



❧ Week 3 ❧

This weeks focus scripture: Romans 6:8-14

This weeks reading challenge:

- Read the supporting scripture, Hebrews 12:1-3, and 2 Corinthians 4:16-18.
- Read Romans 6:1-14, several times.

This weeks memory challenge: Romans 6:8-11. This is a larger section of text, but it is absolutely crucial to our understanding and experience of our Freedom in Christ!

❧ Study and Reflection ❧

Day 1: Read Hebrews 12:1-3, and 2 Corinthians 4:16-18. What is the focus of both these passages? What is the promised benefit (fruit) in our lives when we live according to the focus of these passages?

In his message, Ethan talked about the opposing concepts of “sin/self awareness” and “Christ awareness”. Describe the difference between these two approaches to the Christian life.

Why do you think the focus of “sin awareness” is so prevalent? What is tempting or appealing about trying to live the Christian life in this way? What is the long term result of this strategy?

Likewise, why is “Christ awareness” taught less? What is difficult about this approach to living the Christian life? What is the long term result of this strategy?

Day 2: Carefully read Romans 6:8-10, perhaps several times. List what is true of Christ because of His death, burial, and resurrection. Be thorough and specific!

Now, with this list in mind, read verse 11. What do the words “in the same way” refer to? What does the phrase “count yourself” (NIV) mean? Write out several synonyms (alternate words) to describe the idea of “counting yourself.”

Finally, what does it mean to “*count yourself... dead to sin but alive to God in Christ Jesus?*” In this is our daily perspective of life, what will be our daily focus? What will we ‘count’ as being true of us? (hint- see your list from above).

Day 3: Read Romans 6:12-14. What does it mean to let “sin reign?” How is this different from the stumbles and mistakes we will inevitably experience in real life? Likewise, what is the emphasis of “offering” oneself to sin? Can you describe what this looks like, maybe a time of your life when you “offered” yourself to sin, or allowed sin/sinful patterns to “reign” in your daily life? What was the result of this?

Conversely from above, what are the two positive (similar but distinct) commands given to us in verse 13? Describe what these mean, and would look like, in the daily life of a believer who is living ‘in the good’ of these commands.

Here God calls us to “offer every part of ourselves” to God. Think of who you are, who and how God has created you. Describe in detail what ‘every part’ of you *is*, and what it would look like to offer ‘every part’ of you to God. Why is this so much more powerful than simply trying to follow a list of rules of what not to do (sin awareness)?