

Moving Forward



Renewing Heart & Mind

The Great Lakes Retreat

Monday, June 19 - Friday, June 23, 2023
Southwestern Michigan College - Dowagiac, Michigan

WELCOME

The Great Lakes Retreat

We invite you, seekers of all faiths, to gather for five days at The Great Lakes Retreat. Individuals with diverse experiences and beliefs come together to create a community of laughter, joy, and healing. A place where it is safe to explore and share who and what we are. Now is the time for you to gather with other loving people of similar interests in your quest for spiritual development and fellowship. Come, relax, and experience **Moving Forward Renewing Heart & Mind**. We are excited to offer you a week full of classes, lectures, workshops, meditations, healing experiences, and more.

Cover design by Dani Ehlenfeldt

Monday

9:00 am - 1:30 pm	Registration
2:00 pm - 3:15 pm	Opening Ceremony
3:30 pm - 5:30 pm	Afternoon Workshops
5:45 pm - 6:45 pm	Dinner
7:00 pm - 7:30 pm	Announcements and Raffle
7:30 pm - 9:00 pm	Evening Program
9:00 pm - 11:00 pm	Zodiac Zone

Tuesday - Thursday

7:30 am - 8:45 am	Breakfast
9:00 am - 11:00 am	Morning Workshop
11:15 am - 12:00 pm	Lecture
12:15 pm - 1:15 pm	Lunch
1:15 pm - 3:15 pm	Free Time and Counseling
3:30 pm - 5:30 pm	Afternoon Workshops
5:45 pm - 6:45 pm	Dinner
7:00 pm - 7:30 pm	Announcements and Raffle
7:30 pm - 9:00 pm	Evening Program
9:00 pm - 11:00 pm	Zodiac Zone

Friday

7:30 am - 8:45 am	Breakfast
9:00 am - 11:00 am	Morning Workshops
11:15 am - 12:00 am	Lecture
12:00 am - 1:00 pm	Closing Ceremony
1:00 pm - 1:30 pm	Lunch, Farewells, Room Checkout

The Great Lakes Retreat is an all volunteer, non-profit organization.

The committee reserves the right to alter the programming to meet unplanned circumstances.

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LECTURES AND EVENING ACTIVITIES



Rev. Mary Lemons

***Experiencing our
Time Together
with New
Awareness***

Tuesday, June 20
11:15 a.m.



**FAMILY
REUNION PARTY**

Monday, June 19
7:30 p.m.



Dr. Antonio Seira

***"Heart and Mind
IS One"!***

Wednesday, June 21
11:15 a.m.



**PSYCHIC
SAMPLER**

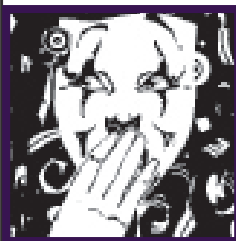
Tuesday, June 20
7:30 p.m.



Michael Northrop

***Valuing Soul: An
Understanding the
Role of Heart in
Personal Renewal***

Thursday, June 22
11:15 a.m.



VARIETY SHOW

Wednesday, June 21
7:30 p.m.



Rev. Laura
MacLachlan

***Home Is Where the
Heart Is***

Friday, June 23
11:15 a.m.



**HEALING
SERVICE**

Thursday, June 22
7:30 p.m.



**CLOSING
CEREMONY**

Friday, July 24
12:00 p.m.

Week Long Workshops are designed for those full-time retreatants who would like to interact with one workshop leader for the entire week. Depending on how the class is designed, it may contain multiple topics or a single topic that is related to the workshop title. The workshop leader remains the same with each session. Please see the Single Sessions starting on Page 8 if you are interested in a sampling of workshops or only attending for a day or two. **You can sign up for one A.M. Week Long Workshop OR four A.M. Single Sessions.**



#1 Unleashing Your Power Within, Living Purposefully

Rev. Mary Lemons

Albemarle, NC

What power is locked within you? What is beyond the door of your consciousness? Journey within for insight on abilities you hone from other lifetimes. Acknowledge and heal what has previously limited you. Remembering who you really are, you recognize and use your unique gifts. You assume your role as

a light-bearer and restorer of balance and harmony. Your journey is one of joy and gratitude as you realize you make a difference in your family, your community, your country.

