

December 12, 2019

SOU

# ph: 5156 6382

# **Care - Respect - Commitment - Responsibility - Inclusiveness**

# Eagle Point Primary School

43 School Rd, Eagle Point, 3878

www.eaglepoint.vic.edu.au email: eagle.point.ps@edumail.vic.gov.au EDITIO

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December	No Lunch Orders - December
Thu 12 <sup>th</sup>	Whole School End of Year Celebration BBQ 5.30pm
Fri 13 <sup>th</sup>	Swimming
Mon 16 <sup>th</sup>	Whole School Transition 9.00-11.00am
Thu 19 <sup>th</sup>	Pool Party 9.30-2.30 Final Assembly 2.45pm
Fri 20 <sup>th</sup>	Last Day Term 4- Clean Up Day - 1.30pm Finish
January	
Thu 23 <sup>rd</sup>	Book Collection Day 8.00am-5.30pm
Thu 30 <sup>th</sup>	Students Commence Term 1

Dear Families.

I cannot believe that I am sitting down to write the final newsletter of the year! It seems like only a few months ago I was welcoming you all back to the start of the new year and here we are at the end. This year has been an exciting and busy one.

Our Preps have grown up so much and their confidence in themselves and their abilities has grown so much. This becomes obvious as we watch them welcome the new class of preps into our school on Thursday mornings during transition. It is wonderful to see them being little leaders.

Congratulations to Mrs Ford and Mr Driver as they near the end of their first year of their teaching careers. From anxious beginners they have come so far and I am proud of the professional manner in which they conduct themselves.

Another acknowledgment and thank you to Mrs Jenman and Belinda Street for their work at Eagle Point Primary School over the past years. As both of these ladies will be starting work in new schools next year we prepare to say farewell. We would also like to wish Mrs Dicker a wonderful retirement.

Finally congratulations to our graduating class of 2020! I still remember meeting you all so many years ago and I have loved watching you grow and develop into independent people ready to begin the next stage of your educational career. This evening the whole school community is invited to come together to share a meal and then stay on to listen and celebrate your graduation. I am hoping we have many families come along for the evening.

Kind regards, Anna Duncan Principal

🚺 JSC - Juice Boxes are available daily at lunchtime \$1.0 0 🗾



Icy Poles are available lunch time Thursdays .50c 🚀

### Class lists 2020

On Monday 16<sup>th</sup> December all students and staff will have a trial period in the classroom they will be in for 2020. The class lists for 2020 have been finalised and are on display on the parent's notice board in the office area of school. On Monday morning, all students will take their bags to their classroom and come to the assembly area at 9am. From here, we will break into new class groupings. Students and staff will work together for the morning to get to know each other a little better before the start of the new school year. Grade 6's will work with Mrs Jenman in the Art Room. If you have any questions about class groups please see Anna Duncan.

### Pool Party & Last Day

On Thursday 19<sup>th</sup> December, all students who have participated in the swimming lessons will travel to the outdoor pool for a celebration pool party. Students will leave school at 9:15am and will have a BBQ lunch at the pool. After lunch and a final swim, students will travel back to school for a final assembly which will begin at approx. 2:45pm. On Friday 20<sup>th</sup> December students who will be attending school are requested to bring buckets, clothes and gloves in preparation for the Clean Up day. During this time, students will assist staff with cleaning out cupboards and shelves, chairs, tables and tubs. Parents are always excitedly welcomed on this day as well. The school day finishes at 1:30pm. Please remember there is no bus service in this day due to the early finish.

### **Harley**

As many of you may be aware, Harley Ryan is a talented sportsman who has been successful with qualifying for Regional level Athletics. Harley has also demonstrated a real talent for soccer and was invited to the West Ham United National Camp in Queensland over the September holidays. We are very proud to inform the school community that due to his success there Harley has received an invitation to join the United Kingdom Development Tour in 2020. This is an amazing opportunity for one of our students to be selected as one of Australia's top potential talents. Congratulations Harley, we are all so very proud of you and your success.

