



# I AM



## The Great Lakes Retreat

Sunday, July 19 ~ Friday, July 24, 2015

Olivet College ~ Olivet Michigan

# The Great Lakes Retreat

**We** invite you, seekers of all faiths, to gather for six days at The Great Lakes Retreat. Individuals with diverse experiences and beliefs come together to create a community of laughter, joy, and healing, where it is safe to explore and share who and what we are.

**Now** is the time, for you to gather with other loving people of similar interests in your quest for spiritual development and fellowship. Come, relax, and experience **I AM... Infinite Love ... Infinite Wisdom ... Infinite Peace ... Infinite Oneness ... Infinite Unity ... Infinite Joy.** We are excited to offer you a week full of classes, lectures, workshops, meditations, healing experiences and more.

**Please** study this brochure carefully, and register as soon as possible to assure that you get the workshops and accommodations of your choice. Workshops are assigned on a first-come, first-served basis. Some classes are limited in size, so send in your registration early. **The cut off date for mail-in registration is July 11, 2015.**



**Retreat Theme: I AM.** This year we have been given a lovely gift from Camille Albrecht, the following insights about our cover design. “The blue you have chosen is the color of the Throat Chakra ... the chakra that bridges the physical world with the non-physical, the bridge from Earth to Heaven ... and Heaven to Earth. The symbol in the center fits perfectly with the idea of reflecting the Divine I Am here on earth. The circle has, since the beginning of time, symbolized the space within in which all creation exists ... in the beginning was the circle, and the Creative Force was the pulse of all life in its center. In the center of the circle is the Lemniscate, the symbol of Infinity, which symbolizes the boundless force of Spirit that has no beginning and no end ... the continual action and reaction of energy to matter, heaven to earth ... always One, with no beginning and no end.

The beautiful reflective hearts powerfully symbolize our loftiest goal, our prime directive, our purpose and our destiny ... to reflect the Power of All Power, Light of All Light, and Love of All Love, here on earth: The Great I AM ... and, as you have so beautifully written, Infinite Love, Wisdom, Peace, Oneness, Unity and Joy. As above, so below. May we reflect the Divine I AM in all we think, say and do here on earth.

And that is our calling now. The energies of today: Uranus, the Great Awakener, in the sign of Aries, who’s key phrase is ‘I AM,’ is working with Pluto in Capricorn, which sweeps away anything that blocks our ability to express the Great I AM ... we have the ability to communicate and connect with the Divine as never before ... God is, I AM and we are One. May this be our mantra now and forever.” ~ Camille Albrecht

Thank you so much, Camille! Join us on this powerful and life-changing journey, as we explore our connection to the I AM, and access the Infinite Love, Wisdom, Peace, Oneness, Unity and Joy that resides within each of us ... Honor us with your presence at the 2015 Great Lakes Retreat : **I AM.**

~ Cindy Berry-Addis

# TENTATIVE DAILY SCHEDULE

## Sunday

10:00	- 12:30	Registration, Gift Center & Book Store
12:30	- 1:00	Lunch
1:15	- 3:00	Opening Program
3:15	- 5:15	Afternoon Workshops
6:00	- 6:30	Dinner
7:15	- 8:30	Evening Program
8:45	- 9:45	Shamanic Fire Ceremony, Message Circles
9:00	- 11:00	Zodiac Zone, Sharing, Refreshments

## Monday - Thursday

7:30	- 8:00	Meditation
8:15	- 8:45	Breakfast
9:00	- 10:00	Morning Program
10:15	- 12:15	Morning Workshops
12:30	- 1:00	Lunch
1:15	- 3:30	Free Time, Consultations, Gift Center, Special Events*
3:45	- 5:45	Afternoon Workshops
6:00	- 6:30	Dinner
7:15	- 8:30	Evening Program
8:45	- 9:45	Special Events**
9:00	- 11:00	Zodiac Zone, Sharing, Refreshments

## Friday

7:00	- 8:00	Room Checkout (College Requirement)
8:15	- 8:45	Breakfast
9:00	- 11:00	Morning Workshops
11:15	- 12:00	Closing Program, Raffle Grand Prize
12:00	- 12:30	Lunch and Farewells

Free Time Special Events:

- \*Monday-Metaphysical Movie
- \*Tuesday-Book Review "E3"
- \*Wednesday-Class: Making Talking Sticks
- \*Thursday-Class: Women's Sacred Circle

Evening Special Events:

- \*\*Monday - Psychic Sampler; Gift Center open
- \*\*Wednesday - Kirtan Chanting Circle
- \*\*Thursday - Drumming Circle, Message Circles

## LOCATIONS

### Mott

Workshops   Lectures   Meditation  
Gift Center & Book Store  
Consultations   Healing Center

### Margaret Upton Conservatory

Workshops

Kirk - Cafeteria

Shipherd - Dorm Rooms

Gillette - Dorm Rooms

### Frederick Upton Center

Swimming Pool

## FREE TIME ACTIVITIES

- ★ Consultations
- ★ Gift Center & Book Store
- ★ Healing Center
- ★ Special Events
- ★ Swimming
- ★ Zodiac Zone

# LECTURES

CAMILLE  
ALBRECHT

*I AM*

Sunday, July 19  
7:15 p.m.



DAVID  
ZIMMERMAN

*2014 ~ The Year in  
Review with Esoteric  
Insights*

Wednesday, July 22  
9:00 a.m.



RACHAEL  
SALLEY

*To Infinity & Beyond*

Monday, July 20  
9:00 a.m.



HEALING  
SERVICE

Wednesday, July 22  
7:30 p.m.

