

2016  
April :: May :: June

# KaLeidoSCOPE

QUARTERLY MIND BODY & SPIRIT NEWSLETTER

Change is in the air! Some will say “bad” and some will say “good” but when change happens positive things are possible. All change brings opportunity! Change doesn't always go easily, sometimes the path can be jagged and hard to navigate. Our spirituality keeps us strong and we must rely on it but we also need to take care of ourselves through these changes. In this process of change we also have to remember to be patient with ourselves as well as with others. Part of the essence of change is unfamiliarity. This can be unsettling. We can easily become off balance, get confused and be swept up in the currents, but we can just as easily regain our balance by reaching out to those who can help us to get secure footing once again. Change is all around! As these changes occur there are other people that can assist us along the way. The intuitives, the energy workers, the body workers, the teachers and many others, that have already been preparing for these changes, help us, as we adapt to change, and as we make change happen. The only constant in life is change! Although we have small changes every day and we have huge changes for humanity coming in the future we all know that the most immediate change, on many of our minds, is the upcoming elections in November. No matter who is elected our next President, all the way down to who is joining our school boards, (especially if they are not the ones you voted for) don't give up! Don't stop making things better. We all make a difference and I think it is easy to forget that. Every vote counts just as every act of recycling counts and every act of kindness counts! It all matters. We can all get discouraged and let fear “in” once in a while, but we don't need to live in it and we can have the world we want. The elections bring a great deal of energy our way and it is easy to get caught up in this and that until we have no clue what we are doing. There is so much talk about winners and losers. In those moments remember this: It doesn't matter the size of the footprint on the beach, the water moving the millions of little sand pebbles around makes the footprint disappear. One act, that we feel negative about, can pound a footprint on us that seems like it will last forever, but with spirit (the water), moving us (the sand pebbles) we can wipe out that footprint. The water and the pebbles were there long before the footprint appeared and they will be there long after the footprint is but a memory.

Keep moving, stir up the sand and when the time comes vote with your conscience. Vote for change, good change for us all. Look to your heart for the answers, vote, and then walk out and make great things happen! When we do that, there can be no losers.

Happy Spring, Joan and Merri

*“ It's not about the pieces  
but how they work together ”*

*Unknown*

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**Mind Body & Spirit**  
GIFTS & BOOKS

Downtown St. Cloud | 320.203.9630  
[www.mindbodyspirit-online.com](http://www.mindbodyspirit-online.com)

Monday - Friday | 10-7 pm  
Saturday | 10-5 pm  
Closed Sundays

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## TIGEREYE

*REVISITED*

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Apparently in the mid 1870's in London, England, it cost approximately 25 shillings or what would be equivalent to \$85.00, to buy just one carat or 0.2 grams of a gemstone called Tiger Eye. At that time Tiger Eye was worn only by the very rich as only a very small amount of this Tiger Eye, then called a precious gem, was found. Then in the middle of the 1880's, just a few short years later, rich sources of Tiger Eye were found in Africa and the prices crashed, and by 1990 it was only considered a semi-precious gemstone. Today it can be bought for about \$1.50 per carat. Perhaps it is more bountiful now but it is still a stone that even the rich are found to be wearing as it mesmerizes one as a deep gold, cat's eye would.

The Tiger Eye got its name because it looks, both like the striping of the tiger with the gold and black coloring and it looks like the eye of a tiger shining in the night. The richest veins of Tiger Eye are found in South Africa and there are some supplies, although slightly different, in Australia. What is quite interesting is that although the greatest amount of Tiger Eye is found in Africa, history shows that the great cat, the Tiger, has never lived in Africa!

In ancient folklore from many different cultures, this stone protected the bearer from the "evil-eye" or ill-wishes from others, which since has been translated into a stone of protection in the form of dissolving and dispelling negative energy. The tiger eye stone represents both the elements of fire and earth making it useful in grounding one's energy as well as igniting one's passions. The gold chatoyancy that the tiger eye displays, which is the reflection of light off the fibers of crocidolite and quartz within the stone, has been said to carry the energy and power of the sun. This gives the tiger eye power to help one with obstacles and challenges.