### **Cyber Safety**

This week, the cyber safety topic is the app Tik Tok. Tik Tok was known previously as musical.ly and was created so people can share short 15 second videos across the world. The app was shut down due to lack of adherence to privacy laws. The app owners then created a new platform called Tik Tok and moved all musically accounts into this new app. The app owners have recently been fined again for allowing access to children under the age of 13, reusing to close accounts of young children and sharing the location of children accessing the app. Once a video is uploaded to Tik Tok it can be copied, shared, remixed and commented on by anyone who has access. The main dangers for children who are accessing Tik Tok and similar apps is exposure to inappropriate content including

Adult Content: Some videos portray self-harm drug and alcohol use, explicit sexual references and lyrics and dangerous behaviour. All of these videos are accessible by any user and can be searched for using the For You tab.

Sexualised behaviours by children: As miming and dancing to songs with sexually explicit content is so easily accessed, it is also encouraged for children to mimic and add their videos during 'challenges; and 'dares'. These videos are available to anyone who has access to that account.

Bullying: A number of children, teens and adults report numerous accounts of bullying online through this app. As videos are open to comment and sharing they can be used to humiliate and harass certain users.

Self-Harm: The range of content of videos available is very wide with no filtering. Videos contain topics that are not suitable and openly discuss depression, loneliness and demonstrate ways of self-harming.

Young Children: Although this app is designed for adult users, there is no requirement for verification of proof of age, children can easily enter a birthdate with no check or adult verification required. Many children are using this app without their parents knowledge and on the surface it may seem innocent to use.

Gifts: User of the app can purchase 'gifts' for other users. These range in price from \$5 to \$50. These gifts can come from anyone in the world not just known people. Gifts can be turned off in the parental controls section.

Adult predators and Grooming: This app and the previous musical.ly is a known place for predators of children to be accessing children. This app puts children in people's lounge rooms across the world and due to its live streaming capacity, requests can be made in real time and 'gifts' given as rewards.

### Annual Christmas Parade

The Annual Bairnsdale Christmas Parade will again be held on Saturday 14th December. Eagle Point Primary School is keen to enter a float in the parade again as we have over the past two years. This year's theme is A Country Christmas and we are thinking this could be a great opportunity to celebrate our school's 125<sup>th</sup> anniversary. All families are invited to join us for the parade including parents and pre-school age children. If younger brothers and sisters come onto the float they will need an adult to supervise. School age children can attend without direct parent supervision but will need an adult to drop off and collect. The meeting point for the parade is Bairnsdale 754 Primary School oval at 10:30am. Our float is a trailer decorated by Caroline Sonneman-Mathieson and family. It will be towed by a red F250 ute driven by Anthony Duncan. We would love to see as many families as possible come along for the day. As the weather is often warm, please wear hats, sunscreen and bring along a water bottle.

### <u>2020</u>

The first day of school for teachers will be Tuesday 28<sup>th</sup> January 2020. Staff will be involved in professional learning and planning over two days and the first day for students will be Thursday 30<sup>th</sup> January. A letter will be sent home in early January outlining details of book collection day, which will be held on Thursday 23<sup>rd</sup> January. On this day students will collect their start of year packs and instructions for labelling books and other items. School fees can be paid on this day and contact details and permission forms signed. Please put this date in your diary now.

### **Choice Theory Professional Learning**

As you are aware, Eagle Point Primary School has adopted Choice Theory as a model for staff and students to strive for success and understand quality learning. All staff members who work at Eagle Point Primary School receive four days of training prior to the beginning of the school year. Not only does the training assist them with understanding the common language of the school and the theory behind the systems we have in place for all students, it also builds an understanding of self and personal responsibility. Over the past years we have encouraged parents to join in the training and we are able to offer places again for the 2020 training. The full cost of training is \$950 per person but the school can offer up to four places at a cost of \$400 each. This training is able to be paid off over time so please contact wither the office or Anna to register your name if you are interested in this opportunity.