BARBARA EVANS

*The Art of I AM*

Monday, July 20  
7:15 p.m.



NORMANDI  
ELLIS

*I AM a Being of  
Constant, Ceaseless  
Becoming*

Thursday, July 23  
9:00 a.m.



SANDRA SPYKER

*Keep the Light  
Burning*

Tuesday, July 21  
9:00 a.m.



JOHN DAVIS

*Thinking Big: The Key  
to Your Destiny*

Thursday, July 23  
7:15 p.m.

AUCTION &  
VARIETY SHOW

Tuesday, July 21  
7:15 p.m.



CLOSING  
CEREMONY

Friday, July 24  
11:15 a.m.



## A.M. WORKSHOPS (10:15 - 12:15)



### #1 BECOMING THE LIGHT OF THE WORLD

John Davis

Wyoming, MI

This class will give you personal tools for Spiritual Transformation and higher consciousness. Participants will learn: Programming for positive thinking & success; Powers & habits of forgiveness; Creating new habits for good health; Your personal role in healing the nations & helping with planetary transformation. This workshop is based on the teachings of Hamid Bey, the Mystery Schools of Ancient Egypt, John's book "Revelation For Our Time," and John's numerology decoding of the Mayan prophecies. **John Davis**, *TheKeysToYourDestiny.com*, is director of the *Coptic Fellowship International*, an action-oriented modern philosophy based upon the laws of balanced living, introduced originally by the Egyptian Mystery Schools. He is also Director of the Spiritual Unity of Nations dedicated to "The World as One Family." John is founder of the World Service Order program, training metaphysical leaders since 1985. He is an Egyptologist who has taken 29 tours to Egypt. He is an internationally known personal and planetary numerologist who has given over 12,000 numerology readings. John is author of "Revelation for Our Time" (1998), a positive universal prophecy for the coming times.



### #2 THE HEART OF BEING AWENYDD

Dani Ehlenfeldt

Grand Rapids, MI

In this course you will learn the basic concepts of Celtic Shamanism. Explore how we are a reflection of the World Tree through the horizontal and vertical axis. Take a journey to Otherworld and drink from the sacred cauldrons. Meet one of your familiars and create a spirit doll. Connect to your subtle bodies and the four elements. With the assistance of the elementals, learn how the vertical and horizontal axis combine within us and around us creating wholeness. **Dani Ehlenfeldt** is an Artist and British Trained Awenydd. Shamans work from inner knowing, internalizing, and making things their own. In the British tradition they call themselves Awenydd. The work is largely experiential ... knowing of and for yourself. Combining her skills as Awenydd and Artist she works to heal the world around her and assist the Being of the Otherworld. Dani has been a member and former Co-Chair of The Great Lakes Retreat Committee.



### #3 THE ART OF CHAKRA HEALING ~ A TRANSFORMATIONAL JOURNEY

Barbara Evans

Richland, MI

Join Barbara for an experience like no other, as your senses become engaged in spectacular ways to explore the inner secrets and benefits of the Chakra System. Barbara and her stunning high vibrational art will guide your journey, accompanied by sacred sounds of crystal singing bowls and vibrations of beneficial crystals. Enjoy and benefit from this amazing process as we explore ELEVEN Major Chakras. Discover why Chakra activation is important for successfully awakening your true essence and enhancing your wellbeing! **Barbara Evans**, is an award winning author, transformational healing artist, teacher and founder of *The Eden Method™*, a new energy healing approach for raising frequency. Interweaving sacred geometry, art, crystals and sound in a unique way, her work activates and enhances wellbeing on all levels of Body, Mind and Spirit. Barbara is also a Crystal Resonance Therapist, Reiki Master, Ordained Minister, international presenter and frequent guest on Radio Shows. She has published several books, including *Messages of Universal Wisdom* and two *Mandala Coloring Books*. She has also created an Empowerment Deck, fine art prints of her transformational artwork, and a Meditation DVD. Visit Barbara's website: [www.TheEdenMethod.com](http://www.TheEdenMethod.com)

**PLEASE NOTE:** You can sign up for one Morning Workshop, OR five A.M. Single Sessions (listed on page 8), but not both!

## A.M. WORKSHOPS (10:15 - 12:15)



### #4 SPIRIT GUIDES & OUR UNSEEN COMPANIONS ALONG THE WAY

Laura MacLachlan

Dryden, MI

In this class we will explore our relationships with our unseen Spirit Guides, Teachers, Loved Ones, and Guardians from the Angelic Realm. How do we make contact? What do they have to say? How do they fit in with our life story? We will work with all sorts of avenues to make that contact and form a relationship with these loving beings. **Laura MacLachlan**, has been a student of metaphysics for over 30 years. She was certified by the United Metaphysical Churches as a Medium and Spiritual Healer in 1991 and received UMC ordination in 2001. She currently serves as the pastor of First Spiritual Church of Bay City. She is also the First Spiritual Church Board President on the local level, and Vice President of the United Metaphysical Churches Executive Board on the national level. Laura also serves on the UMC Education Department as Seminary Co-Chair and teaches at the UMC Seminary. When not doing her church work, Laura trains Hunter Seat Equitation and Stadium Jumping students and their horses part time. She has been a professional Horseman for over 40 years.