Rev. Mary Lemons is founder of Inner Awakenings, a holistic healing practice for all species. Her healing work is centered at her family quarter horse farm in North Carolina. For over thirty years, Mary has taught and lectured at spiritual conferences. She is a spiritual intuitive, animal communicator, Healing Touch practitioner, SoulCollage® facilitator, Thymo-Kinesiologist, Reiki Master, and End of Life Doula. Mary's belief in the sacredness and oneness of all life, of all species, is the foundation of her spiritual work.



#2 The Art of the Shamanic Journey

Michael Northrop

Three Rivers, MI

This class is an introduction to the age-old spiritual technology of the Shamanic journey, the primary tool that indigenous peoples around the world have used for thousands of years for healing and information. This can also be a great refresher for those who have previously learned to journey.

The class will concentrate on developing journey skills and will introduce related healing techniques.

Michael Northrop has had an active Shamanic Healing Practice for 12 years. He has studied Core Shamanism, Weather Shamanism, Celtic Shamanism and Dharmajhankri Shamanism. Michael is also a Reiki Master Teacher, a Certified Hypnotherapist, Professor of Comparative Religion, and clergy for 37 years.

Week Long Workshops are designed for those full-time retreatants who would like to interact with one workshop leader for the entire week. Depending on how the class is designed, it may contain multiple topics or a single topic that is related to the workshop title. The workshop leader remains the same with each session. Please see the Single Sessions starting on Page 10 if you are interested in a sampling of workshops or only attending for a day or two. **You can sign up for one P.M. Week Long Workshop OR four P.M. Single Sessions.**

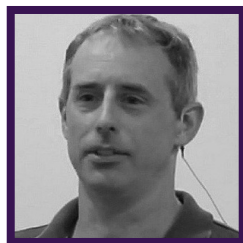


#3 Developing Intuition for Practical Use

Jewel Shelden

Hastings, MI

We are blessed with natural intuition that can be developed and used every day. In this class you will learn to trust your inner knowing and to expand your intuitive abilities. We will explore mind reading, mental telepathy, second sight, visions and more. You will be guided to 'see' your past and future timelines, to hear your Spirit Guides, and to scan auras for possible health issues. With practice you will be able to find lost pets and car keys! *Jewel Shelden works as a professional psychic consultant and spiritual counselor on a daily basis. She is a Certified Hypnotherapist, Ordained Minister, and Reiki Master. She has been a guest psychic on radio shows and presented esoteric classes throughout Michigan. She has made a life-long study of palmistry and dermatoglyphics, reading thousands of hands. She is an author and lecturer.*



#4 The Practical Application of Elemental Energies

Stirling Graham

Plainwell, MI

Learn to attune to each element; Air, Fire, Earth, and Water as you strengthen your connection to them. You will work with herbs, crystals, stones, animal totems and more. You will come to a greater understanding of elemental energies and how to apply them into practical formulation of recipes for tool construction, ritual, ceremony, and all forms of "energy crafting" modalities. Each class will include attunements for each element and meditations to strengthen connections to them.

Stirling Graham has been a Metaphysical Minister for over fifteen years. He is also certified as a Master Crystallogist through Melodies Crystal Healing. He has done extensive research on angelology, the elements, humours of the body, spiritual theory, spiritual philosophy, spiritual geometry, the Platonic solids and Merkabah, spiritual physics, practical spiritual energy application, protection, ancient mythology, and the Hermetica. He has also lectured for graduate students at MSU, CMU, TGLR, Camp Chesterfield, and the Convocation Conference.