### Library

On Friday 13<sup>th</sup> December, the school library will cease borrowing to students and staff. It is important that we hold a comprehensive stocktake each year to ensure as many books are returned to the library as possible. Would each family please look around the house, under the beds and behind the cupboards to find any books and return them to the library? We are lucky to have access to such a wide variety of quality literature and the school invests heavily in providing up to date titles for our children to read. From Monday, the library will be closed to borrowing and the stocktake will begin. We would like to acknowledgethe amazing work done by Bec Gardam and her team of willing helpers to catalogue, label and cover all of the books the school buys for the library. Without such an important team we wouldn't be able to use this resource. The whole school appreciates the work that you do.

### School Camps 2020

In 2020 both the Senior and Middle School camps will be held in Term 1. This leaves us a very short timeframe for completing forms and finalising payments. More information will be coming home from school regarding cost estimates and dates in the new future. If you would like to set up a payment plan for either of these school camps we are able to begin this now. Please see Jo or Anna if you would like to discuss this option.



# Celebrating a Quality Concert

Isla: I liked performing because it was just fun.

Madelyn: I liked my performance because I know I did a good job. I liked it.

Jaxon: I am proud of my performance because I remembered the words and dance moves for Yellow Submarine. Davina: I am proud of my dance because I tried my best.

Amelia W: My dancing and singing Hoedown Thrown was quality because I did the best dancing I have ever done for the audience. I felt really proud of myself.

Hayden: My dancing was quality because I put a lot of effort into practising and taking it seriously. I was excited to perform the dance on the night, with a huge smile I my face, even though I was a little scared. It was awesome.

Abbie: My quality work is the concert because I put a lot of effort into my performance and I knew it off by heart and it was fun to dance in front of a big audience. It was also a little nerve-racking because the dance was the first part of the concert.

Blaze: My quality work at the school concert is how much I tried to get my goal, which was to do my best. I also put a lot of effort into it. It was one of my best performances I have really ever done!

Alexa: I think my work is quality because I tried my best to stay in time with the others.

**Ruby T:** At the end of year concert, I put a lot of effort into my singing with choir, dancing with my classroom and singing the end songs with the whole school. I am proud of my effort at the end of year concert.

Stella: My quality work was the concert because I enjoyed the songs we did. I'm proud of the dance my class did. I am also proud of my choir performance that I did in front of a lot of people.

**Molly**: My quality learning is the dance Room 6 did to Coming Home by Sheppard. At the start, I couldn't do the dance because it was too fast and complicated. After I worked hard and practised at school with my friends, I felt more confident and able to do the dance in time with the music.

Jack B: At the concert, before it started one of the teachers asked if I could be the 'F' for their class dance because a student was sick and they would have been the 'Lamers'. This is quality because I didn't know I was doing it until the last minute and was able to help them out.

# SCHOOL HOLIDAY

# Monday 6 January to Friday 10 January

One week program. One group lesson each day.

# Incentives for swimming in this program are:

- Having a lesson each day for a week enhances confidence and ability in swimming.
- Lessons will be same time each day.
- Child / children will be grouped into age / level ability.
- During swimming lessons, teachers work on numerous safety skills alongside general technique of strokes.
- Program is Swim and Survive program





Bairnsdale Aquatic and Recreation Centre

80 McKean Street | P 5152 5710

eastgippsland.vic.gov.au/recreationcentres 🖪 EastGippyShire



# **Food for Fines**

Help support local families in need, and clear your overdue library fines by donating *Food for Fines* which will be distributed by local charities.