### #5 EVERYDAY USE OF ESSENTIAL OILS

Jeannette Vaupel

Genoa, IL & Surprise, AZ

In this class you will learn: Day 1 - The history, safety considerations and recommended ways to use (by diffusing or direct application of) medical grade oils; and work with Lavender, Lemon and Orange oils. Day 2 - The Frequencies and Chemistry of oils; and work with Oregano, Basil and Thyme oils. Day 3 - Discover which other oils are helpful for colds/flu, skin issues, insect bites. Day 4 - Tips for household use (make and take home a bathroom deodorizer). Day 5 - How to use oils for health concerns like sore muscles, sinus issues and many more. Make a blend for your specific issue. Handouts will be provided each day. **Please Note:** An additional cost of \$20 is required (\$10 for Day 4 and \$10 for Day 5) for supplies, to be collected in class. **Jeannette Vaupel**, after practicing nursing in varied settings, as well as overseeing Quality Assurance for medical staff and hospital departments, she pursued private practice as a licensed massage therapist. This was followed by teaching Anatomy & Physiology, Pathology, Ethics, Massage Techniques, and Nutrition, while owning & directing a private massage training school for 13 years. She began using essential oils in the 1990's and has taught many classes since. She offers the Raindrop Technique, and the creation of specific blends for an individual's unique needs. Currently, Jeannette is pursuing a certification in Clinical Aromatherapy.



### #6 ESOTERIC HEALING AND ESOTERIC ANATOMY

David Zimmerman

Rochester Hills, MI

This is a College Level Class for those who are interested in the "Science of the Healing Arts." We will discuss the Chakra System and their Nadis, and how they relate to the various organs of the body; the Bach Flower Remedies and their relationship to challenging astrological placements. Astrology and the use of chart examples indicating the health issues of famous people and previous clients: how those challenges show up physically, mentally, emotionally and spiritually; what can be helped and what is Karmic; how Karmic placements can be addressed. (Bring your Astrological Birth Chart with you, to see which Bach Flower Remedies can be supportive and helpful for you). We will cover Healing, Energy work, Breath Work - Pranic Energy, and the effects of Meditation on Health & the Body, and New Teachings on Esoteric Anatomy and Man's place in the Universe. Full color charts and hand-outs included. **David Zimmerman, B. Mph**, is a retired G.M. executive and a Vietnam War veteran. He studied art at Indiana University and is a graduate of Claregate College of England. David is a life-long student of the Ageless Wisdom Teachings and provides new insights suitable for our time. He is a sought after lecturer, producer and generous supporter of educational DVDs, CDs and writings on Esoteric subjects throughout the United States, England, Australia, Europe and South Africa.



### #7 CRYSTAL CONNECTIONS

Jeanna Billings

Petersburg, IN

This week long class will focus on the Crystal Kingdom's contribution to our lives. In this hands-on workshop, you will learn how crystals may be used to enhance your daily life. We will be discussing crystal types and uses; Crystal re-tuning, activation and programming; Chakra balancing for pets and people; Crystal rituals for grounding, protection, love and prosperity; Constructing and activating crystal grids, and creating your own crystal toolbox. Crystals will be provided for class but please feel free to bring

your own favorites to join in the fun. **Jeanna Billings**, [www.shamansspirit.net](http://www.shamansspirit.net), serves an international clientele with animal communication, power animal consultations, canine massage, Reiki and crystal healing sessions. She teaches classes in Animal Communication, Accessing Your Power Animal, and Crystal Energies. Jeanna is an Animal Communicator, Coptic Minister, and Master Reiki Teacher, working with animals and people to promote the Mind, Body, Spirit connection.



### #8 SCRIBING YOUR BOOK OF LIGHT AND SHADOW ~ CREATING A SPIRIT JOURNAL FOR SPIRIT COMMUNICATION AND RITUAL

Normandi Ellis

Chesterfield, IN

The relationship you have with yourself matters. The relationship you have with your spiritual self creates matter. The first sentence describes the deep psychological process of exploration that occurs in any depth of journal writing. The second sentence lies at the heart of your intention for scribing your spiritual journal. The idea is not simply to record your thought but to

monitor how your thought manifests as the "I AM" in your life, and subsequently to use thought and choose thoughts to assist you in manifesting your life. As metaphysicians, we will use seed thought meditations, explore automatic writing in spirit contact with your guides & record your processes, and share insights & ceremonies. Whether engaged in astrology, tarot, full moon ceremonies, dreams, or simply self-exploration ... this class offers ways to enhance any magical or ceremonial practice by keeping a spiritual and ritual journal. **Normandi Ellis**, [www.normandiellis.com](http://www.normandiellis.com), is the author of many books of fiction and non-fiction. She has translated the spiritual classic "Awakening Osiris" from the hieroglyphs in the "Egyptian Book of the Dead." Normandi is an ordained priestess in the Fellowship of Isis and leads trips to Egypt with ShamanicJourneys.com. She is a Spiritualist medium, past president of the National Association of the Poetry Therapy Foundation, and is a board member of the Association of the Study of Women and Mythology. Normandi presents workshops around the country and lives in Camp Chesterfield, IN.



### #9 SHINRINYOKU ~ FOREST IMMERSION

Minnie Kansman

Portland, MI

Shinrin is the Japanese word for "forest," and yoku means "being immersed in." In the 1980's scientists in Japan started experimenting with the effect that spending time in a living forest has on the physical body. They discovered and documented amazing health benefits from lowered blood pressure and pulse rate, to decreased levels of cortisol, the stress hormone present in cancer. In this workshop we will experience the many ways Mother Nature offers her medicine so lovingly to us. Come saturate your

senses to recharge, ground, heal and connect to her amazing power. Focusing on the present moment, letting go of mind chatter, sharing and recharging our energies with Nature are just a few of the Shinrin experiments we will be doing. Most of our class time will be spent out of doors and in the beautiful central courtyard at Olivet. Please bring a folding chair or blanket to sit on, an open mind and a desire to relax. **Minnie Kansman**, a graduate of flora-culture from Michigan State University, began her teaching and consultation business, Eco-Balance Humanity in Harmony with Nature, in 1994. She is the author of the book, "Spirit Gardens: Rekindling our Nature Connection." She is co-partner in Mystic Travel, taking groups on sacred journeys around the world. A student of Nature all of her life, her soul's purpose is to remind others of their Divine relationship with her.