Single Sessions are designed for those full-time retreatants who would like to sample a greater variety of topics, or for those who can only attend the retreat for a day or two. The workshop leader and/or topics change with each session. **You can sign up for one A.M. Week Long Workshop OR four A.M. Single Sessions.**

TUESDAY MORNING (choose one)



#5 Creative Communion Part I

Rev Jama Young

Plainfield, IN

Learn to personalize the ritual prayer that Jama uses when creating with Spirit. Recognize the promptings of Spirit and to achieve creative mindfulness for the prescribed energies of others. Bring your favorite medium for creating art. Good choices include acrylic or water-based paint, paper or canvas, markers, pencils, and or watercolor pencils that dry quickly.

Jama Young is a spirit artist. She holds a BFA from Indiana University and is an Ordained Minister. Jama is the creator of Prayer Urns, vessels of hope and faith used in spiritual rituals. Her artwork appears in private collections throughout the country as well as the permanent collection at the Richmond Art Museum.



#6 Self-Care and Healing for the Lightworker

Wren VanderWilp

Grand Rapids, MI

Self-care is often second thought to those who are caring for others. This workshop will highlight holistic ways to care for your mind, body, and spirit. Come dressed to move comfortably, and with some of your own best practices to share.

Wren VanderWilp is a social worker and certified massage therapist. She specializes in trauma-informed, somatic bodywork, and medical massage. She is a Reiki Master and has further training in craniosacral therapy and reflexology. Wren takes great joy in meeting beautiful humans and being a part of their healing process.

WEDNESDAY MORNING (choose one)



#7 Stone Energies, Pendulums, and Their Messages

Diane Brown

Rockford, MI

How does this thing work? Learn to read the energy of stones for yourself and others. Pendulums are tools for divination, answers, and direction. Learn to invite Angels and Guides to be present. Diane will provide stones and pendulums or bring your own.

Diane Brown began her journey reading stones in 2008, when she became the owner of Open Mind. Once a stone was placed in her hand, this opened her gift for hearing, seeing, and feeling the messages from Angels, Guides, and relatives.

WEDNESDAY MORNING CONTINUED (choose one)



#8 Meditation: What IS it and How Do I Do it”?
Dr. Antonio Sieira Livonia, MI

Class will discuss and practice “The Mindfulness Meditation System” incorporating the entire “bodymind”. We will explore some of the misconceptions about what mindfulness IS and what it IS NOT with emphasis on the vital roles that breath and breathing play in achieving a state of mindfulness. Participants will understand that “mindfulness meditation” is

not limited to a certain time, place, or space!

Dr. Antonio Sieira holds a Ph.D. in Psychology. He is a professional member of the American Hypnosis Association, with certifications in past life regression, smoking cessation, and weight loss therapies. He is also certified as an Alternative Medical Practitioner. He has been a meditation practitioner for over 50 years and developed and teaches “The Mindfulness Meditation System”.

THURSDAY MORNING (choose one)



#9 Forest Bathing
Minnie Kansman

Loveland, CO

Take time to slow down and nourish yourself with the energy of Nature. Through Invitations which use all our senses, retreatants will immerse into communion with the “More than Human World”. Lowered Cortisol levels, blood pressure, and stress, with increased relaxation and clarity of mind are proven benefits of spending time in the forest. Minimal walking is

required along gentle paths. (A chair or something waterproof to sit on is helpful.) Minnie Kansman is a certified Master Feng Shui Consultant and Educator and a certified Nature and Forest Therapy Guide and author. She established Eco~Balance Humanity in Harmony with Nature and has been assisting others with Feng Shui, Sacred Space Clearing, and Nature Spirit Connection ever since.



**#10 The Language and Tools of Metaphysical Life:
A Primer for New Seekers**
Rev. Laura MacLachlan Dryden, MI

To walk the material plane as a Metaphysician means to walk empowered by so many unseen helpers and energy tools a lot of people may not know they have. This class is an owner’s manual for those who wish to acquaint themselves with those tools and how to speak the language of metaphysical living.