# HOLIDAY SPORTS CLINIC

# Fun, friendly fitness for children aged between 5-12 years old

An energetic mixture of Cricket and Soccer skills in the BARC Stadium

Thursday 9th January

2pm start (3.30pm finish)

\$15.00 per child includes a free swim pass (payment required at booking)

Limited places! For more information or to book please contact 5152 5710





Raimscalo Aquatic and Recreation Centre

80 McKean Street | P 5152 5710 🛛 🖪 EastGippyShire

Taĥe charge

a unique approach to leading a better life, based on Choice Theory.

# Who is this for

- Leaders
- Parents
- Teachers
- Individuals
- Students
- Anyone interested in improving their life and the relationships in it.

# What is the Transformational Psychology of Choice Theory

• A framework to understand human behaviour, and assist in making effective interventions at the point of greatest leverage.

• It can be learnt at both a simple practical level and also at a level that can assist profound shifts in human behaviour and motivation.

• Underlying this framework is the idea that nearly all behaviour is learned and chosen and that we are responsible for these choices.

# What is Reality Therapy

• Devised by William Glasser as a new way of counselling that focuses on future goals and present choices, rather than the misery of the past.

• It has been developed since this time to incorporate the ideas of Choice Theory, and is a powerful problem-solving model which can be used to help you or others in your life to "Take Charge of your Life "

# What is Lead Management

• Involves the use of Choice Theory to create a quality organisation based on positive relationships and producing outcomes of excellence. It works effectively whether the organisation is a workplace, a school or your own family.

- It is the original idea behind the concept of continual improvement.
- It creates a simple, sustainable and practical model to use as a blueprint to apply to organisations of varying size and complexity.
- It focuses on internalising the qualities, skills and strategies required to be an effective leader.
- Eliminates all coercion, arising from the use of either punishment or reward, from the environment
- Develops self evaluation and taking responsibility for each persons own behaviour

# Those engaged in Choice Theory training will......

- learn a clear, simple and practical model to understand yourself and others
- be introduced to a very effective problem solving process
- learn how to better access and connect to the people around you
- identify the behaviours that enhance relationships as well as the behaviours that are destructive to relationships.
- understand the process of perception, and how it can be used to create higher levels of awareness and connection

• understand the five basic needs that drive all behaviour and use these to understand and improve behavioural outcomes

- become aware of your own unique need strengths
- understand the real key to motivation...it's not what we've been led to believe.
- learn the underlying basis for emotional intelligence and see how this can be used in
- counselling, managing, teaching and your own personal relationships

• be able to use the Choice Theory framework to explore effective and ineffective approaches to management

- learn the vital aspects of quality management
- apply these ideas practically in managing a challenging relationship
- learn how to create a quality environment
- consider how you can manage your own life to achieve higher quality outcomes
- use the Reality Therapy problem solving process to deal with a range of practical challenges
- understand how this model can enhance mental wellbeing and creativity
- learn a process for rapid and ongoing behavioural change
- learn a process for on-going self-evaluation and continuous improvement
- receive a certificate of completion acknowledging your training

# What people are saying about this training

I just wanted to put in writing our appreciation for the efforts you make in helping us become better people and more effective leaders.

The best PD I have ever attended

Jeff was brilliant

I learned that I choose my behaviour....every time

What a difference it has made..... give it a go!

He helped me realise that I am responsible for my choices, no one makes me do anything.

Cost is \$950, GST inclusive. This covers course resource notes, lunch and tea breaks, online and phone support.

# You too can "Take Charge of Your Life"

Choice Practice Institute www.choicepractice.org 12 Dickeson Lane [PO Box323] Bairnsdale 3875 Enquiries to jeff.steedman@choicepractice.org Jeff Steedman 0428170191

Like us on facebook

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# BAIRNSDALE TENNIS CLUB SUMMMER HOLIDAY CAMP

Our holiday camps give kids the chance to improve their game while having lots of fun.

