

FAITH MOVES MOUNTAINS - DOUBT CREATES THEM!

EXPRESSING GOD WITHIN – PART I

Today starts a new series. I would like to begin by reminding you of the most Glorious and Fundamental Truth of All. Everything we have, need or wish for must therefore start with this Truth.

The Truth is that we are expressions of The Divine Nature of God, with all the latent powers of that nature just waiting to be realized and applied for the greater good through Unconditional Love.

For many it is difficult to realize such a magnificent Truth. Lack of knowledge of this truth causes us to relinquish our power and give into our own life experiences, our Ego, money, false religion and conformance, and in so doing often live in misery. **For supernatural beings living in misery is not natural.**

Those who reject their Divine nature and thereby block themselves as an expression of God will be miserable and experience lack, because in blocking God they are blocking the true Source of all infinite health, abundance and love.

Some people think that believing that they are expressions of God is egotistical and even heretical. The very great tragedy with such bondage consciousness is that they refuse to accept who they are, while at the same time place their faith in the hands of only the things they can see. And in so doing they are consciously blocking the Source of deliverance from their lives and experience cyclical frustration as a direct result. This refusal of a God Consciousness is the very reason that many religious people are not as happy as their non-religious counterparts.

The simple truth is this:

We are all, without exception, aspects and expressions of The Divine, Universal Life Energy of God.

The word "Faith" translated from the word in Ancient Greek was translated from the word "pistis" - which meanings include "conviction" or "assurance".

As channels of expression of The Source, The Prime Creator, God, we share the same unrestricted powers of creation - all we need to do as human beings is to realize those powers with "conviction" and "confidence" and the complete assurance of our true Divine Nature.

The opposite of Faith is "doubt." Doubt is very powerful, it is a negative emotion that effectively blocks or retards the creative process - opposing Faith.

On the other hand "Faith" is the Energy, the force behind attracting everything we ask for effortlessly - and make no mistake- God intended us to be effortless channels of creation as a part of Him.

The more we can accept God within our consciousness, the more we can facilitate His Divine Energy.

With God All things become possible – there is nothing impossible.

Achieving your goals and dreams must first start with realizing God within and then and only then can the visualization process and positive affirmations work. The path to Spiritual Growth must always start and end in realizing God within, and expressing the perfection of God into our current experience.

Until now, "expressing God within" may have sounded somewhat vague, simply because it is not a matter that can be discussed in sufficient detail in the context of a few messages or merely reading the Bible.

J. Lowrey Fendrich tells the story of a Chinese philosopher who once came to a missionary and offered to pay him to translate a portion of the New Testament for him each day. The missionary agreed, and for the first lesson opened the Bible and read aloud the words:

"After this manner therefore, pray ye: Our Father" —.

To the missionary's surprise the aged Chinese stopped him and said, "That will be enough for today."

A year later he returned and said he was ready for the second lesson.

"I thought," said the missionary, "that you employed me to read to you every day."

"I did," replied the old man, "but it took me a year to understand the first lesson. **The true meaning of Our Father.**" The words in the Bible are only a framework - the real substance of the lessons is contained between the lines. This means that you should mark, learn and inwardly digest them as you read. As Isaiah said, you will have to wait upon the Lord. Waiting implies conditioning your mind through meditation and contemplation. The more you meditate on the words in the Bible, the more light and understanding you will receive. "Mary kept all these things and **pondered** them in her heart."

It was Jesus who said:

"And the disciples came, and said unto him, Why speakest thou unto them in parables? He answered and said unto them, Because it is given unto you to know the mysteries of the kingdom of heaven, but to them it is not given. For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. **Therefore speak I to them in parables: because they seeing see not; and hearing they hear not, neither do they understand. And in them is fulfilled the prophecy of Esaias, which saith, By hearing ye shall hear, and shall not understand; and seeing ye shall see, and shall not perceive, For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes and hear with their ears, and should understand with their heart, and should be converted, and I should heal them". But blessed are your eyes, for they see: and your ears, for they hear. For verily I say unto you, That many prophets and righteous men have desired to see those things which ye see, and have not seen them; and to hear those things which ye hear, and have not heard them. Hear ye therefore the parable of the sower. --Matthew 13:10-18**

Now, for the first time for many of you "blessed are your eyes and ears, and you will finally understand from your Heart".

