



**Week 6: Luke, thank you for your honesty! Part 2**

**Date:** August 15<sup>th</sup>, 2021

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† ***The myth dispelled:*** given the right circumstances, even the most sincere, mature, and healthiest saint may experience times of conflict, frustration, fear, worry, confusion, depression, and anger.

*The good news is that God understands this!*

*Ephesians 4:2, Colossians 3:12-13, 1 Peter 4:8, 2 Corinthians 4:7-9*

† Reality! In the midst of life as it really is, the Spirit of Christ in us is working to transform the *jar of clay* that is our SOUL into the fully righteous new creation we already are in our SPIRIT.

**Becoming who we already are:** In Christ, there are things *true of us* we will not *experience* unless we *believe* they are true and *choose* to live in the good of that truth!

*Romans 6:6-11, Hebrews 10:14*

† Three crucial concepts: The soul, the flesh, and the Spirit.

*1 Thessalonians 5:23*

**The soul:** My conscious self- my mind, will, and emotions- my thinker, feeler, and chooser. Our soul is where we live, but there's a big problem if it is our SOURCE from which we live.

**The Spirit:** Who I truly am- my new creation self, made alive and righteous in Christ, where my Spirit is ONE with Christ's Spirit.

*1 Corinthians 6:17, Ephesians 4:22-24*

**The flesh:** Condition (attitude, strategy of living), where my focus is primarily on MYSELF (even if it is 'good looking' or 'well-adjusted' self); where I am living out of my own resources (knowledge wisdom, personality, abilities, finances, etc.); in order to cope with life, solve my problems, and meet my needs.

*Romans 8:1,5-9,13*

† **Our problem:** The condition of our flesh exists in our soul, and yet we try to achieve a successful life from the *resources* of our soul rather than the *source* of our Spirit.

OUR SOUL	OUR SPIRIT
<u>SEEN</u>	<u>UNSEEN (2 Cor 4:16-18)</u>
<u>Sees SEPARATION</u>	<u>ONE with Christ</u>
<u>STRUGGLES with old self</u>	<u>DEAD to old self</u>
<u>INCOMPLETE, becoming</u>	<u>COMPLETE, holy, righteous</u>
<u>STRUGGLES with sin</u>	<u>FREE from power of sin</u>
<u>Known by SENSES</u>	<u>Known by REVELATION</u>
<u>NOISY! Always moving</u>	<u>QUIET, unmoving</u>

† Reality! *God's expectation is not perfection in our soul.*

*Philippians 3:12*

God's invitation is for us to increasingly experience REST, restoration, health, and the fruit of the Spirit *in our soul*, by choosing to receive Life from the *source of our Spirit* rather than the resources of our soul.

*Hebrews 4:9-16*