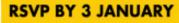
With our experienced and friendly coaches our camps will focus on improving all aspects of the game including; fitness, technique, tactical skills and match play. Date 8th & 9th January Time Start: 8:30am Finish 11:30 Cost \$30 one day \$55 two days Where 74 Pearson street Bairnsdale

For any enquiries please call Gavin McCoy Ph: 0430221027

Email: gavinmccoytennis@outlook.com

# EAST GIPPSLAND





# Wildlife Show Black Snake Productions



FREE

### Black Snake Productions is conducting school holiday wildlife shows

This presentation looks at the diversity of wildlife found in the Australian bush, including a range of reptiles, frogs, invertebrates, birds, mammals and marsupials.

Their goal is to bring these amazing animals to you and share their passion for Australasian wildlife and to raise awareness to the plight of so many of them.

Phone 5152 4225 or book in person at the library. **RSVP by 3 January** for this FREE event.

Mon. 6 January Lakes Entrance Service Centre 10.30 am – 11.30 am

Mon. 6 January Orbost Service Centre 2.00 pm – 3.00 pm

Tue. 7 January Omeo Service Centre 2.30 pm – 3.30 pm



Wed. 8 January Paynesville Service Centre 11.00 am – 12.00 pm

Wed. 8 January Bairnsdale Library 2.00 pm – 3.00 pm

> Libraries Change Lives



# Pick up a book and get ready to *join in the adventure* these holidays with the Summer Reading Club. The Summer Reading Club is a free holiday program packed full of activities, games, stories and prizes!

### Make sure you pick up a flyer for the East Gippsland Shire Library school holiday activity program!

### REGISTRATION FORM

Name			
Age	Postcode		
Summer Reading Club Level	Preschool	Primary	Secondary
Library Membership Number			

\*If you're not a member of the library ask a librarian how you can join.

### Thanks for registering!

Turn over the page and start recording the books you read for your chance to win!

Remember to hand your completed reading log to your librarian to be eligible for the major prize draw.

### How to Play:

- 1. Start reading.
- 2. Each time you finish a book write the details on the numbered list provided.
- Each time you finish three books, take your reading log to your library and collect a tattoo!
- Each time you finish five books, take your reading log to your library and collect a sticker sheet!
- Each time you finish seven books, take your reading log to your library and collect a key ring!
- After reading ten books, take your reading log to your library and collect a lucky dip prize!

The Summer Reading Club runs from 1 December 2019 - 31 January 2020.

WWW.summerreadingclub.org.du SUMMER BOOKS READ	
1	
3.	Collect a tattoo!
5 5.	Collect a sticker sheet!
6 7 7.   8 8.	Collect a key ring!
9 9 10 10	Collect a lucky dip prize!
EAST GIPPSLAND SHIRE LIBRARIES	



# GET FITTED BY THE EXPERTS TODAY

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PRE EXCITE 7 PS Junior \$8999

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Bairnsdale 133 Main Street (03) 5153 1444

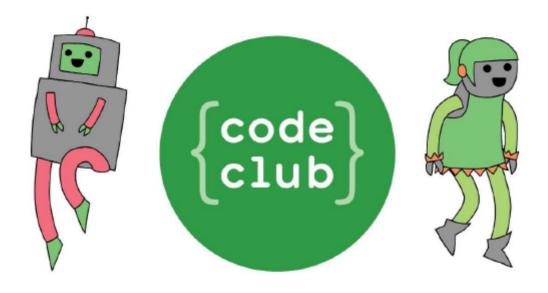
Clarks & Harrison 20% OFF discount pricing valid from 31/12/2019 - 20/02/20. School styles only.

EAST GIPPSLAND



RSVP BY 8 JANUARY

# Code Club A Taste of Scratch



# Want to learn basic computer coding? Want to have fun learning how to develop animations and games?

Join us for this school holiday program and learn how to code using Scratch.

Participants will need to be confident independent readers and bring along an email address they can use to register for Scratch.

Libraries Change Lives Bairnsdale Library Friday 10 January 2.00 pm – 4.00 pm

Bookings are essential as places are strictly limited.

