

19. Psalms 119:145-152

- ❖ **Principle #19: *Put your trust in the Lord!***
- ❖ **Practice #19: Trust in the Coach on a daily basis, all day, everyday, all day and all night long. Be vigilant.**
- ❖ **Explanation: The devil is like a roaring lion prowling throughout the earth looking for whom he may devour. In your moment of weakness when you are filled with self-doubt you need to pray the hardest. In the middle of the night when you wake with anxiety and fright, you need to pray the hardest. In the early morning dawn when all hope in you is gone, you need to pray the hardest. In the middle of the day when you faint along the way, you need to pray the hardest. And when you pray, the Coach hears and answers your prayer. He is ever there.**
- ❖ **Application: When did I pray the hardest this week? When was I the weakest? When did the Coach carry me?**

❖ **Signature _____ date _____**