

## **BOOK ONE (PSALMS 1:1–41:13)**

In this book, the psalmists praise God for his justice, express confidence in God's compassion, recount the depravity of humanity, plead for vindication, ask God to deliver them from their enemies, speak of the blessedness of the forgiven sinner, and portray God as a shepherd. We should worship God with the same sense of adoration found in these psalms.

**Theme:** Life's two roads. The life of the faithful person is contrasted with the life of the faithless person.

**Author:** Anonymous.

### PSALM 1

- 1 Oh, the joys of those  
    who do not follow the advice of the wicked,  
    or stand around with sinners,  
    or join in with scoffers.
- 2 But they delight in doing everything the LORD wants;  
    day and night they think about his law.
- 3 They are like trees planted along the riverbank,  
    bearing fruit each season without fail.  
    Their leaves never wither,  
    and in all they do, they prosper.
- 4 But this is not true of the wicked.  
    They are like worthless chaff, scattered by the wind.
- 5 They will be condemned at the time of judgment.  
    Sinners will have no place among the godly.
- 6 For the LORD watches over the path of the godly,  
    but the path of the wicked leads to destruction.