The messages that will follow in subsequent days are for those who have never tried to prove God, those who think they have tried, those who have tried and failed, those who still have hope and for those who are daily proving Him.

The messages will be designed:

1. To bring you into a true relationship with the Laws of God.
2. To give you a tried and true remedy for human ills, problems and needs.
3. To make real the things which you know but have not experienced.
4. To give form and substance to your prayers and desires.
5. To lead you to discover the "Real You".

Perfect Faith is an inner feeling, certainty and knowing that you are part of God, with all of the same powers and as an infinitely powerful being all things are possible.

I know of several people who have experienced this situation, often impoverished and destitute, who completely capitulated to Universal Life, God, Divine Providence and their lives have been "miraculously" transformed, almost overnight.

In any event, taking time to meditate and reach the realization that God is within you and you in God and that through you all things are possible - your life will be transformed to one of perfect health, abundance and happiness.

The Divine within you is always present to provide for your every need - whatever it might be. To the great architect and Creator of the Universe, the possibilities are unlimited.

Jesus taught this important principle time and again:

"Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he

see the Father do: for what things soever he doeth, these also doeth the Son likewise. For the Father loveth the Son, and sheweth him all things that himself doeth: and he will shew him greater works than these, that ye may marvel". (John 5:19-20)

Here Jesus is saying that He can do nothing in and of Himself. He, as Jesus the physical person has no inherent abilities by virtue of who He is. He goes on to say that God "does things" through Jesus, in other words Jesus is a channel of experience and expression for God because God loves His Son as He does all of His children.

Plain and simple this means that as unconditionally loved children of God; we can have anything and everything through Him.

"Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake. Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father. And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask any thing in my name, I will do it." -- John 14:10-14

Here Jesus sets out this truth unambiguously when He states the truth that "the father that dwelleth within me, He doeth the works".

We must always keep in mind that when He says "me" He means everyone as an equal aspect of God.

Jesus goes on to say that we must believe that God is within us, because this realization is the true Source of our power. Anyone not realizing God within will not realize their God powers within. This is the true meaning of "faith" - Faith in who we are and of our God-given "powers", and an absolute belief in our true reality and powers. He also says that we must "go to the Father" which means we must "realize God, The Source within". We can do nothing in and of ourselves without that connection with God.

When Jesus says "Father may be glorified in the Son" He speaks the powerful truth that we as the children of God are those through whom God experiences, and expands, and thereby becoming "glorified".

It is a powerful truth that the extent to which we can realize our full potential and abilities, including the abilities to perform what most would regard as "miracles", is the same extent to which we can realize God within. Jesus was completely "God-realized" and this and this alone was The Source of His power and of His "miracles" as He says Himself over and over when He states the truth that "the Father within Him, He Doeth the works".

The "Father", God, The Source, The Creator in all of us doeth our works as well.

EXPRESSING GOD WITHIN - PART II (10 FACTORS)

Let us continue our discussion regarding Expressing God Within - a truer representation of what has become widely recognized as the "Law of Attraction".

There are 10 factors that exert their influence on **The Principle of Expression**.

1. Absolute acceptance of the Truth that we are all Expressions of God, the Source of Energy and Light.

When we begin to express our wishes, needs and desires into our life - it should always be initiated with our own divine freewill, and channeled through our; thought process, emotions, feelings, expectations and conscious intent. That expression of God within must also acknowledge that we are **already whole and complete**. We are, therefore, included in the entire Universe and nothing exists apart from us. We are simply selecting that which we wish to experience NOW. Let me illustrate the concept thusly – You are about to sit down to a seven - course meal. You can choose to have the complete meal all at once or you can select portions of the meal - always remembering that the entire meal is already yours. The Universe is yours, so when you pray, desire or wish for

something – you are making a selection from a portion of the Universal menu that you would like to see manifested in your life NOW. This kind of Co-Creation of your prayers, wishes and desires are often referred to as **miracles**.

Jesus taught this truth this way: "I and the Father are One". "The Father within me doeth the works." When Jesus uses the singular "I" or "Me" He means "You and I." And that we are all **Infinite, Immortal, Divine Expressions of God and all Co-Creators in the Universe**.