## P.M. WORKSHOPS (3:45 - 5:45)



### #10 THE WAY OF THE MODERN SHAMAN

Steve Krejcik

Brookfield, IL

These sessions will explore the esoteric wisdom teachings of the Q'ero Shamans of Peru. Through experiential work, we will learn how to take back our spiritual power, and to move freely between the levels of perceptual awareness where healing and other options are available. We will explore the secrets of indigenous alchemy, and how to transmute our pain into ecstatic joy. We will also experience Mythic Mapping, Sacred Drama, Ancestor Work and a Despacho Prayer Bundle. We will close with a fire ceremony where we offer our intentions to spirit for healing and transformation. **Steve Krejcik**, is a Coptic Board Member, Minister, teacher and healer. He is the founder of Grey Wolf Healing Therapies located in the Chicago suburbs. Steve has helped thousands clear emotional and energetic roadblocks using the techniques of the Q'ero Shamans of Peru. He has published numerous articles on self-improvement techniques and spiritual growth. Steve believes that one's highest goal in life is to know yourself, and that we measure our spiritual progress by the level of inner peace, joy and love that we feel and express.



### #11 ANIMAL TOTEMS / SPIRIT GUIDES

Sandra Spyker

Sanford, MI

This class will provide the tools for you to identify your personal Animal Totems and create sacred contracts to foster a true connection to Mother Earth and all her creatures. Using an assortment of meditative techniques, you will develop your intuitive skills and extend your conscious awareness beyond what is regarded as "ordinary" reality. Communication with your animal spirit guides can bring you energy, vigor, strength and the enthusiasm to meet challenging situations. It reinforces the truth that all nature is Divine, and that all animals speak to those who listen. **Sandra Spyker**, is an ordained minister of Divine Metaphysics, certified medium and healer with the United Metaphysical Churches. She is a Trustee of the UMC Executive Board, serves as Co-Chairperson of the Education Department, and teaches a number of courses at the UMC Seminary, including *Symbols: Language of the Soul*. She also serves as staff minister and vice president on the Board of the First Spiritual Church of Bay City, Michigan. Sandra worked for over 25 years in the Midland County court system.



### #12 WOMAN-SONG: WEAVING A POWERFUL FUTURE, HOLDING A SACRED PAST

Deb Swingholm

Swanton, OH

This workshop opens a door to the mysteries, rituals and rhythms of the Sacred Feminine. As healers, midwives, story-keepers, warriors, priestesses and tribal leaders, our female ancestors left us a legacy of power. We will embrace and rekindle that legacy, taking it forward. We will spiral inward to experience the holy Goddess. Come celebrate the Ways of Womanhood. Listen to your intuition. Grow your creativity. Be inspired, and stand confident, strong and radiant in your essential feminine power. **Deb Swingholm**, has had a lifelong passion for art, music and spiritual discovery, and that passion has taken her around the world. Her journey has been one of sacred sites and mystical places in Europe, Asia and the Middle East, gathering knowledge of ancient sacred traditions, shamanic practices, ceremonies and healing methods drawn from many cultures. Over the past 20 years Deb has served as a speaker, teacher, tour leader and spiritual mentor. A photographer and writer, her work has been published internationally. Her "Walking with the Goddess" classes and tours immerse you in the beauty and wisdom of the Divine Feminine.

**PLEASE NOTE: You can sign up for one Afternoon Workshop, OR five P.M. Single Sessions (listed on page 9), but not both!**



## A.M. SINGLE SESSIONS (10:15 - 12:15)

Single Sessions are designed for those full time retreatants who would like to sample a greater variety of topics or for those who can only attend the retreat for a day or two. The workshop leader and topics change with each session.

### MONDAY MORNING (choose one)

- #13 Animals in Spirit** **Jeanna Billings**  
Do animals go to Heaven? What do our pets think of the Spirit World? This class will explore what the animals have shared about life on the other side and how they choose to return to us. Learn to connect with those who have crossed The Rainbow Bridge.
- #14 Stepping into the Future of Health and Wellbeing** **Amy Biank**  
Take a look at the new model of the solar system and how it impacts your energy field, health and wellbeing. As a medical intuitive, Amy has extensively studied how our energy systems are impacted by the sun, moon and stars. Science is exploding with new theories and a new understanding of our DNA.

### TUESDAY MORNING (choose one)

- #15 Introduction to Pal Dan Qigong** **Dr. Antonio Sieira**  
Qigong is a form of "energy medicine," combining movement, meditation and the regulation of breathing and balance to enhance the movement of Qi (chi=energy). Qigong may be practiced in an active or passive method. Pal Dan Gum is an example of active Qigong.
- #16 Meet & Greet with the Angels (Reading Angel Cards)** **Dusty Russell**  
Learn the basics of Angel Card reading. How to prepare yourself and the Angel Cards, how to interpret the cards and how to use the basic layouts or spreads. For class we will use Doreen Virtue's *Angel Dreams* deck. Decks of *Angel Dreams* will be available for \$15.00 each, or bring your own deck.

