

12. Psalms 119:89-96

- ❖ **Principle #12: Rule #8: *If the Coach is happy, you'll be happy!***
- ❖ **Practice #12: Keep the Coach happy.**
- ❖ **Explanation: Joy comes from the Lord. If we are doing His will and following His commandments and instructions He will be pleased with us. His pleasure is our reward. He wants us to be happy so he fills us with joy! All joy comes from the Lord. He is the father of joy. He loves his children and like all good fathers wants them to be happy, feel loved, and receive His gifts. Joy is one of His gifts to us. Joy comes from Him as a reward for our obedience. Joy is not circumstantial. It does not depend on our circumstances it depends on our obedience. It is a reward not for good play but for obeying the coach. He “sustains us with joy” and restores our “joy and health”. Joy is our reward from the Lord.**
- ❖ **Application: What can I do this week to keep the Coach happy? If He is happy with me I will receive joy from Him.**

❖ **Signature _____ date _____**