, Pray in all circumstances) for God is our refuge.*

- **David has just laid out that God is his source. But he recognizes that all too often we look to other sources in life, and he warns us against them**

⁹ *Surely the lowborn are but a breath, the highborn are but a lie.*

If weighed on a balance, they are nothing; together they are only a breath.

- **We seek strength, identity, from Social status.**
- **Prince, pauper, this doesn't matter.**
- **We don't have 'caste system' BUT WE DO THIS, we compare ourselves to others..**
- **Another sense... don't put your hope in men! Don't make people your God! Love each other, YES! Draw life from each other, NO! Regardless of our status, ultimately we are only a breath**

¹⁰ *Do not trust in extortion- or put vain hope in stolen goods; though your riches increase, do not set your heart on them.*

- **Don't trust in men... likewise, don't try to draw your life from possessions. Almost humorous- Don't trust in things you steal, and don't trust in wealth you came by honestly.**
- **Regardless of how we come to have the things we have, they are not our hope. ZOOM WAY OUT, Don't put your TRUST- don't look for life- in temporary things.**

– **BRINGS TO CONCLUSION**

¹¹ *One thing God has spoken, two things I have heard:*

- **God has said it once, I have heard it twice. David is making emphasis- THIS IS THE TAKEAWAY! We are given three attributes of God, three essential needs that come only from God**

“Power belongs to you, God,

- **God alone is our source of power, strength**

¹² *and with you, Lord, is unfailing love”;*

- **God alone is our source of love, mercy**
and, *“You reward everyone according to what they have done.”*

- **This one's interesting! I don't want to be rewarded fro what I have done! The good news of gospel is that I am NOT rewarded for what I've done. BUT REMEMBER CONTEXT HERE.. Before Cross- GOD IS GOD OF JUSTICE. God isn't biased because of a persons status/possessions- God is impartial, JUST!**
- **THIS POINTS US TO NEW COVENANT/NT. JUSTICE is given through faith in Christ... Ro 3:21...**

But now apart from the law the righteousness of God has been made known, to which the Law and the Prophets testify. ²² This righteousness is given through faith in Jesus Christ to all who believe. There is no difference between Jew and Gentile, ²³ for all have sinned and fall short of the glory of God, ²⁴ and all are justified freely by his grace through the redemption that came by Christ Jesus.

- **IN YOUR LIFE RIGHT NOW, we are given the psalms, psalm 62, to direct our eyes, our heart, to GOD. This is a call, by faith, to BEHOLD OUR GOD!**

✠ **Behold your God!**

- **Attributes, presence of God we see in 62**

- **He is my REST**

Matthew 11:28-29 ²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

- **He is my SALVATION**

- **PRESENT deliverance of your soul... all the rest describes this...**

- He is my ROCK
 - *Foundation, enables me to see (upon), a place of protection*
- He is my FORTRESS
 - *Source of strength to withstand the challenges of life*
- He is my HOPE
 - *As I look to future, my certainty that my deepest needs are met, that ultimately all is in HIS HANDS, HE IS TRUSTWORTHY, therefore I have HOPE*
- He is my HONOR
 - *My identity, my goodness. I can reject lies of enemy because God has said that I AM HIS,*
- He is my REFUGE
 - *Shelter, SAFE PLACE*
- God is my only source of POWER, of LOVE, and of JUSTICE
 - *This is all true, by FAITH. In life as it really is, WILL WE MAKE CHOICE to place our FAITH in the greater reality of WHO GOD TRULY IS. Every one of these attributes, consider them, where are you trying to find these through other sources... David cries out to us, WILL YOU LOOK TO GOD*