Tiger Eye has been called the "stone of balance" as it helps to stimulate both the root chakra and the solar plexus. It helps one find the harmonious center between polarities. As a stone of the "Golden Ray" it resonates with Christ consciousness. When meditating with this stone one will feel unconditional love and compassion.

The Tiger Eye aides in combating fatigue as it lends extra strength, it helps strengthen the endocrine system and assists in balancing hormones. This is an excellent stone for mediators and those going through difficult negotiations. Take this stone into an important meeting as it provides courage, while also grounding emotions slightly, and makes the bearer feel worthy and powerful. This stone helps one maintain balance between extremes of dark and light, joy and sorrow, to a place of integrated Spirit in a physical vehicle. It helps release blocked creativity and helps to elevate moods.

This is a wonderful stone to help prevent over stimulation of the adrenal glands due to stress. It aides in enhancing patience and expands one's understanding of their divine purpose. It should not be worn continuously as it does slow the energy of the body but can be worn for up to a week at a time when needed.

Tiger Eye has been worn by the rich, the poor, and Shaman throughout the world. And now you know that the Tiger Eye brings more than protection and good luck, but those aren't bad reasons to have your own either.

Thanks to "The Crystal Bible" by Judy Hall and "Sheryl's Guide to Stone Energies" by Sheryl Fisher, for some of the information provided.

J.M.S

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### Lucky Bamboo

Lucky Bamboo (botanical name; Draceana)  
Bamboo has been a symbol of good fortune in Asian culture for more than 4000 years.

It enhances the flow of "chi" (life force).

Needing very little care, water, and low light, the lucky bamboo is able to thrive well in most environments. Care of the Lucky Bamboo:

Use only filtered, drinking spring water, or tap water left to sit for a day (chlorine needs to evaporate), keep roots covered. Bamboo likes to be in very low

Indirect light from sun and does not do well in metal containers.



### Traditional Meanings

Odd number of stalks  
for yang energy,  
even number for yin

3 (or 2) attract happiness

5 (or 4): attract wealth

7 (or 8): result in good health

21: overall powerful blessing

# Intuitives, Psychics & Healers

**For appointments, please call for availability:** 320-203-9630 or check the online calendar page for appt availability. Most practitioners are scheduled by appointment only, some practitioners accept walk-ins if the practitioner is already at the store. More information can be found on our Web site at [www.mindbodyspirit-online.com](http://www.mindbodyspirit-online.com) (services page). It is extremely important that you PLEASE call if you cannot make your scheduled appointment (within an appropriate time) as most practitioners drive some distance to be at these scheduled appointments. Payments are made directly to the practitioner. Some practitioners are unable to take payment by credit card; please be prepared with cash payment. Call ahead to enquire. Thank you.

## **ANGELINI YOGINI | YOGIC HEALING FACILITATOR, INTUITIVE, ARTIST | See calendar for availability**

Angelini has studied spiritual philosophy & metaphysical practices for over 20 years & is a 500 hour Registered Yoga Teacher, Life Coach & Qi Gong Practitioner. She is a natural born intuitive, having done card readings & spirit communication since age 12.

### **Intuitive Card Reading | \$45 half hour | \$75 hour:**

Utilizing a variety of decks, Angelini will guide you in discovering answers concerning Dharma (life purpose), relationships, past lives and more.

### **Yogic Healing Facilitation | \$80 hour | \$120, 90 min:**

Utilizing the ancient systems of yoga and qi gong combined with new age practices, Angelini will facilitate pranic (qi energy) healing for your mental, emotional, energetic and physical bodies. (including chakras). Sessions may include pranayama (breath), meditation, marma therapy (similar to acupuncture), aromatherapy, sound healing, dowsing and more. Enjoy both active and passive participation on your journey to well being. No asana (yoga postures) will be done in session but may be suggested for home use. First time session must be 90 min. for intake.