Our experiences here on Earth are very simple but necessary. Upon completing our missions here, we move on to more experiences of God's Eternal Plan.

2. Faith. Perfect Faith is the most important element of the Principle of Expressing God Within.

Faith has two polarities – positive-creative and negative-destructive.

Faith is the **evidence** of things hoped for but not yet seen with the physical eye.

Faith is therefore the certain knowledge that we **already** have everything we could possibly wish for, need or desire. Consequently, faith is the **delivery system** of our desires.

3. Expectation. Expectation is **faith in progress**.

Expectation is therefore the confidence that whatever you are Expressing through God will **soon** be delivered into your life.

4. Belief. Belief goes hand – in - hand with faith and is the reason why the Bible speaks of it so frequently.

Belief, in this context, is the unshakable conviction of **who you are** in God.

5. Trust. Trust is reliance in **our own infinite potential** as a child, a dynamic aspect of God.

Trust is essential to support our Faith and Belief. I realize all three of these concepts sound similar; therefore, I have highlighted certain words to help define the differences.

6. Acceptance. Acceptance is knowing with certainty that your wishes, needs and desires are **already** a part of you.

7. Gratitude. Gratitude, like expectation is a way of expressing certain knowledge that you are already whole and that you are **operating in that wholeness** with Perfect Faith, Belief, and Trust.

Gratitude therefore is the force that recognizes that your needs, wishes and desires **have already been realized**.

The final three factors are not States of God Consciousness in the same way as our first seven; they are rather expressive forces that **give power and energy** to the Principle of God Within.

8. Imagination. Imagination is an important expressive energy that Conceptualizes, Consolidates and Crystallizes your desires.

The clearer we can visualize, feel, hear, taste and smell the object of our desires the more of a reality they become.

So do not leave God guessing. Specifically make your desires known. And realize that that everything already exists within the Eternal Now. Therefore, it is impossible to imagine anything "too big" to experience. And never consider yourself "unworthy." Never minimize your desires. If you are going to express your desires, at least express them gloriously; spectacularly.

Let's translate something Jesus said about the "mustard seed." He was referring to a large tree that grows in the Middle East, the seeds from which are very tiny. So He was saying if you can imagine it through the tiniest of faith, it will be **expressed** as a magnificent tree.

9. Emotion. Emotion is a state of our own consciousness that influences our experience.

Emotion can therefore be thought of as "Energy in Motion".

The more positive emotional energy we experience in the context of our needs, wishes and desires, the "faster" those needs, wishes and desires will manifest.

The best emotions, for example, are excitement, joy and even euphoria.

10. Feelings. Feelings are bookends to emotions, in that, the more you can feel that you are **already** experiencing the fruits of your needs and desires, the sooner you will realize those needs and desires in your life. **I fully understand that you may have been taught in the past that feelings are wrong. In the context of these 10 elements, feelings are just another way of affirming the existence of your desire.**

So these then are the 10 elements that make up the Principle of Expressing God Within.

EXPRESSING GOD WITHIN - PART III (PERFECT HEALTH IS A CHOICE)

As we head into winter time here in the Northern Hemisphere, you may observe people around you coughing, sneezing or complaining of feeling "unwell", then wondering whether you will "catch it" too.

Always remember that perfect health is a Choice.

You can choose to accept the "evidence" around you as reported to your mind through the five physical senses, believing that you will "catch" whatever it is, or you can choose to **acknowledge** only Perfect Health at all times.

This applies to Perfect Health at All levels of your Being - Body, Soul and Spirit.

We are all perfect Expressions of our Creator, Who is Perfect, and Knows only Perfection, therefore all you need ever do is to Express that Perfection into your Reality. It is part of the Universal Menu. Remember that seven-course meal that is always yours.

An illness of the body is first an illness in the mind, so choose

to free your mind of all imperfect thoughts and your health and life must reflect that process. Mind is Principle. "Free Your Mind – The Rest Will Follow."

"As a man thinketh . . ."

So if you do see people around you acting in an "unwell" sort of way, or if you feel an illness "coming on", simply reaffirm your connection with the Source, God, the Creator and inherent His Perfection.