### WEDNESDAY MORNING (choose one)

- #17 The Mindfulness Meditation System™©** **Dr. Antonio Sieira**  
The Mindfulness Meditation System™© is a learning system that combines physiological, psychological and neurological systems of the mind/body connection with mental focus and neuro-plasticity. This process will help achieve a state of mindfulness during meditation.
- #18 Healing at Your Fingertips** **Michael Joy Stauffer**  
Using multiple modalities of mudras, energy medicine, NLP, EFT, Chinese Facelift, Korean Hand Therapy and Divinity ins (pronounced eens), Michael Joy presents a "hands on" workshop. She will demonstrate that healing truly is at our fingertips.

### THURSDAY MORNING (choose one)

- #19 The Art of Chaos** **Nessa McCCasey**  
Using poems, journaling, spontaneous writing, along with sharing and discussion, we will explore our individual paths through the Chaos of Life. We will work with transforming the negative energies of chaos (overwhelm, stress, frustration, despair, etc.) into positive possibilities.
- #20 Making Medicine Bags** **Jeanette Locher**  
We will learn what medicine bags are used for, and Jeanette will share some Native American history. Working with pre-cut leather forms, sinew and beads, each participant will create their own medicine bag. **Please note:** there is an additional \$10.00 cost for supplies, to be collected in class.

### FRIDAY MORNING (choose one)

- #21 Mastery, from Maze to Amazement** **Rachael Salley**  
We will be drawing from and working with much of the wonderful information that we have gathered from immersing ourselves in the energy of The Great Lakes Retreat this week, shaping it to use in our everyday lives and allowing it to become our truth.
- #22 Antahkarana ~ The Mysterious Connection** **Jack Swartz**  
We will explore the history of the Antahkarana, as well as its relationship to our physical, mental and spiritual self. We will be asking questions such as: What is it? Where does it come from? How does it connect to us? And how can we use it?

For more detailed information about the single sessions on this page please visit our website at [www.thegreatlakesretreat.org](http://www.thegreatlakesretreat.org)

**PLEASE NOTE:** You can either sign up for five - A.M. Single Sessions, or one Morning Workshop, but not both!

## P.M. SINGLE SESSIONS (3:45 - 5:45)

### SUNDAY AFTERNOON (choose one)

- #23 The Astrology of 2015 and Beyond** **Camille Albrecht**  
Unique and remarkable astrological events are unfolding that we have never experienced before. The opportunities for growth are unprecedented in the challenges and changes we are facing. We have new tools to work with ... and Astrology is rich in answers.
- #24 Peruvian Ica Stones** **Karen Martin**  
Karen is guardian of over 40 Ica Stones that are pictographs dug from the earth, outside of Lima Peru. Hear how the stones came to the Midwest, their stories and teachings about medicine, education, science, and their healings. Experience messages from the Stones and a Past Life Regression.

### MONDAY AFTERNOON (choose one)

- #25 You're a Rainbow: Journey through the 7 Chakras** **Janet Leonard**  
The 7 Chakras, located along the etheric spine in the body, each represent a color of the rainbow, and profoundly affect our physical health. Disease is simply dis-ease in the body. Learn ways to identify blockages and techniques to clear them, restoring balance to your energy system.
- #26 Using Music to Help Your Spirit Soar** **Dave Enway**  
Music has great power and communal music (sing alongs) can cause problems to melt away and our hearts to soar. When you are in this elevated state, it is easy to lift up out of your body, dance with the angels and receive divine guidance! Join musical artist Dave Enway for this creative class.

### TUESDAY AFTERNOON (choose one)

- #27 I AM Free to Create My Highest Dream** **Barbara Evans**  
Discover why Love and Wisdom are the vital guiding principles for creating your New Dream. Allow Barbara to interweave her high vibrational art with crystal singing bowls, crystals and guided messages, to inspire your journey of manifestation.
- #28 The Tarot ~ GPS for the Soul** **Rachael Salley**  
In this class we will use the Major Arcana as a guide and a pathway to soul growth. Rachael will help you to understand and make sense of the symbols, and work with the activation of the Archetypes.

### WEDNESDAY AFTERNOON (choose one)

- #29 Kirtan Chanting and Hindu Deities** **Brooke Jansen Dillane**  
Chanting is an ancient call-and-response devotional practice that brings us back to our hearts, out of our heads and into the Light! We will explore chanting a variety of Names and the energy that each Name invokes. No experience required. Words in Sanskrit and English will be provided.
- #30 Universal Symbols in the Tarot** **Laura MacLachlan**  
Using the Rider Waite Tarot Deck, we will discuss universal symbols, which offer insight about the story the card is trying to tell. By recognizing symbols, you can avoid having to memorize definitions, and access the hidden wisdom in the card. We will also work with Spirit in this process.

### THURSDAY AFTERNOON (choose one)

- #31 Spirituality and Compassion go Hand-in-Hand** **Dusty Russell**  
Our path to spiritual discovery often involves giving love, offering forgiveness, and accepting difficulties. We extend these acts of love and compassion to others, but not to ourselves. It is time to give love, forgiveness and compassion to the most important person in the Universe: YOU!
- #32 Famous People and Reincarnation** **David Zimmerman**  
This class will provide a fresh new look at famous people of the past and who they have reincarnated as in recent lives: Robin Williams, Galileo, The Kennedys, Plato, Socrates, Abraham Lincoln, Barack Obama and others. Join us for this very interesting session.

For more detailed information about the single sessions on this page please visit our website at [www.thegreatlakesretreat.org](http://www.thegreatlakesretreat.org)

**PLEASE NOTE:** You can either sign up for five - P.M. Single Sessions, or one Afternoon Workshop, but not both!

## NOTES OF SPECIAL INTEREST

**ATTENDEES:** Due to the focus of the Great Lakes Retreat, the program is intended for mature responsible individuals. Child care is not available.