### **Spiritual Artwork | Price varies. \$45 due at consultation (\$15 for consult, \$30 down payment on work)**

Guided by Purusha (source energy), Angelini will paint you or your pets' soul portrait, animal totem or guide. Artwork will be done offsite after consult and delivered to you on completion. Please bring your 'selfie' or pet photo with you. Angelini does not discover totems or guides for you, you must decide prior what will be the subject of your artwork.

## **BOB SULLIVAN | PSYCHIC READINGS | See calendar for availability | \$35 15 minutes | \$50 half hour | \$80 hour**

Bob has been doing a variety of classes and readings here at Mind Body & Spirit for many years. Bob now offers Psychic readings without the past life aspect or the aura photos combined. Bob offers anywhere from 15 minute to 1 hour readings. Bob offers concise intuitive readings and his variety of knowledge and experience expands to so much more; energy healing, ghosts, auras, cleansings and clearings, UFOs, other phenomena and more, so prepare for a reading that could go anywhere?

## **GRACE JAEGER | PSYCHIC READINGS & ENERGY HEALING | See calendar for availability | \$60 1/2 hour | \$100 hour**

**Psychic Readings** | Grace is a psychic medium who describes her life's purpose as being a Messenger for Spirit. In this capacity, her readings will always be lovingly honest, whatever the message. She makes no claims to be a fortune teller and considers her readings to be more akin to Spiritual Guidance. Using her handmade "Grace Cards", she will call on Spirit to help find the information that is for your highest good.

**Energy Healing** | As a conduit for Universal Healing Energy, Grace will direct that energy to you for you to use wherever and however the energy is most needed. She is also experienced with releasing emotions through Heart Barrier work. Grace is a certified Quantum Touch Practitioner, trained in Hands on Healing, an EFT Practitioner and a ULC ordained minister.

**Connecting with Loved Ones** | As a medium, Grace is able to connect you with your loved ones on the other side. This connection is usually possible but it is recommended that it not be tried until about 6 months after your loved one transitioned. Connections can be made with humans and with your beloved pets as well.

## **JENNIFER THOMPSON | INTUITIVE, TAROT READINGS & NUMEROLOGY | Available select Sat by appt | \$50 1/2 hour | \$100 hour**

Jennifer is a Third Generation Clairvoyant and Clairaudient Tarot Intuitive. Blessed with the ability to influence a positive energy shift in any area of your life. Jennifer will begin your reading with a general flow of information using Tarot, Numerology and Intuition. From there she will delve into your questions using Clairsentient, Clairaudient and Empathic gifts to provide more detailed insight." My goal is to remove your fears and enable you to make choices with clarity and confidence."

## **JOAN STOKES | ANIMAL COMMUNICATION & SPIRIT GUIDES | Available by appointment | \$50 half hour | \$95 hour**

Joan has over 20 years experience working with animals at various Veterinary Hospitals and has "talked" to the animals ever since she can remember. She "talks" to the animals via feelings and pictures and then translates those feelings and pictures into human language. Joan also works with Spirit Animal Guides that she many times can "see" around an individual. Once an Animal Guide makes themselves known one can work with the guide for whatever is needed. Joan helps you to identify, acknowledge and deepen your relationship with those unseen guardians and guides that are with you every day.

## **JUREMA SILVA | INTUITIVE READINGS & BRAZILIAN ENERGY HEALING**

**Available most Tuesdays & Wednesdays by appointment | Intuitive Readings \$75 1/2 hour - \$125 hour | Energy Healing \$125 hour | Combination Intuitive Readings/ Energy Healing \$175 1.5 hours**

Jurema is a Brazilian healer, medium & a spiritual teacher who brought to the U.S. an original combination of healing practices from her native country. She transformed her spiritual knowledge & studies into this fascinating & mystic healing style that includes: Intuitive Readings, Spiritual Counseling, Energy Healing Medicine, Reiki & more. Working with her spiritual guides and ascended master, she will bring the hope and confidence that you need. (Consultations also available in Spanish and Portuguese).