Rev. Laura MacLachlan was Ordained in 2001 by the United Metaphysical Churches. She is also a Certified Medium and Healer. After serving as UMC Executive Board President and Seminary Co-Chair/Advisor/ Instructor, she left that organization in 2018. She has been a member of the First Spiritual Church of Bay City since 1986 and serves as Board President, Pastor and Seminary Chairperson.

FRIDAY MORNING (choose one)



#11 Protection 101

Heather Barrett

Indianapolis, IN

In this crazy, chaotic world we find ourselves currently living in, it is important to have “Survival” tools. Our toolbox will include such things as stones, herbs, affirmations, and energy that will help us learn to protect not only ourselves, but our families, homes, and environments. Come have fun and

explore with us!

Heather Barrett is the owner of a metaphysical store, All My Relations. She is an Ordained Minister, Reiki Master, Life Coach, and trained in the use of Etheric Weavers. She has been a practitioner and teacher of metaphysics for over 30 years. In private sessions, workshops, and classes, she teaches people to grow spiritually; understanding who they are and their potential.



#12 Enhancing our Spiritual Esteem and Self-Esteem

David Schroeder

Grand Rapids, MI

This workshop looks at the meaning of Spiritual Esteem and Self Esteem. We will explore the desires of our soul vs. desires of our ego and how this impacts our spiritual essence. Class offers ways to improve how we see ourselves as spiritual beings having this human experience.

David Schroeder, LMSW, CPC, is a clinical and spiritual social worker, life coach, and author. He has 30 years' experience in the human development fields. In his private practice, he offers a variety of techniques to assist individuals, couples, and groups in finding healthy pathways to love, higher awareness, and greater potential. He is the author of the book Just Be Love: Messages on the Spiritual and Human Journey.

The Great Lakes Retreat



“Where Heaven and Earth Meet”

Website: www.TheGreatLakesRetreat.org

Single Sessions are designed for those full-time retreatants who would like to sample a greater variety of topics, or for those who can only attend the retreat for a day or two. The workshop leader and/or topics change with each session. **You can sign up for one P.M. Week Long Workshop OR four P.M. Single Sessions.**

MONDAY AFTERNOON (choose one)



#13 Spirit of the Drum - Rhythms, Patterns, and Sounds

Minnie Kansman

Loveland, CO

Come learn how to “play” with your drum! Learn rhythms from around the world, techniques for making different sounds with your drum, and how to notate those rhythm patterns. This will be a hands-on class. Bring whatever drum you have. (Several drums will be brought to share with those who might

not have a drum yet.)

Minnie Kansman is a certified Master Feng Shui Consultant and Educator and a certified Nature and Forest Therapy Guide and author. She established Eco~Balance Humanity in Harmony with Nature and has been assisting others with Feng Shui, Sacred Space Clearing, and Nature Spirit Connection ever since.



#14 Mary Magdalene and the Divine Feminine

Rev. Maryesah Karelson

Kalamazoo, MI

For centuries she was known as a repentant prostitute; her reputation smeared by a Church that couldn't or wouldn't acknowledge her power. Who was this woman? What is it about her story that so captures our imagination? Could she be an archetype for our time? Explore answers to these questions and how they relate to our concept of the Divine.

Rev. Maryesah Karelson has her Master of Divinity and was ordained as a Presbyterian Minister. She is a student of mystical Christianity, spirituality, and healing. She is an ordained priest in the Order of Melchizedek. Maryesha has been a certified practitioner and teacher of Illuminata healing since 1990.

TUESDAY AFTERNOON (choose one)



#15 Creative Communion Part 2

Rev. Jama Young

Plainfield, IN

A continuation of the morning class, you will learn the ritual prayer that Jama uses when creating with Spirit and how to personalize it. Learn to recognize the promptings of Spirit and how to achieve creative mindfulness for the prescribed energies of others. No oil-based paints.

Jama Young is a spirit artist. She holds a BFA from Indiana University and is an Ordained Minister. Jama is the creator of Prayer Urns, vessels of hope and faith used in spiritual rituals. Her artwork appears in private collections throughout the country as well as the permanent collection at the Richmond Art Museum.