**AUCTION** will be held before the Variety Show on Tuesday night, offering fun and unique items to bid on. If you would like to donate new or hand crafted items, contact Nan@TheGreatLakesRetreat.org.

**EARLY ARRIVALS** on Saturday may register **after 2:00 P.M.** This will include a room, dinner, and Sunday breakfast for an added fee of \$80 per person, \$90 per person in Gillette. *Reservations for Saturday night lodging must be made by June 28, 2015.* Limited number of rooms available.

**EMERGENCY PHONE NUMBERS** at Campus Security are (269) 749-7911 or (269) 749-7173. Conference Office (269) 749-7611 or (269) 749-7197.

**GIFT CENTER & BOOK STORE** The “Enlightenment Emporium” will have many new and original creations available for purchase, and provide metaphysical and spiritual literature, including books recommended by workshop leaders. Limited space is available, any full time retreatant, wishing to display and sell items, or any full time retreatant who is a book vendor with new books, please contact: Ronda San Cartier, (269) 251-0879 Email: Ronda@TheGreatLakesRetreat.org

**GUARDIAN ANGEL** program provides an opportunity to share in the loving and giving spirit of the retreat. Sending loving thoughts, prayers, giving hugs, taking time to talk, leaving notes at their door, keeping your identity a secret, (or not), using the Angel Message Table . . . the idea behind all of this is the giving and sharing of energy and love. If you wish to participate in this activity, fill out the Angel form included in your folder.

**HEALING CENTER** will be open daily during the free time. A fine staff of healers will be available. Your love offerings will be accepted and appreciated. Massage tables needed! Anyone who can bring a massage table for the Healing Center please contact Laura Clignett, (616) 214-5923 Email: Laura@TheGreatLakesRetreat.org

**HEALING SERVICE** will be held on Wednesday, July 22, at 7:30 P.M.

**INCENTIVE PROGRAM** to help with your tuition. See page 13 for money saving details!

**KEY DEPOSIT** of \$10 per key is required. The deposit will be refunded when you return your key prior to your departure. The charge for a lost key is \$40.

**MEALS** will be served in the Kirk Student Center Cafeteria. The menu includes a salad bar, vegetarian and non-vegetarian choices.

**MEDICAL POLICY:** Retreatants in need of medical assistance shall seek out Olivet staff or The Great Lakes Retreat Committee members for information. Staff and committee members reserve the right to call for professional medical help for any retreatant.

**MEDITATION** will be held each morning at 7:30 A.M. facilitated by Cindy Berry-Addis.

**MUSIC**, preceding each lecture, will be facilitated to contribute to the spirit of the retreat.

**PETS** are not allowed on campus.

## NOTES OF SPECIAL INTEREST

**PSYCHIC SAMPLER** provides a chance to explore different consultation modalities. Retreatants who are experienced consultants and wish to donate their time and talent as a reader, please send consultation background, name, address and phone number to Cindy Berry-Addis, (616) 835-1625. Email: [Cindy@TheGreatLakesRetreat.org](mailto:Cindy@TheGreatLakesRetreat.org)

**QUIET TIME** needs to be observed in the hallways and dorms during afternoon free-time and evening hours after 10:00 p.m.

**RAFFLES** will be held twice a day prior to the morning and evening program with proceeds benefiting a Scholarship/Special Fund, that helps to support the continuation of The Great Lakes Retreat. Tickets will be on sale outside Mott Auditorium. **You must be present to win.** To donate raffle items, contact [Nan@TheGreatLakesRetreat.org](mailto:Nan@TheGreatLakesRetreat.org).

**RECORDING:** Workshops and Single Sessions will not be recorded. You may record your own Workshop or Single Session with the leader's permission. Lectures will be recorded and the DVD's will be for sale.

**REFUNDS:** Any cancellation will be subject to a \$20 handling fee.

**REGISTRATION** (mail-in) cut-off date is July 12, 2015. Early registration paid in full before April 26, 2015, receives a \$20 discount. Late registration after July 12, 2015 is assessed a late registration fee of \$20. Prices are higher at the door. **REGISTRATION PRIOR TO THE RETREAT IS HIGHLY RECOMMENDED.**

**SPIRITUAL CONSULTATION** appointments will be available during the Retreat. Information on consultants will be mailed to you along with your registration confirmation. Preregistration is advised. This will give you first choice and also eliminate the long lines often experienced when signing up at the retreat. Fees are \$40 for a 25-minute session and \$80 for a 55-minute session, except as otherwise noted.

**SWIMMING** will be available. Pool hours will be announced.

**TRANSPORTATION** from the Capital City (Lansing) Airport to Olivet College will be provided on Saturday, July 18, from 3:00 P.M. to 10:00 P.M.; Sunday, July 19, at 8:30 A.M.; and from Olivet College to the Lansing Airport on Friday, July 24, beginning at 11:30 A.M. *All information regarding your arrival and departure dates, times, airlines, and flight numbers need to be in the hands of: Kristina Ehlenfeldt by July 12, 2015. (616) 334-8948*  
Email: [Kristina@TheGreatLakesRetreat.org](mailto:Kristina@TheGreatLakesRetreat.org). You will need to make your own arrangements if you do not contact Kristina by July 12, 2015. A cash Shuttle Fee of \$35 (one way) per person will be collected at time of transport.

**USED BOOKS** will be available for purchase in the Bookstore. If you have any used books you would like to donate to the Bookstore please contact Ronda San Cartier, (269) 251-0879 Email: [Ronda@TheGreatLakesRetreat.org](mailto:Ronda@TheGreatLakesRetreat.org)

**VARIETY SHOW** offers an opportunity for retreatants to share their special abilities on Tuesday, July 21. All acts will be auditioned.