# Intuitives, Psychics & Healers

## **PAULETTE LUCAS | PSYCHIC INTUITIVE | Available most Mondays & Fridays by appointment | \$70.00 half hour | \$125.00 hour**

Paulette was a therapist for over 20 years and has traveled extensively, visiting power centers around the globe, to develop her spiritual awareness for herself as well as those she works with. Paulette is a Clairvoyant, trance medium, and empathic who has now "officially" been reading for more than 26+ years. She works with spirit guides, angels, and deceased loved ones.

## **TILLY EVAN-JONES | PALM READING | Available select Wednesdays & Saturdays | \$35 per 1/2 hour | \$60 per hour**

Tilly has read palms since her youth. The science of palm reading fascinated her. She finds herself looking at peoples hands and pondering their meanings at odd moments. Her readings incorporate all parts of the hand. It's shape, color, texture and markings. Using her knowledge of palms and hands and a strong intuitive sense she delights in the opportunity to talk with you about your life. A grandmother of two young boys she spends her time at her acreage south of St Cloud. There she gardens, writes, dreams of raising chickens and takes forays out into the world with her friend and life partner, John and their competitive chuck wagon. She believes that your life really is in the palm of your hands!

## Class Descriptions & Special Events

### **AURA PHOTOS & READINGS | Fridays May 13 & June 17 | 2-6 pm | \$35 each 20 minute session | Bob Sullivan**

The Aura Camera is a special device that reads the frequency of energy & images and captures it onto a photo. Based on the color, clarity, position & amount of color, it is possible to get a read on the mental, emotional, physical and spiritual energy of the subject captured at that moment in time. Bob uses his intuitive abilities to tap into the energy field of the photo & possibly identify your energy blocks, leaks, or other things about you. Enlightening! Please pre-register at least 24 hours in advance.

### **CENTER FOR SELF HELP & DEVELOPMENT CLINIC (CSHD) | Mons. 5:30-8:30, Thurs. 2:30-4:30, & select Saturdays 9:30-12:30**

Sessions include an intake, questions to clients, tongue & pulse reading, various styles of bodywork & energy movement, emotional - spiritual balancing if warranted, effort towards pain relief & self help education, and on occasion facilitator input into case management. Please wear loose clothing, layers, clean socks, no perfumes, or extra make up if possible. Call ahead to reserve a spot; no shows are omitted from future attendance without 24 hour notice.....We look forward to serving you!

**Please contact Beth Henning at 320- 293-3834 to schedule your session.**

### **HEALING WITH ANGELS | Saturday April 9th | 12 pm to 3 pm | \$45 (advance sign up) \$55 (at the door) | Jurema Silva**

When you truly attune yourself by raising your consciousness to the angelic realm, calming your mind and requesting angels to help in every life challenge, you may see miracles unfold. But, which angelical being is supporting your journey and giving you constant guidance throughout your entire life? Jurema will provide you with an exciting opportunity to find out whom are your angels and or archangels and how to establish a constant connection, leading you to the path of a higher dimension. This very popular and delightful class will bring you closer to the angelic realm, teaching you to eventually become an instrument of light, a messenger or perhaps a healer. If you want to find out who the angels are, sense their presence, channel their messages and change your life, call Mind, Body & Spirit and sign up for this awesome class today. Space is very limited!!!

### **MEDITATION | First & Third Wednesdays of April (meditation will resume in September) | 5:30 pm | Free will offering | Linda Scherer**

Linda Scherer has been a licensed therapist for 17 years. She practices Integrative health care which views symptoms and life challenges as invitations to move toward wholeness. She is offering an 8-week Mind Body Skills Group which provides a supportive small group space for participants to learn and practice a variety of mindfulness and intuition building practices together. Members are invited to share and honor what is coming up for them in the present moment: mind, body and spirit. The group process holds the potential for deep healing and for embedding meditation into one's daily life. To get a taste for these practices, join Linda for meditation on Wednesdays at 5:30, the first three weeks of the month.