TUESDAY AFTERNOON CONTINUED (choose one)



#16 The Energy of Color

Tina Ritchie

Kalamazoo, MI

We live in color but are we aware of what color is communicating to us? Everything is energy and color is its own teacher. Through the foundation of our seven chakras, we will begin to build a foundation of tools for greater inner-
standing of what is and what can be through the lens of color. Color is free! Why not use it to your advantage?

Tina Ritchie, Reiki Master Teacher of Usui Shiki Ryoho, has been practicing since 2013. She is a master level practitioner of Dar'Shem and trained in Sacred Childbirth with Reiki. She has studied Edgar Cayce's work, crystals, essential oils, astrology, mediumship, animal communication, tarot reading, and pendulum work taught by renowned teachers.

WEDNESDAY AFTERNOON (choose one)



#17 Illuminata: Healing With Light

Rev. Maryesah Karelson

Kalamazoo, MI

Illuminata is a healing energy that is applied to the etheric body. Pure white light is channeled into the physical body without the necessity of physical touch. *Illuminata* is very easy to learn and use, and can appear almost too simple, yet it is very powerful. This Introduction will explore the reality of subtle energy healing as well as a demonstration of the *Illuminata*

technique.

Rev. Maryesah Karelson has her Master of Divinity and was ordained as a Presbyterian Minister. She is a student of mystical Christianity, spirituality, and healing. She is an ordained priest in the Order of Melchizedek. Maryesah has been a certified practitioner and teacher of Illuminata healing since 1990.



#18 Sound Healing through the Wisdom of the Heart

Dr. Antonio Sieira

Livonia, MI

Learn the difference between "hearing" and "listening" to vibration frequencies and practice utilizing Singing Bowls. We have our own individual vibration frequency as unique as our thumb print. Participants will be able to "listen" to the wisdom of their heart thus balancing their own vibration frequency

leading to a sense of well-being, peace, and tranquility.

Dr. Antonio Sieira holds a Ph.D. in Psychology. He is a professional member of the American Hypnosis Association, with certifications in past life regression, smoking cessation, and weight loss therapies. He is also certified as an Alternative Medical Practitioner. He has been a meditation practitioner for over 50 years and developed and teaches "The Mindfulness Meditation System".

THURSDAY AFTERNOON (choose one)



#19 New Era: Calling Us to Rise as Love

David Schroeder

Grand Rapids, MI

This workshop is based on the 26,000-year cycle and the new energies and consciousness unfolding within humanity. We will explore changes occurring with the Earth herself and humanity and why it's taking place now.

David Schroeder, LMSW, CPC, is a clinical and spiritual social worker, life coach, and author. He has 30 years' experience in the human development fields. In his private practice, Transition Pathways (www.transitionpathways.com), David offers a variety of techniques to assist individuals, couples, and groups in finding healthy pathways to love, higher awareness, and greater potential. He conducts workshops on a variety of topics. He is also the author of the book Just Be Love: Messages on the Spiritual and Human Journey.



#20 Everything is Connected

Tina Ritchie

Kalamazoo, MI

What do you see when you look in the mirror? We will discuss energy and its many ways of expression through the human "being". You are the only "you" you will ever have, and you are the only one living your experience. Learn to expand your inner communication with self and feel more at peace, knowing you are in full communication with your inner

universe.

Tina Ritchie, Reiki Master Teacher of Usui Shiki Ryoho, has been practicing since 2013. She is a master level practitioner of Dar'Shem and trained in Sacred Childbirth with Reiki. She has studied Edgar Cayce's work, crystals, essential oils, astrology, mediumship, animal communication, tarot reading, and pendulum work taught by renowned teachers.

The Great Lakes Retreat



"Where Heaven and Earth Meet"

Website: www.TheGreatLakesRetreat.org

ATTENDEES due to the focus of The Great Lakes Retreat, the program is intended for mature, responsible individuals. Child care is not available.