**VOLUNTEER ASSISTANCE** is welcomed from those who wish to contribute their time to the success of the retreat. Check the appropriate box on your registration application!

**ZODIAC ZONE** is a place to meet with friends and share refreshments. Evenings from: 9:00 P.M. to 11:00 P.M. (Shipherd Hall Lounge) Cookie donations welcomed, please contact [Margo@TheGreatLakesRetreat.org](mailto:Margo@TheGreatLakesRetreat.org)

## Location

**Olivet College** is located in South Central Michigan, 30 miles southwest of Lansing, the state capitol, and 125 miles west of Detroit. It sits on a rolling hilltop shaded by huge maple and oak trees in the city of Olivet, a friendly community of 1,700 persons. The College surrounds the parklike College square for easy access on foot.

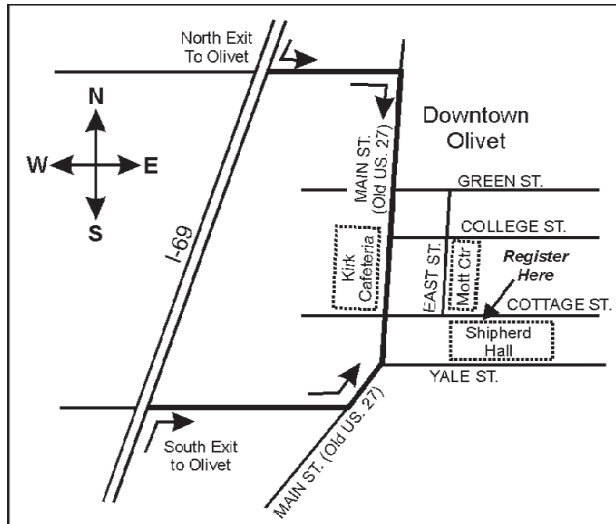
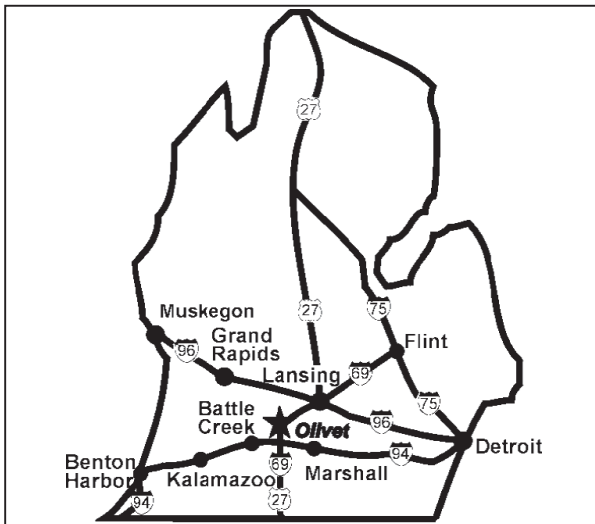
## Directions

**From Detroit:** Take I-94 west to Exit 110. Follow north about 10 miles to the College.

**From Lansing:** Take I-69 south to Exit 51 (Ainger Road), turn left. At next stop sign turn right to the College.

**From Kalamazoo:** Take I-94 to I-69 north. Follow to first Olivet exit (Exit 48), turn right at stop sign. Turn left at next stop sign, follow to College (about 1/2 mile).

**From Mt. Pleasant:** Take I-27 south to I-69. Exit I-69 at Ainger Road (Exit 51), turn left. At the next stop sign turn right to the College.



## For More Information

### CO-CHAIR

Bev Boerman  
(616) 262-1336

Bev@TheGreatLakesRetreat.org

### CO-CHAIR

Nan Hunt  
(616) 437-2425

Nan@TheGreatLakesRetreat.org

### CONSULTATIONS

Sandy Hafer  
1577 N. Cherry  
Stevensville, MI 49127  
(269) 313-5670  
Sandy@TheGreatLakesRetreat.org

### GIFT & BOOK CENTER

Ronda San Cartier  
4275 W. Dickman Rd, Apt 3C  
Springfield, MI 49037  
(269) 251-0879  
Ronda@TheGreatLakesRetreat.org

### REGISTRATION

Kristina Ehlenfeldt  
1405 Spencer St NE  
Grand Rapids, MI 49505  
(616) 334-8948  
Kristina@TheGreatLakesRetreat.org

# The Great Lakes Retreat

“Where Heaven and Earth Meet”

**INCENTIVE PROGRAM:** For every new person you bring to the retreat, you will receive a \$30 credit toward your tuition. The new retreatant must be full-time (signed up for the entire week) and it must be their first year attending. Please have them put your name on the **I was referred by:** line on page 16 of the registration application.

## SPIRITUAL COUNSELORS

Amy Biank  
Jeanna Billings  
Linda Craven  
John Davis  
Brook Jansen Dillane

Dani Ehlenfeldt  
Normandi Ellis  
Barbara Evans  
Steven Krejciak  
Adrianna Lesniak

Laura MacLachlan  
Karen Martin  
Jim Puskala  
Dusty Russel  
Rachael Salley

Sandra Spyker  
Michael Joy Stauffer  
Deb Swingholm  
Donna Tomchuck  
Jeannette Vaupel



## THE GREAT LAKES RETREAT COMMITTEE

Cindy Berry-Addis: Brochure/Psychic Sampler/  
Signs/Meditation  
Bev Boerman: Co-Chair/Healing Service  
Nina Castelluzzo: Secretary  
Laura Clignett: Healing Center  
Shari Davis-Schoech: Treasurer/Auction  
Kristina Ehlenfeldt: Registration/Mailing  
Dennis Hafer: IT/Photography/Brochure