### **SOUL PORTRAITS | LISA OWEN | Intuitive Artist and Medium | Thursday, April 14 and Friday April 15 | 10:30 - 6 pm**

5x7 pastel portrait with 30min reading \$75 | 9x12 pastel portrait with 1hr reading \$90 | 30 min reading \$60 | 1 hr reading \$120 16x20 | Painted portrait ordered ahead 1 hr reading in person \$180

Soul Portraits are a combination of a reading and a healing. Lisa uses her clairvoyant gifts to communicate with your angels, guardians and those that work on your behalf bringing forth information for the highest good of all concerned in the moment. She facilitates and communicates this information with discernment to insure the best guidance for a persons life path. The guides and the angels will project the image of your soul essence from the back side of the heart chakra and project it into Lisa's third eye on to the black charcoal paper. Using soft pastels she follows the lines shown to her. While the information comes into Lisa, the drawing pertaining to the person sitting in front of her comes through her hands. She gives the reading of information while drawing. Soul Portrait sessions last about 1 hour and can be a very moving experience and expansive session which can hold tools and direction on our life's journey for those compelled to have a Soul Portrait done.

### **YOGA WITH ANGELINI YOGINI | Wednesdays April 27th - June 29th | 6-7:40 pm | \$14 (pay at the door) | Angelini Yogini**

A fun and creative yoga class for all levels. Every week we will explore a new and funky theme. Class will include a short lecture with handout, breathwork, asana (postures) and meditation. Themes: Earth Yoga, Moon Yoga, Energy Healing Yoga, Goddess Warrior Yoga, Archangel Yoga, Chakra Yoga, Planetary Yoga, Yoga for Dosha, Animal Totem Yoga, 3rd Eye Yoga, Wolf Woman Yoga, Shadow Yoga, Spirit of Cat Yoga, Spirit of Dog Yoga

# April 2016

Sun

Mon

Tue

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Thu

Fri

Sat

						<b>1</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>2</b> <b>JENNIFER T.</b> Tarot/Numerology 10:30 -4 pm  <b>ANGELINI</b> Intuitive/Healing 10:30-4 pm
<b>3</b>	<b>4</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>5</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>JUREMA</b> Psychic/Healing 11-5 pm	<b>6</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>MEDITATION</b> 5:30-6:30 pm  <b>SPACE RESERVED</b> 7-9 pm	<b>7</b> New Moon  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>8</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm	<b>9</b> <b>HEALING WITH ANGELS</b> 12-3 pm  <b>TILLY EVAN-JONES</b> Palmistry 11:30-4:30 pm	
<b>10</b>	<b>11</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>12</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>13</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>14</b> <b>LISA OWEN</b> Intuitive/Healing 10:30-6:00 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>15</b> <b>LISA OWEN</b> Intuitive/Healing 10:30-6:00 pm  <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm	<b>16</b> <b>CSHD CLINIC</b> Beth Henning 9:30-12:30 pm  <b>ANGELINI</b> Intuitive/Healing 1-4 pm  <b>GRACE JAEGER</b> Readings/Healings 12-4:30 pm	
<b>17</b>	<b>18</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>19</b> <b>ANGELINI</b> Intuitive/Healing 12-5 pm	<b>20</b> <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>TILLY EVAN-JONES</b> Palmistry 12-4 pm  <b>MEDITATION</b> 5:30-6:30 pm	<b>21</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>22</b> Full Moon  <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>23</b> <b>JENNIFER T.</b> Tarot/Numerology 10:30 -4 pm  <b>ANGELINI</b> Intuitive/Healing 10:30-4 pm	
<b>24</b>	<b>25</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>26</b> <b>JUREMA</b> Psychic/Healing 11-5 pm	<b>27</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>YOGA W/ANGELINI</b> 6-7:40 pm	<b>28</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>29</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>30</b> <b>CSHD CLINIC</b> Beth Henning 9:30-12:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-4:30 pm	