DORMS

Rooms are four, private, locking bedrooms, within a pod which includes a living room, full kitchen (not supplied), and two full bathrooms. All retreatants are given a key card. The college has a staff on duty at the front desk of the dorm lobby from 8:00am to 8:00pm to help with any dorm room needs.

EMERGENCY PHONE NUMBERS

Campus Security are (269) 782-1234

ENLIGHTENMENT EMPORIUM (THE GIFT CENTER) will look different than years past. TGLR will be supplying space and tables and each vendor is handling their own sales. Any full-time retreatant wishing to display and sell items; please contact Ronda SanCartier at: GiftCenter@TheGreatLakesRetreat.org

HEALING SERVICE will be held on Thursday, June 22 at 7:30pm. This service is focused on the healing of ourselves, each other, and the planet. All are welcome. To volunteer as a healer, contact LauraJoy Veeneman at Healing@TheGreatLakesRetreat.org

KEY CARDS are distributed at time of retreatant registration. These cards will open your private room and outside doors to the buildings. A charge for a lost key card will be assessed to you at \$25.00.

LINENS Due to circumstances beyond our control, all retreat participants must bring their own linen. This includes towels and bedding including sheets, blanket, and pillow. We apologize for the inconvenience.

MEALS A continental breakfast will be served each morning in the lobby of our assigned dorm building. Lunches and Dinners are catered. Vegetarian choices will be available. Each dorm space has a full-service kitchen (without supplies). Feel free to bring your own food needs too.

MEDICAL POLICY Retreatants in need of medical assistance shall seek out Southwestern Michigan staff or The Great Lakes Retreat Committee members for information. Staff and Committee members reserve the right to call for professional medical help for any retreatant.

PETS are not allowed on campus.

PSYCHIC SAMPLER provides a chance to explore different consultation modalities. Retreatants who are experienced consultants and wish to donate their time and talent as a reader, please send consultation background, name, address, and phone number to Laura Joy Veeneman at Email: PsychicSampler@TheGreatLakesRetreat.org

QUIET TIME needs to be observed in the hallways and dorms during afternoon free-time and evening hours after 10:00 p.m.

RAFFLES will be held daily in the evening, in the auditorium. Tickets will be on sale Monday when you register and daily outside the auditorium. You must be present to win. Raffle items may be donated and turned in at registration. To donate, contact Margo SanCartier at raffle@TheGreatLakesRetreat.org

RECORDING Workshops and Single Sessions will not be recorded. You may record your own Workshop or Single Session with the leader's permission. Lectures will also not be records.

REFUNDS Any cancellation will be subject to a \$20 handling fee.

REGISTRATION We will accept registrations at any time, including June 19, but to move forward with retreat, we need to receive registrations by **May 8, 2023**. If we have enough registrations by **May 8**, we will not have to cancel retreat. After May 8, late registrations will be accepted and assessed a late fee of \$20. **REGISTRATION PRIOR TO THE RETREAT IS HIGHLY RECOMMENDED.**

VARIETY SHOW offers an opportunity for retreatants to contribute their special abilities on Wednesday, June 21. Think about what talent you would like to share and contact Laura Joy Veeneman for further information at varietyshow@TheGreatLakesRetreat.org

VOLUNTEER ASSISTANCE is welcomed from those who wish to contribute their time to the success of the Retreat. Check the appropriate box on your registration application.

ZODIAC ZONE is a place to meet with friends and share donated refreshments. It will be open evenings from 9:00 – 11:00 P.M. This is the place to socialize with friends leaving dorm space quiet for your roommates. The space is unsupervised, and all treats are donations from retreatants. If you would like to bring something to share with your fellow retreatants, please do and thank you.

SPIRITUAL CONSULTATION appointments will be available at the Retreat during Free Time. Information on consultants will be mailed/emailed to you along with your registration confirmation. Once you have received your registration confirmation, you can pre-register for appointments. It is advised to pre-register for appointments if there is a certain counselor with whom you would like to meet. This will give you first choice and also eliminate the long lines often experienced when signing up at the Retreat. Fees are \$50 for a 25-minute session and \$100 for a 55-minute session, except as otherwise noted. Please note that some consultations will require your birth date, accurate birth time, and birth place. Consultations are provided for entertainment purposes.

