

—REFERRAL GUIDELINES—

INTRODUCTION

The two extreme approaches to problem solving:

- A. Over-spiritualizing God's power, Word, and Presence.
- B. Replacing God's power and presence with the human will and power.

The key or goal for healthy problem solving—Understanding the psychological spiritual linkage of the God/man relationship and applying it effectively.

I. SITUATIONS THAT REQUIRE PROMPT REFERRAL

- A. Homicidal situations.
- B. Suicidal situations.
- C. Abusive family/marriage situations.
 - 1. Emotional/verbal.
 - 2. Physical.
 - 3. Sexual.
- D. Drug/alcohol/substance abuse/dependency.
- E. Sexual addictions/Gender related issues.
- F. Anorexia/Bulimia problems.
- G. Obsessive/Compulsive signs—persistent unwanted thoughts/behaviors.
- H. Recurrent and persistent lying and deception.
- I. Neurotic symptoms/situations.
 - 1. Extreme Anxiety/Phobias (Usually stress related).
 - 2. Extreme, long term Depression (Usually loss related).
- J. Psychotic symptoms/behaviors (non-reality type, bizarre behavior).
 - 1. Delusions—unrealistic over-reactive fears.
 - 2. Hallucinations—hearing/seeing things not present.
(These may need psychological testing or medication)
- K. Extreme youth/adolescent actions/behaviors.
 - 1. ADD, ADHD.
 - 2. Oppositional Defiant Disorder.
 - 3. Conduct Disorder.

II. QUESTIONABLE SITUATIONS/BEHAVIORS (Probable referral).

- A. Extreme communication problems in relationships/families.
- B. Poor spending habits/financial irresponsibility.
- C. Legal issues.
- D. Habitual gossiping.
- E. Extreme bitterness, resentment, anger or rage.
- F. Extreme parenting issues/problems.
- G. Extreme self-condemnation or shame.
- H. Observable ongoing physical symptoms (extreme irritability, tiredness, etc.).
 - 1. Hyperthyroidism, Hypothyroidism.
 - 2. Hypoglycemia (Diabetic).
 - 3. Mononucleosis.
 - 4. Menopausal symptoms.
 - 5. Tourette's disorder (tics).

III. REFERRAL ORDER OR PROCEDURE

- A. Cell Group Leader.
- B. Church Fellowship Pastoral Staff.
- C. Professional Christian Counselor/Physician.