Phone 5152 4225 or book in person at the library.

**RSVP by 8 January** for this FREE event.

# Illustrate a Book Day



### Children in the 5 to 12 age group are invited to join in on Bairnsdale Library's Illustrate a Book Day

Come along to library, listen to a story and then paint your version of the illustrations.

The Bairnsdale and District Art Society will be there to assist and young artist prizes will be awarded. Bairnsdale Library Tuesday 21 January 2.00 pm – 3.30 pm

Phone 5152 4225 or book in person at the library for this FREE event.

Libraries Change Lives

EAST GIPPSLAND SHIRE LIBRARIES EAST GIPPSLAND SHIRE LIBRARIES

**RSVP BY 10 JANUARY** 

# **3D Wooden Flying Bird** School Holiday Activity Session



# Decorate your very own 3D Wooden Flying Bird

Listen to stories, play games, win prizes and decorate your very own 3D Wooden Flying Bird which you can keep and hang up at home!

Phone 5152 4225 or book in person at the library.

RSVP by 10 January for this FREE event.

Libraries Change Lives Orbost Service Centre Monday 13 Jan. | 2.00 pm – 3.30 pm

fals provider Cleve

Lakes Entrance Service Centre Tuesday 14 Jan. | 2.00 pm – 3.30 pm

Bairnsdale Library Wednesday 15 Jan. | 2.00 pm – 3.30 pm

Omeo Service Centre Wednesday 15 Jan. | 2.00 pm – 3.30 pm

Mallacoota Service Centre Wednesday 15 Jan. | 2.30 pm – 4.00 pm

Paynesville Service Centre Thursday 16 Jan. | 2.00 pm – 3.30 pm EAST GIPPSLAND

The Lion King

FREE

FOR FAMILIES



# Join us for the screening of the photorealistic remake of the movie *The Lion King*

Simba idolizes his father, King Mufasa, and takes to heart his own royal destiny on the plains of Africa. But not everyone in the kingdom celebrates the new cub's arrival.

Phone 5152 4225 or book in person at the library for this FREE event.

Libraries Change Lives Bring a blanket in case it gets cold. If the weather is poor, the movie will still be screened inside the library.

Bairnsdale Library Friday 10 Jan. 6.00 pm – 8.00 pm

**BOOKINGS ESSENTIAL** 



# School Holiday LEGO Club



# Junior LEGO enthusiasts are invited to attend our school holiday LEGO Club sessions

This is not a supervised event. Parents may consider staying with their younger children.

# **Donations welcome**

EAST GIPPSLAND

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

For more information, phone 5152 4225 or ask staff at the library about these FREE sessions.

 Wednesday 8 January Omeo Service Centre 2.00 pm – 4.00 pm

Thursday 9 January Orbost Service Centre 9.00 am – 5.00 pm

Thursday 16 January Bairnsdale Library 1.00 pm – 3.00 pm

Friday 17 January Lakes Entrance Service Centre 9.00 am – 5.00 pm

Weekdays Paynesville Service Centre 8.30 am – 5.00 pm



SHIRE LIBRARIES

# School Holiday Games Session Xbox & Board Games

FREE

AGES 5 -12



# Enjoy some school holiday time playing Xbox games and board games at your library

This is not a supervised event. Parents may consider staying with their younger children.

The Xbox games provided are suitable for the 5 to 12 age group for which this event is being held.

Libraries Change Lives Wed. 8 January Omeo Service Centre 9.00 am – 1.00 pm

Mon. 13 January Bairnsdale Library 9.30 am – 6.00 pm

Wed. 15 January Paynesville Service Centre 8.30 am – 5.00 pm Wed. 22 January Paynesville Service Centre 8.30 am – <u>5.00 pm</u>

**BOOKINGS NOT REQUIRED** 

Thu. 23 January Orbost Service Centre 9.00 am – 5.00 pm

For further information, phone 5152 4225 or enquire in person at the library about this FREE event.