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## APPENDIX D

## **RULES OF SELF-DISCOVERY\***

A. W. Tozer was a highly respected theologian and powerful writer who often challenged Christians to action. He suggested seven areas for self-discovery and getting in touch with ourselves:

- 1. What do you want most?
- 2. What do you think about most?
- 3. How do you use your money?
- 4. What do you do with your leisure time?
- 5. Whose company do you enjoy?
- 6. What and who do you admire?
- 7. What makes you laugh?

<sup>\*</sup>Adapted from Howard and William Hendricks, As Iron Sharpens Iron: Building Character in a Mentoring Relationship (Chicago: Moody, 1995), p. 38.