SPIRITUAL COUNSELORS

Jeanna Billings	Rev. Mary Lemons	Terese Schroeder
Bev Boerman	Rev. Laura MacLachlan	Jewel Shelden
Diane Brown	Michael Northrop	Dr. Antonio Sieria
Stirling Graham	Jim Puskala	Wren VanderWilp
Nan Hunt	Tina Ritchie	Rev. Jama Young
Rev. Maryesha Karelton	David Schroeder	

THE GREAT LAKES RETREAT COMMITTEE / STAFF

Shari Davis-Schoech: Co-Chair/Treasurer

cochair@thegreatlakesretreat.org / (517) 518-0043

Dani Ehlenfeldt: Registrations/Brochure

registration@thegreatlakesretreat.org / (616) 334-8904

Kristina Ehlenfeldt: Counseling

counseling@thegreatlakesretreat.org / (616) 260-9257

Margo San Cartier: Raffle/Donations

raffle@thegreatlakesretreat.org

Ronda San Cartier: Enlightenment Emporium

giftcenter@thegreatlakesretreat.org

Laura Joy Veeneman: Variety Show/Healing Service/Psychic Sampler

healing@thegreatlakesretreat.org

Joelene VonKoenig: Co-Chair/Site-Coordinator

cochair@thegreatlakesretreat.org / (269) 277-9590

Location

Southwestern Michigan Collge is located, 120 miles southwest of Lansing, the State Capitol, and 200 miles west of Detroit. It sits on 240 acres with nature trails and 3 dorm halls, set up in a triangle - with green space and a firepit between them. The campus also has hammocks throughout, for a casual afternoon rest.

Directions

Southwestern Michigan College: Dowagiac Campus

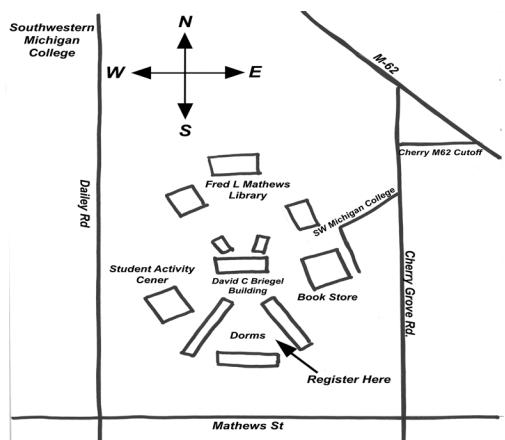
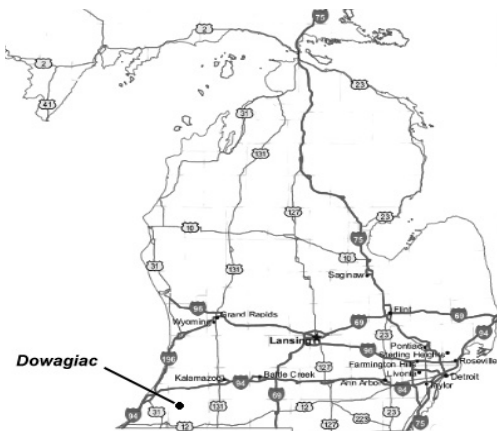
58900 Cherry Grove Road

Dowagiac, MI 49047

From Lansing: Follow I-69 S and I-94 W to M-51 S. Take exit 56 from I-94 W. Merge onto I-69 S. Take exit 38 to merge onto I-94 W. toward Chicago. Take exit 56 for M-51 toward Decatur/Dowagiac. Continue on M-51 S. At the light in Dowagiac, Division St/ M62, turn left. After 2 miles turn right onto Cherry Grove Rd. Go 1 mile to college entrance.