Sandy Hafer: Counseling/Brochure  
Nan Hunt: Co-Chair/MC/Healing Service  
Hilary Mol: Music/Mailing/Web Site  
Margo San Cartier: Zodiac Zone  
Ronda San Cartier: Auction/Enlightenment  
Emporium  
Laura Joy Veeneman: Variety Show/Raffle/Silent Auction

Web Site: [www.TheGreatLakesRetreat.org](http://www.TheGreatLakesRetreat.org)

# MEMORIES OF 2014



# REGISTRATION APPLICATION



Cut Along Dotted Line and Return This Form

**Please complete a separate form for each registrant.**

\_\_\_\_\_  
 Last Name (*Please Print*)      First Name (*For Name Tag*)      Initial

\_\_\_\_\_  
 Street Address, Route, Box or Apt. #

\_\_\_\_\_  
 City      State/Province      Zip      Country

\_\_\_\_\_  
 Area Code & Phone Number      E-mail (permission to publish Y or N )

## **LODGING - PROGRAMMING** (U.S. Dollars)

ADULT REGISTRATION includes: housing in an air conditioned, double occupancy room with shared bath, all lectures, workshops, participation in all activities, and meals.

<b><u>RATES</u></b>	<b><u>Regular</u></b>	<b><u>Early Bird*</u></b>	<b><u>Amount</u></b>
Adult	\$595	\$575	\$ _____
Program Only (5 days, meals)	\$425	\$425	\$ _____
Daily Program (includes meals)	\$130	\$130	\$ _____
Lecture Only	\$ 15	\$ 15	\$ _____

*All prices are higher at the door*

*\*Early Bird registration must be paid in full before April 26, 2015*

**EXTRA COST OPTIONS** (Subject to Availability) *Private rooms on second and third floor only. Private baths not available.*

	<b><u>ADD</u></b>	<b><u>ADD</u></b>	
Gillette Townhouse	\$110	\$110	\$ _____
Sat. Night Dinner, Lodging, Breakfast	\$ 80	\$ 80	\$ _____
Sat. Night in Gillette	\$ 90	\$ 90	\$ _____
Private Room Fee	\$ 80	\$ 80	\$ _____
Late Registration Fee after July 12, 2015	\$ 20	\$ 20	\$ _____
Subtract \$10 if registered for the entire week and you provide your own linens (towels and twin size sheets)			\$ _____

**TOTAL AMOUNT DUE** \$ \_\_\_\_\_

Visa/MC # \_\_\_\_\_ Expires \_\_\_\_\_

Your Signature: \_\_\_\_\_ Date: \_\_\_\_\_

DEPOSIT with Application (add \$80 for private room).... \$100  
 2nd PAYMENT due May 24 ..... \$100  
 3rd PAYMENT due June 28 ..... Balance Due

**AMOUNT ENCLOSED** \$ \_\_\_\_\_

Make check or money order payable to: **THE GREAT LAKES RETREAT**



## **Please Read and Sign**

I agree to abide by the Rules and Policies set forth by Olivet College and The Great Lakes Retreat Committee.

Signature \_\_\_\_\_ Date \_\_\_\_\_



# REGISTRATION APPLICATION

Register for one morning and one afternoon weeklong Workshop,  
**OR** for daily Single Sessions.

### WORKSHOPS

	A.M. Workshop		P.M. Workshop
	#	Leader	#
1st Choice	_____ / _____	_____ / _____	_____ / _____
2nd Choice	_____ / _____	_____ / _____	_____ / _____

### SINGLE SESSIONS

Single Sessions run concurrently with the workshops.

	A.M. Workshop		P.M. Workshop
	#	Leader	#
Sunday	_____ / _____	_____ / _____	_____ / _____
Monday	_____ / _____	_____ / _____	_____ / _____
Tuesday	_____ / _____	_____ / _____	_____ / _____
Wednesday	_____ / _____	_____ / _____	_____ / _____
Thursday	_____ / _____	_____ / _____	_____ / _____
Friday	_____ / _____	_____ / _____	_____ / _____

### MISCELLANEOUS

Requested Roommate: \_\_\_\_\_

If no specific roommate is requested, you will be assigned a roommate of the same gender, similar age, and smoking preference.

Your Name: \_\_\_\_\_

Gender: \_\_\_\_\_ Female \_\_\_\_\_ Male

Age: \_\_\_\_\_ Under 18 \_\_\_\_\_ 18-25 \_\_\_\_\_ 26-35

\_\_\_\_\_ 36-50 \_\_\_\_\_ 51-65 \_\_\_\_\_ Over 65

Smoking: \_\_\_\_\_ Smoker \_\_\_\_\_ Non-Smoker

\_\_\_\_\_ **If possible**, for health reasons, I need a first floor room. *(Limited Availability)*  
 Health Reason: \_\_\_\_\_

**Please indicate:**

\_\_\_\_\_ This is my first Great Lakes Retreat. *(We're glad you're coming!)*

\_\_\_\_\_ I volunteer to help where needed.

\_\_\_\_\_ I will donate time in the Healing Center.

\_\_\_\_\_ I would like to participate in the Variety Show.

Meal Preference: \_\_\_\_\_ Vegetarian \_\_\_\_\_ Standard

**Incentive Program**

**I was referred by:** \_\_\_\_\_

Please send a copy of this brochure to the following person(optional):

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**MAIL PAGES 15 & 16 TO:** *Kristina Ehlenfeldt*  
*1405 Spencer St NE, Grand Rapids, MI 49505*



**Cut Along Dotted Line and Return This Form**

