6. **Psalm 119: 41-48**
   - **Principle #6: <u>Rule #2:</u> *Put your <u>trust</u> in God's word, the Bible.***
   - **Practice #6: Read the Bible.**
   - **Explanation: The Bible contains God's truth. Jesus was the walking Bible. If we know the Bible we will know the truth. In order to do the <u>truth,</u> we must know the truth. Reading the Bible is like feeding our soul. How often do you eat physical food? How often do you want to nourish your soul? "You shall know the truth, and the truth will make you free". What is the truth? God's word, the Bible.**
   - **Application: How did I do starting with the second rule this week?**

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