

First Session Questionnaire

Below check all that apply

- | | |
|--|----------------|
| 1. I need individual help | yes ___ no ___ |
| 2. We need help for our marriage | yes ___ no ___ |
| 3. We need help with our kids | yes ___ no ___ |
| 4. I would like my kid(s) to be helped | yes ___ no ___ |
| 5. I need help with my family | yes ___ no ___ |
| 6. I need help with my work | yes ___ no ___ |
| 7. I would like to know God's will for my life | yes ___ no ___ |
| 8. I am struggling to know how to use my spiritual gifts | yes ___ no ___ |
| 9. I would like help in reconciling with someone | yes ___ no ___ |
| 10. I have been a victim of abuse or neglect | yes ___ no ___ |
| 11. I would like to have someone mentor or disciple me | yes ___ no ___ |
| 12. It would help me if someone did an intervention in my life | yes ___ no ___ |
| 13. I am having trouble sleeping | yes ___ no ___ |
| 14. I am having trouble eating | yes ___ no ___ |
| 15. I don't feel safe | yes ___ no ___ |
| 16. I am afraid of what I might do | yes ___ no ___ |
| 17. I need help financially | yes ___ no ___ |
| 18. It is hard for me to concentrate right now | yes ___ no ___ |
| 19. I feel anxious most of the time | yes ___ no ___ |
| 20. I feel depressed most of the time | yes ___ no ___ |

Of all the above, the most important for me to deal with at this time is:(list in importance the numbers from above from most to least important)

- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____
- ❖ # _____

The one thing I need the most help with right now is:

My name (please print) _____ Phone # _____

Signature _____ Date _____

Dan L. Boen, Ph.D., HSPP, Licensed Psychologist
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