



~ Week 1: The Gift of Rest ~

Date: November 29th, 2020

Scripture: John 1:14, Matthew 11:28-30, Luke 1:26-38, 45-48

Memory verse: Matthew 11:28-30 *Jesus: "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

~ Reflection and Discussion Notes ~

† Immanuel, God with us

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth. John 1:14

† Under Pressure!

† Reality! In the circumstances of our lives, we carry so much stress because of our overriding desire to CONTROL the outcome.

† The first gift! In Christ, the pressure is OFF. This is the gift of spiritual and emotional REST.

† The impossible task

† Blessed

† In the midst of her impossible circumstance, Mary was blessed because she TRUSTED God.

≈ *Messages in this series* ≈

December 6: The Gift of the *New Way*

December 13: The Gift of *Simplicity*

December 20: The gift of *Influence*

December 27: The gift of a *Greater Desire*

Note: Pastor Ethan's source material for this series is the highly recommended book "The Pressure's off" by Larry Crabb