# May 2016

Sun

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<b>1</b>	<b>2</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>3</b> <b>JUREMA</b> Psychic/Healing 11-5 pm	<b>4</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>YOGA W/ANGELINI</b> 6-7:40 pm	<b>5</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>6</b> New Moon  <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>7</b> <b>CSHD CLINIC</b> Beth Henning 9:30-12:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-4:30 pm
<b>8</b>	<b>9</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>10</b> <b>JUREMA</b> Psychic/Healing 11-5 pm	<b>11</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>YOGA W/ANGELINI</b> 6-7:40 pm	<b>12</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>13</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-2:30 pm  <b>GRACE JAEGER</b> Readings/Healings 3-6 pm  <b>AURA PHOTOS</b> Bob Sullivan 2-6 pm	<b>14</b>  <b>JENNIFER T.</b> Tarot/Numerology 10:30-4 pm  <b>TILLY EVAN-JONES</b> Palmistry 11:30-4:30 pm
<b>15</b>	<b>16</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>17</b> <b>JUREMA</b> Psychic/Healing 11-5 pm	<b>18</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>TILLY EVAN-JONES</b> Palmistry 12-4 pm  <b>YOGA W/ANGELINI</b> 6-7:40 pm	<b>19</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>20</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>21</b> Full Moon  <b>MIND BODY &amp; SPIRIT SPRING EXPO</b> 10-5 PM  <b>CSHD CLINIC</b> Beth Henning 7-9 pm
<b>22</b>	<b>23</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>24</b> <b>JUREMA</b> Psychic/Healing 11-5 pm	<b>25</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>YOGA W/ANGELINI</b> 6-7:40 pm	<b>26</b> <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>ANGELINI</b> Intuitive/Healing 12-5 pm  <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm	<b>27</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>28</b>  <b>ANGELINI</b> Intuitive/Healing 10:30 - 4 pm
<b>29</b>	<b>30</b> <b>STORE CLOSED</b>   <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>31</b>  <b>JUREMA</b> Psychic/Healing 11-5 pm				

# June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>YOGA</b> <b>W/ANGELINI</b> 6-7:40 pm	<b>2</b> <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>3</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>4</b> New Moon  <b>CSHDCLINIC</b> Beth Henning 9:30-12:30 pm  <b>ANGELINI</b> Intuitive/Healing 10:30 -4 pm
<b>5</b>	<b>6</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>7</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>8</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>TILLY EVAN-JONES</b> Palmistry 12-4 pm  <b>YOGA</b> <b>W/ANGELINI</b> 6-7:40 pm	<b>9</b> <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>10</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>DOWNTOWN ART</b> <b>CRAWL</b> 5-9 PM	<b>11</b>  <b>JENNIFER T.</b> Tarot/Numerology 10:30 -4 pm  <b>ANGELINI</b> Intuitive/Healing 10:30 -4 pm
<b>12</b>	<b>13</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>14</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>15</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>YOGA</b> <b>W/ANGELINI</b> 6-7:40 pm	<b>16</b> <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>17</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-2:30 pm  <b>ANGELINI</b> Intuitive/Healing 3-6 pm  <b>AURA PHOTOS</b> Bob Sullivan 2-6 pm	<b>18</b>  <b>CSHDCLINIC</b> Beth Henning 9:30-12:30 pm  <b>TILLY EVAN-JONES</b> Palmistry 11:30-4:30 pm
<b>19</b>	<b>20</b> Full Moon <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>21</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>22</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>YOGA</b> <b>W/ANGELINI</b> 6-7:40 pm	<b>23</b> <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>24</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm	<b>25</b>  <b>ANGELINI</b> Intuitive/Healing 10:30 -4 pm
<b>26</b>	<b>27</b> <b>PAULETTE LUCAS</b> Psychic/Intuitive 11-6 pm  <b>CSHD CLINIC</b> Beth Henning 5:30-8:30 pm	<b>28</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>29</b> <b>JUREMA</b> Psychic/Healing 11-5 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm  <b>YOGA</b> <b>W/ANGELINI</b> 6-7:40 pm	<b>30</b> <b>CSHD CLINIC</b> Beth Henning 2:30-4:30 pm  <b>GRACE JAEGER</b> Readings/Healings 12-5 pm	<b>1</b>	<b>2</b>  <b>ANGELINI</b> Intuitive/Healing 10:30 -4 pm

Spring



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