



————— ❧ *Week 3* ❧ —————

Message Title: Stirred, not shaken

This weeks focus scripture: *Psalms 62*

This weeks memory challenge: *Psalm 62:1-2 Truly my soul finds rest in God; my salvation comes from him. Truly he is my rock and my salvation; he is my fortress, I will never be shaken.*

————— ❧ *Message Notes* ❧ —————

† Stirred, not shaken

† Psalm 62, an introduction: *For the director of music. For Jeduthun. A psalm of David.*

————— ❧ **Psalm 62** ❧ —————

- ¹ Truly my soul finds rest in God;
my salvation comes from him.
- ² Truly he is my rock and my salvation;
he is my fortress, I will never be shaken.
- ³ How long will you assault me?
Would all of you throw me down—
this leaning wall, this tottering fence?
- ⁴ Surely they intend to topple me
from my lofty place;
they take delight in lies.
With their mouths they bless,
but in their hearts they curse.

- ⁵ Yes, my soul, find rest in God;
my hope comes from him.
- ⁶ Truly he is my rock and my salvation;
he is my fortress, I will not be shaken.
- ⁷ My salvation and my honor depend on God;
he is my mighty rock, my refuge.
- ⁸ Trust in him at all times, you people;
pour out your hearts to him,
for God is our refuge.

⁹ Surely the lowborn are but a breath,
the highborn are but a lie.
If weighed on a balance, they are nothing;
together they are only a breath.

¹⁰ Do not trust in extortion
or put vain hope in stolen goods;
though your riches increase,
do not set your heart on them.

¹¹ One thing God has spoken,
two things I have heard:
“Power belongs to you, God,
¹² and with you, Lord, is unfailing love”;
and, “You reward everyone
according to what they have done.”

† Behold your God!

- He is my REST
Matthew 11:28-29
- He is my SALVATION
- He is my ROCK
- He is my FORTRESS
- He is my HOPE
- He is my HONOR
- He is my REFUGE
- God is my only source of POWER, of LOVE, and of JUSTICE