

Myers-Briggs Type Indicator (MBTI) Workshop

Overview	This course introduces participants to Myers-Briggs Type Indicator, a concept designed to make Jung's theory of psychological types understandable and useful in everyday life
Duration	1-day
Audience	Anyone who wants to understand themselves and others better, in order to work more effectively
Content	<p>Upon successful completion of the workshop participants will be able to:</p> <ul style="list-style-type: none"> • Understand how people take in information and how they prioritise that information to make decisions • Have clarity and comfort with their own work styles while constructively identifying possible blind spots and areas of vulnerability • Gain a logical, coherent structure for understanding normal differences among people in a host of work-related activities such as communication styles, teamwork, project management, time management, preferred supervision style and work environment, preferred learning styles and more • Understand the basis of motivation and identification of customary responses to stress • Outline a model for lifelong individual development • Demonstrate the value added by diversity within the organisation and work groups
Approach	This facilitator led workshop involves the completion of the MBTI self-report questionnaire in conjunction with crucial background information regarding the instrument and a number of key hands on activities to cement the learning. Angela is an accredited MBTI facilitator with a wealth of experience in assisting individuals and teams understand behaviours and how to improve effectiveness personally and within the organisation.
Materials Included	Training manual. Questionnaire and Introduction to Type booklet.
What To Bring	Yourself and an open mind!
In Short...	This is a must-do workshop for teams who would like to work more effectively together! Come along and invest some time to understand yourself and others.

“Wow... what a mind blowing course. Thanks to Angela we now truly understand ourselves and our team dynamics.” - Participant feedback in Sydney

“Angela is an amazing facilitator! I learned so much about myself and have a strategy to deal with my group” - Participant feedback in Melbourne

Lotus Project Consulting Pty Limited

ABN 81150597818

www.pmlotus.com.au

Email: info@pmlotus.com.au Mobile: 0404 800 929