From Kalamazoo: Take I-94W toward Chicago. Take exit #56 toward Decatur/Dowagiac. At the light in Dowagiac take a left onto Division St/ M-62. After 2 miles take a right onto Cherry Grove Rd. Go 1 mile, college is on the right.

From South Bend Airport: Upon leaving airport take a right onto Lincoln Way west toward US-31. Keep right to merge onto US-31 north. After crossing into Michigan take exit #3 onto US-12 east toward Sturgis/Niles turn right. Continue straight merging onto M-60/Detroit Rd. Keep left staying on M-60/Detroit Rd. Turn left onto Dailey rd. Turn right onto Mathews St. Turn left into Southwest Michigan parking lot.



REGISTRATION APPLICATION

Please fully complete a separate form for each registrant.

Last Name (*Please Print*) _____ First Name (*For Name Tag*) _____ Initial _____

Street Address, Route, Box or Apt. # _____

City _____ State/Province _____ Zip _____ Country _____

Area Code & Telephone Number _____ E-mail (permission to publish Y or N) _____

LODGING - PROGRAMMING (U.S. Dollars)

Adult Registration includes housing in a dorm room with 4 private, locking, bedrooms, which includes 2 full bathrooms, full kitchen, and living room, all lectures, workshops, meals, and participation in all activities.

<u>Rates</u>	<u>Regular</u>	<u>Amount</u>
Adult	\$750	\$ _____
Program Only (5 days, meals)	\$570	\$ _____
Daily Program (includes meals)	\$165	\$ _____
Lecture Only	\$ 25	\$ _____
Late Registration Fee after May, 1 2023	\$ 25	\$ _____

Additional \$20 costs for tickets purchased at the door

All supply fees (if noted in class description) will be paid in class to presenter

TOTAL AMOUNT DUE \$ _____

Credit Card # _____

Expires _____ CVV# _____

Your Signature: _____ Date: _____

DEPOSIT with Application \$100
 2nd PAYMENT due April 19 \$200
 3rd PAYMENT due May 19 Balance Due

AMOUNT ENCLOSED \$ _____

Make check or money order payable to: **THE GREAT LAKES RETREAT**

Please Read and Sign

I agree to abide by the Rules and Policies set forth by Southwestern Michigan College and The Great Lakes Retreat Committee once I arrive at Dawgiac.

Signature _____ Date _____

Cut Along Dotted Line and Return This Form

REGISTRATION APPLICATION

Register for one morning and one afternoon weeklong Workshop,
OR for daily Single Sessions.

WORKSHOPS

	#	A.M. Workshop Leader	#	P.M. Workshop Leader
1st Choice	_____	_____	_____	_____
2nd Choice	_____	_____	_____	_____

SINGLE SESSIONS

Single Sessions run concurrently with the workshops.

	#	A.M. Workshop Leader	#	P.M. Workshop Leader
Monday			_____	_____
Tuesday	_____	_____	_____	_____
Wednesday	_____	_____	_____	_____
Thursday	_____	_____	_____	_____
Friday	_____	_____		

MISCELLANEOUS

Requested Roommate: _____

Requested Roommate: _____

Requested Roommate: _____

If no specific roommate is requested, you will be assigned a roommate of the same gender, similar age, and smoking preference you mark below.

Gender: _____ Female _____ Male
Age: _____ Under 18 _____ 18-25 _____ 26-35
 _____ 36-50 _____ 51-65 _____ Over 65
Smoking: _____ Smoker _____ Non-Smoker

If possible, for health reasons, I need a first floor room (*Limited Availability*)

Health Reason: _____

Please indicate:

_____ This is my first Great Lakes Retreat (*We're glad you're coming!*)
_____ I will volunteer to help where needed
_____ I will donate time in the Healing Service
_____ I would like to participate in the Variety Show

Meal Preference: _____ Vegetarian _____ Gluten Free _____ Other

Please send a copy of this brochure to the following person (optional):

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

MAIL PAGES 15 & 16 TO: *Dani Ehlenfeldt*

PO Box 2054, Grand Rapids, MI 49501-2054

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