



Dear Klein Oak Family,

Welcome to KO, below are important dates for you to review. Please read all the material that is enclosed within this packet, as it is important information you need to be made aware of.

### **IMPORTANT DATES TO REMEMBER**

**Mandatory Football Parent Meeting/Recruiting and Meet the Coaches- Incoming Freshman April 11<sup>th</sup>-6:30-8:00 and April 16<sup>th</sup>-6:00-7:30 For Sophomores, Juniors and Seniors**

**Physicals-** April 12<sup>th</sup> starting at 1:00pm – KO Main Gym - \$20.00 – Cash/Money Order only– made out to Klein ISD Athletics

**Spring Training-**April 23<sup>rd</sup>- May 17<sup>th</sup>. Freshman during class only, Varsity & JV after school

**Spring Game-**May 18<sup>th</sup>- Freshman Game @ 6pm, JV/Varsity @715, **Incoming freshman announced @ 7pm**

**Summer Strength and Conditioning-**June 11<sup>th</sup>-August 2<sup>nd</sup> (**off week of July 2<sup>nd</sup> & July 23<sup>rd</sup>**)

**24<sup>th</sup> Annual Fundraiser Golf Tournament-** July 30<sup>th</sup>– Augusta Pines Golf Club – 10:00am Registration begins – 11:00am – boxed lunch – 12:30pm – Shotgun

**CampHead Start(freshman&Junior High-** July 30<sup>th</sup>-August 2<sup>nd</sup> 6:00-8:00pm-See Klein Oak Athletic Department web site for registration/payment information.

**Freshman Football Practice-**August 6<sup>th</sup>-August 9<sup>th</sup>- 6:00pm -8:00pm

**First Mandatory Football Practice of 2018-** August 13<sup>th</sup> – All football players are expected to be here!

The Touchdown Club Membership plays a vital role in the growth of our football team and the change of many aspects in our football organization. Your contributions are greatly appreciated and it will allow the program to stay ahead of the competition on and off the field. The benefits range from equipment, technology, safety, medical practices and many other essential necessities. Thank you for your continuous support. We are expecting a great year for our Panthers... OAK'EM!! You may join the Touchdown Club through this link <http://kleinoakpantherfootball.net/booster-membership/>

**Respectfully,**

**Jason L. Glenn**

**Athletic Coordinator/Head Football Coach**

**Klein Oak High School**



**SPRING TRAINING BEGINS**

Practice Times: **Varsity & JV** - 3:00 – 5:00 pm    Pickup: 5:30 pm (only on dates listed)

**Freshman** - practice during 7<sup>th</sup> period only (**DC-during class only**)

**APRIL/MAY**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	23	24	25	26 - DC	
Week 2	30	1	2	3	4 - DC
Week 3	7	8	9	10	
Week 4	14	15	16	17	<b>18 SPRING GAME</b>

**SPRING GAME**

Game Date:                    May 18

Game Times: 6-7pm    2018 Sophomore Scrimmage

7pm    Introduction of 2018 Incoming  
Freshman

7:15 – 9pm    2018 Varsity/JV Scrimmage



## FOOTBALL FEES

We have annual fees that take care of our necessary needs for the upcoming season. In an effort to streamline the collection process and to give you ample time to submit the funds, we are attaching our fee list for the 2018 football season. The following fees are required or recommended:

**Player Name:** \_\_\_\_\_

**PE/Laundry: \$20.00 (Required)** \_\_\_\_\_

**\*HUDL: \$20.00 (Strongly Encouraged)** \_\_\_\_\_

**Game Day T-Shirt and Workout Blacks: \$35.00 (Required)** \_\_\_\_\_

**Calendar Fundraiser: \$60.00 (Strongly Encouraged)** \_\_\_\_\_

(Each player is strongly encouraged to sell 3 calendars at \$20.00 each)

**TOTAL:** \_\_\_\_\_ (Checks can be made out to: Klein Oak Football or pay through SchoolCash Online)

As part of our Fall Fundraiser, each player is asked to sell 3 football calendars at a price of \$20.00 each. We are now providing the option for parents to send a check for \$60.00 to cover their child's goal. You will receive 3 calendars to disperse as you see fit. Of course your player is welcome to sell more beyond what is asked of him.

Please feel free to ask any questions. We are looking forward to a great season!

**Oak'em!!**



### Player HUDL Information Sheet

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**PLAYER LOGIN FEE IS \$20.00**

PLAYER NAME: \_\_\_\_\_

PLAYER EMAIL: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ GRADUATION YEAR: \_\_\_\_\_

POSITION: \_\_\_\_\_

PLAYER CELL #: \_\_\_\_\_ PLAYER CELL PROVIDER: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_ EMERGENCY PHONE (if different from home)

\_\_\_\_\_

FATHER: \_\_\_\_\_ MOTHER: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

\_\_\_\_\_

### Parent HUDL Information Sheet

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**PARENT LOGIN FEE IS \$10.00** (SEPARATE FEE FROM PLAYER'S) FOR THE FIRST LOGIN AND \$10.00 FOR EACH ADDITIONAL LOGIN PURCHASED.

PARENT NAME: \_\_\_\_\_

PARENT EMAIL: \_\_\_\_\_

PARENT CELL #: \_\_\_\_\_ PARENT CELL PROVIDER: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

\_\_\_\_\_

# SUMMER 2018 ADVANCED STRENGTH & CONDITIONING

## WEEKLY SESSIONS INCLUDE:

SPEED DEVELOPMENT  
STRENGTH DEVELOPMENT  
PLYOMETRICS/BOUNDING  
JOINT STABILIZATION  
FLEXIBILITY EXERCISES  
STRENGTH ENDURANCE  
CARDIOVASCULAR  
AGILITY RUNNING  
ABDOMINAL CIRCUIT  
OLYMPIC LIFTS

SPORT SPECIFIC LIFTS

STATE OF THE ART  
4,000 SQ. FT.  
WEIGHT ROOM

SUMMER STRENGTH &  
CONDITIONING  
CALENDAR



**WEEK 1 - JUNE 11<sup>th</sup> - 14<sup>th</sup>**

**WEEK 2 - JUNE 18<sup>th</sup> - 21<sup>st</sup>**

**WEEK 3 - JUNE 25<sup>th</sup> - 28<sup>th</sup>**

**OFF - JULY 2<sup>nd</sup> - 6<sup>th</sup>**

**WEEK 4 - JULY 9<sup>th</sup> - 12<sup>th</sup>**

**WEEK 5 - JULY 16<sup>th</sup> - 19<sup>th</sup>**

**OFF - JULY 23<sup>th</sup> - 27<sup>th</sup>**

**WEEK 6 - JULY 30<sup>th</sup> - 2<sup>nd</sup>**

**[ONLY ONLINE REGISTRATION ACCEPTED](#)**

FOR MORE INFORMATION  
CALL (832) 484-4801

KLEIN OAK HIGH SCHOOL  
ATHLETIC OFFICE

**Monday-Thursday beginning June 11th**

- **SESSION I TIME: 7:30AM – 9:30AM**  
**10<sup>TH</sup>, 11<sup>TH</sup>, 12<sup>TH</sup> GRADE**
- **SESSION II TIME: 9:30AM – 11:30AM**  
**7<sup>TH</sup>, 8<sup>TH</sup>, 9<sup>TH</sup> GRADE**

**FEE - \$135.00**

**KLEIN OAK WEIGHT ROOM**

**PARTICIPANTS: BOYS & GIRLS GRADES 7<sup>TH</sup> – 12<sup>TH</sup> AS OF 9/18**