

Discipleship Groups

Meeting Format

A Discipleship Group is a gender-specific closed group of 3 to 5 believers (including the leader) who meet most weeks as part of a yearly commitment for the purpose of making disciples through accelerated spiritual transformation.

D-Group meetings follow the *Three-Thirds Method*:

- [Looking Back](#) (20 mins) for **accountability** to review how you did with your commitments.
- [Looking Up](#) (20 mins) for **absorption** to receive direction from the Lord.
- [Looking Forward](#) (20 mins) for **application** to plan and practice how you will obey the Lord in the coming week.

The following is an easy order to follow to keep you on task each week:

1. Prayer

- a. Thank God for the time you now get to share together. Ask for God's wisdom and encouragement by way of the people and passages you discuss.

2. LOOK BACK: Accountability

a. Personal Connection

- i. Briefly share highs and lows of the week
- ii. Share any praises or disappointments

b. Personal Questions

- i. Ask specific questions related to action steps shared in last meeting.
- ii. All accountability should be saturated with grace, not legalism.
- iii. You can't expect what you don't inspect.

c. Scripture Memorization

- i. Everyone quotes the Scripture
- ii. Different person to start each week

3. LOOK UP: Absorption

- a. **Share H.E.A.R. Journals.** Have everyone share 1-2 of their H.E.A.R. journal entries from the week.
 - i. Highlight

- ii. Explain
- iii. Apply
- iv. Respond

4. LOOK FORWARD: Application

a. Identify 1-2 specific action steps the Holy Spirit is prompting you to do in the week ahead.

- i. These should be in response to your reading or a current life situation.

b. Prayer requests and closing prayer

- i. Pray specifically for the action steps mentioned.
- ii. Pray for other requests.